

# **Final Report**

From the 11th Annual Meeting of the Knowledge Network in Rural and Remote Dementia Care

October 23 & 24, 2018 Saskatoon, SK

Health Care Delivery Across the Continuum for Rural and Remote Seniors with Dementia













Save the Date.

Mark your calendar for the 12th

Annual Summit meeting.

November 5<sup>th</sup> and 6<sup>th</sup>, 2019

This report summarizes the activities of Summit 11, the Eleventh Annual meeting of the Knowledge Network in Rural and Remote Dementia Care in Saskatoon on October 23 & 24, 2018.
Funding to make this Summit possible was provided by The Bilokreli Family RaDAR Trust Fund, Canadian Institutes of Health Research, and the Saskatchewan Health Research Foundation.

The photos from the Summit used in this report were taken by Debra Marshall.

University of Saskatchewan Saskatoon, Saskatchewan April, 2019

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Dear Knowledge Network Members,

The 11th Rural Dementia Summit was held in Saskatoon on October 23 and 24, 2018. The Summit brings together the Rural Dementia Action Research (RaDAR) team and the Knowledge Network in Rural and Remote Dementia Care – a diverse group of individuals who share an interest in improving the quality of care and quality of life of people with dementia and their caregivers.

I was very excited to welcome Dr. Stefanie Auer to Saskatoon to be our Summit keynote speaker. I visited Dr. Auer in Austria on my sabbatical in 2017 and traveled to several of the Rural Dementia Services Centres that she has established. This novel model provides one-stop access to services that provide early detection, referral for diagnostic support for people

living with dementia and their caregivers in rural communities. Her research has inspired our research team to think about how we can learn from the Austrian model, which has been selected by the County of Upper Austria for scaling up to other communities in the county.

Our thanks to Lucie Clark, and Don and RoseAnn Keindel for their presentations on their experiences as caregivers and persons living with dementia. Their moving stories remind us of the importance of the work that all of us are doing to improve dementia care in Saskatchewan—and the work still left to do.

The Summit was created in 2008 to guide the community-based RaDAR research program. This year's lively working group session led by RaDAR member Dr. Megan O'Connell

provided valuable input into our future research directions. The Summit program also highlighted research by other researchers in Saskatchewan, and innovative programs and services for people with dementia in the province.

Thank you for taking time to participate in the Summit. We are delighted that the number of participants has continued to grow, with more than 110 people attending this year. Please let us know if you have colleagues who are interested — we welcome opportunities to broaden our

geographic coverage across the province and expand the scope of jurisdictions, expertise, and interests represented.

A special thank you to the Bilokreli Family for their support of Summit and the Student Poster Prizes, through the Bilokreli Family Trust Fund.







### **AGENDA**

**Eleventh Annual Summit of the** Knowledge Network in Rural and Remote Dementia Care October 23rd & 24th, 2018





## Tuesday, October 23rd - Western Development Museum - Butler Byers Hall

Registration, Wine and Cheese Poster session and informal networking. Please join us in Butler Byers Hall to view posters and displays that highlight a variety of projects from attendees. Appetizers will be served, and a cash bar will be 6:30 pm available.

7:30 pm - 8:00 pm

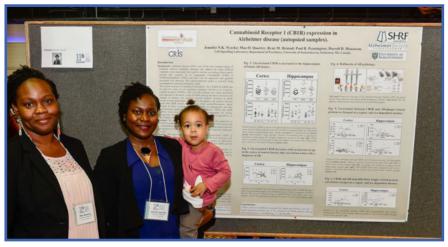
- Welcome message from Dr. Debra Morgan Presentation: Assessment of Language in People with Neurological Illness – Dr. Andrew Kirk, RaDAR Team Member, Neurologist, University of Saskatchewan.
  - Bilorkeli Poster Prize Awards

