



The Bilokreli Family Trust

Champions for Rural
Dementia Research at the
Canadian Centre for Rural
and Agricultural Health,
University of Saskatchewan



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Canadian Centre for Rural
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Members of RaDAR Team in fall of 2023 (not all pictured), from L to R: Allison Cammer, Andrew Kirk, Megan O'Connell, Duane Minish, Debra Morgan, Jennifer Fairbairn, Darla Walz, Julie Kosteniuk, Valerie Elliot. - photo credit D. Marshall



Summit 8 - 2015. Dr. Debra Morgan and members of the Bilokreli family with student poster prize winner, Tracy Danylyshen-Laycock. - photo credit D. Marshall



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Report prepared by D. Minish, D. Morgan, J. Kosteniuk, A. Cammer, & Rural Dementia Action Research (RaDAR) trainees and students.
Canadian Centre for Rural and Agricultural Health,
University of Saskatchewan. May 2024.

Introduction

Since 2015, members of the Bilokreli family, through the Bilokreli Family Trust at the University of Saskatchewan, have demonstrated commitment to their community by directing funding to grow the work of the Rural Dementia Action Research (RaDAR) Team. This funding has supported RaDAR initiatives to improve quality dementia care access for rural peoples in the province, as well as to support knowledge sharing, learning, and collaboration to create a community of practice focused on rural dementia care.

Continuous Bilokreli Family Trust funding through to 2025 has had significant benefits for the RaDAR team, and our community, as we address the challenge of dementia care in rural settings. The funding has provided the