Evening adjourns 9:00 pm

# Wednesday, October 24th - Western Development Museum - Butler Byers Hall

ednesday, October 2	24th - Western Development Museum Database State   Putter Byers Hall
8:00 am - 8:25 am	Registration and Breakfast served in Butler Byers Hall
8:30 am – 9:00 am	Introduction and welcome to 11 <sup>th</sup> Annual Summit – Dr. Debra Morgan, RaDAR (Pural Dementia Action Research) Team Lead
	Update on Rural Primary Health Care model implementation in Sun Country Health Region – Sun Country Health Region team members
9:15 am - 10:15 am	Morning Keynote Presentation - Early Dementia detection and pre- diagnostic counselling in rural care - Dr. Stefanie Auer, Professor for Dementia Studies in the Department of Clinical Neurosciences and Preventative Medicine at Danube University Krems, Austria.
10:15 am – 10:45 am	Morning Break and Coffee
10:15 am - 10:45 am	Introduction to CCNA Phase II – Dr. Megan O'Connell – RaDAR research team member.
40.45 mm	Small Group Discussion Session and reporting back.
11:15 am - 12:15 pm 12:15 pm to 1:00 pm	and in Butler Byers Hall - during lunch Summit participants are
12.15 pin to 1100 p	welcome to explore the museum and violage
1:00 pm – 1:30 pm	The Alzheimer Society of Saskatchewan - Supporting people in rural Saskatchewan, Presenters: Trina Hodgson, Laura Hirtle, and Karrie McFadden.
1:30 pm – 2:15 pm	Lived Experiences Panel Presentation — Moderated by Dr. Debra Morgan  Lucie Clark — Caregiver  Don and RoseAnn Keindel — Don lives with dementia
2:15 pm – 2:30 pm	Afternoon Refreshment Break
2:30 pm – 3:00 pm	<ul> <li>Transportation gaps in rural Saskatchewan: Informing the development of a Saskatchewan.</li> <li>Transportation infrastructure. Dr. Alex Crizzle, Assistant Professor, University of Saskatchewan.</li> <li>transportation infrastructure. Dr. Alex Crizzle, Assistant Professor, University of Saskatchewan.</li> </ul>
3:00 pm – 3:30 pn	Regina.  Noder Dementia Initiatives in Saskatchewan – Moderated by Dr.
3:30 pm – 3:45 pi	Use Clasing comments and Summit evaluation.

The poster session and presentation Tuesday night was an excellent opportunity for participants, researchers, and students to network, view posters and learn more about current rural and remote dementia care projects. Twenty-eight posters were on display from a variety of presenters. A brief evening program was added to this year's Summit evening session with a presentation by Dr. Andrew Kirk.



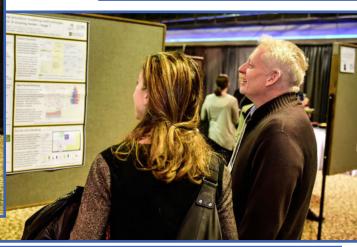














### Poster Award - The Bilokreli Student Poster Prize

Adjudicated by the poster judges, the 2019 Bilokreli Student Poster Prize was awarded to the top three student posters submitted to Summit. Members of the Bilokreli family were present Tuesday night to recognize the student's hard work.

1st Place: Karl Grewal

2nd Place (tied): Michelle Kushneriuk, Jake Ursenbach

3rd Place: August Kortzman

Congratulations, and thanks to all students for their participation in Summit.

Over the two days, more than 110 participants from across the province representing a variety of stakeholders joined us for Summit 11. The Summit had participants from: primary health care and chronic disease, long-term care, home care, health region administration, nurse practitioners, family physicians, continuing care consultants, family members, people with dementia, research team members, students, Ministry of



Health, Saskatchewan Health Research Foundation, Health Quality Council, Saskatchewan Government Insurance, and the Alzheimer Society of Saskatchewan. The Summit meeting is an integrated part of the knowledge translation and exchange activities of the RaDAR team researchers, trainees, and students. The on-going feedback and input provided by community members working in the field of rural and remote dementia care, as well as the insight of those directly affected by dementia, ensure that research activities undertaken by the RaDAR team are relevant and tailored to the needs within the broader community.

























Of the 110 Summit participants, 59 completed and returned a Summit evaluation by the end of the meeting. We always appreciate receiving feedback about the meeting, and use the information to help us plan for future events.

The majority of poster session attendees rated the evening session as an "Excellent" or "Very Good" opportunity to learn more about rural and remote dementia care research.

Summit meeting attendees who completed the feedback form about Wednesday's meeting agenda items rated the highest satisfaction levels with the *Lived Experiences Panel* and the *Keynote presentation* 

by Dr. Stefanie Auer. As well, a majority of respondents rated themselves "Extremely Satisfied" with their opportunity to increase their knowledge in rural and remote dementia care during the Summit.

When asked for feedback about planning for future Summit events we heard that participants would like it if there was more information about Indigenous peoples incorporated in to Summit. There was also an interest in more information about Canada's national dementia strategy, and more information about legal issues and dementia (eg: Power of Attorney). We also received feedback on how we can improve future Summit events, including suggestions about agenda timing and the set up of the room.

It was very encouraging to hear from caregivers that the poster session gave them hope and understanding that there

is lots going on to improve dementia care.

I come on my own time and it is worth my time and or any cost for the knowledge and connections available

I appreciated that the emphasis was beyond research findings, to include meaningful group discussion and lived experiences.

I loved the keynote. Many takeaways from her presentation. This fueled my passion and was the first time I had been surrounded by people all focused on dementia

Research update was great

Very good value to participate Our staff look to attending

every year

Lots of opportunity to network or get contact info from speakers.

nice to meet with people covering so many aspects of dementia care [[have gained a] Better
understanding of rural challenges

This well allow me to be more responsive in my

interactions with clients.

Thank you so much for opening my eyes of work of all people involved from research -- so much behind scenes stuff going on.

Congratulations to Chantelle Erdman!

The winner of the Visa
Gift Card drawn from
among the names of
Summit Attendees who
returned their Summit
Evaluation Form

#### Visit the Rural Dementia Action Research team's website at

#### www.ruraldementiacare.usask.ca

- learn more about the team and current research projects
- review team members' publications
- download information from previous Summit events and see photos from more than a decade of Summit meetings
- current news about the RaDAR team





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Poster Presenter	Authors & Poster Titles				
Nadine Abu-	Abu-Ghazaleh N, Kirk A, Karunanayake C, Morgan D, O'Connell ME				
Ghazaleh	Characteristics of Frontotemporal Dementia Patients' Caregivers				
Juanita Bacsu	Bacsu J, Viger M, Johnson S, Jeffery B, Novik N				
	Dementia and Rural Aging: Stigma, Implications, and Next Steps				
Melanie Bayly	Bayly M, Morgan D, Froehlich Chow A, Kosteniuk J, Elliot V				
	Dementia-related Education and Support Service Accessibility and Use in Rural Areas: Barriers and Promising Solutions				
Tracy Danylyshen-	Danylyshen-Laycock T, Morgan D, Stewart N, O'Connell ME, Goodridge D, Kirychuk S				
Laycock	The Impact of Leadership and Culture on Sustainability of a Dementia-Specific Training Program in Rural Long-Term Care Homes				
Valerie Elliot	Elliot V, Morgan D, Kosteniuk J, Froehlich Chow A, Bayly M, McLean A, O'Connell ME				
	Palliative Care for People With Alzheimer's Disease or Other Dementia Living in Rural Areas: A Scoping Review In-Progress				
Chantelle Erdman	BoserKelly D				
	Mobile Recreation Therapy Services; Private Practice, In Rural Saskatchewan and Surrounding Area				
Amanda	Froehlich Chow A, Morgan D, Bayly M, Kosteniuk J, Elliot V, O'Connell ME				
Froehlich Chow	Understanding How Rural Primary Health Care Teams Collaborate To Deliver Dementia Care				
Karl Grewal	Grewal KS, Sheets D, Smith AP, Trites M, Kennedy M, MacDonald SWS				
	A Community Choir to Facilitate Psychosocial and Cognitive Health for Caregivers and Persons with Dementia				
Lorraine	Holtslander L, Peacock S, Haase K, O'Connell ME, Kochar N, Derksen H, Gushulak J				
Holtslander	Supporting a New Caregiving Community Towards Improved Wellness				
Paulette Hunter	Hunter P, McCleary L, Akhtar-Danesh N, Goodridge D, Kaasalainen S, Sussman T, Thompson G, Venturato L, Wickson-Griffiths A				
	Is the Canadian Long-Term Care Workforce Ready for a Palliative Care Mandate?				
Paulette Hunter	Hunter P, Thorpe L, Hounjet C, Hadjistavropoulos T				
	Using Normalization Process Theory to Evaluate the Implementation of Montessori-based Volunteer Visits Within a Canadian Long-Term Care Home				
Paulette Hunter	Hunter P, Thorpe L, Hadjistavropoulos T				
	Outcomes of a Volunteer-Delivered Montessori-based Intervention in a Canadian Special Dementia Unit: A Case Series				
Paulette Hunter	Hunter P, Rissling A, Pickard L, Thorpe L, Hadjistavropoulos T				
	Intervention Fidelity of a Volunteer-Led Montessori-based Intervention Within a Canadian Long-Term Care Home				

Poster Presenter	Authors & Poster Titles			
Sharleen Jahner	Jahner S, Penz K, Stewart N			
	Exploring the Psychologically Traumatic Experiences of Rural Registered Nurses Who Live and Work in the Same Community			
Bonnie Jeffery	Jeffery B, Muhajarine N, Hackett P			
	Assessing the Rural Built Environment to Support Successful Aging in Place			
Bonnie Jeffery	Jeffery B, McIntosh T, Novik N, Hamilton C			
	Addressing Social Isolation through Intervention, Evaluation and Exploration			
August Kortzman	Kortzman A, O'Connell ME, Kirk A, Morgan D			
	Factor Analysis and Psychometric Properties of the Brief Symptom Inventory-18 Item in Rural Caregivers of Persons with Dementia			
Julie Kosteniuk	Kosteniuk J, Morgan D, Elliot V, Froehlich Chow A, Bayly M, Watson E, Osman M, Osman B, O'Connell ME, Kirk A, Stewart N, Cammer A, Innes A			
	A Scoping Review of Multiple Transitions Across Care Settings Among Individuals With Dementia			
Michelle	Kushneriuk M, Kirk A, Karunanayake C, Morgan D, O'Connell ME			
Kushneriuk	Quality of Life Across Various Types of Dementia in Patients Presenting to a Rural and Remote Memory Clinic			
Maryam Madani	Madani Larijani M, Crizzle A			
Larijani	Using GIS To Examine Access to Transportation for Seniors in Rural Saskatchewan			
Allen McLean	McLean A, Morgan D, Kosteniuk J, O'Connell ME, Bayly M, Froehlich Chow A, Elliot V, Osgood N			
	Applications of Computational Simulation Modeling Methodologies In Dementia Research: A Scoping Review – Stage 1			
Joanne Michael	Michael J			
	U-First!- Alzheimer Society of Saskatchewan			
Debra Morgan	Morgan D, Kosteniuk J, O'Connell ME, Seitz D, Kirk A, Stewart N, Holroyd-Leduc J, Daku J, Hack T, Kennett-Russill D, Sauter K			
	Development, Implementation, and Scaling Up of a Rural Primary Health Care Model for Dementia			
Jennifer Nyarko	Title TBA			
Maa Quartey	Quartey M, Nyarko J, Heistad R, Bolanos M, Barnes J, Maley J, Buttigieg J, Parsons M, de Carvalho C, Mousseau D			
	Sub-Equimolar Concentrations of Aβ(1-38) Protect Against the Alzheimer-Related, Pathological Aβ(1-42)			
Andrea Scerbe	Scerbe A, O'Connell ME, Astell A, Morgan D, DesRoches A, Dove E			
	Digital Tools for Delivery of Dementia Education for Healthcare Providers of People Living with Dementia: A Systematic Review			
Jake Ursenbach	Ursenbach J, Neiser J, O'Connell ME, Tierney M, Kosteniuk J, Morgan D, Spiteri R			
	Alternative Scoring Algorithm for a Computer-Based Cognitive Screening Tool			
Abby Wolfe	Wolfe A, Quennell L			
	ABCs of Dementia Warning Signs Campaign - Alzheimer Society of Saskatchewan			

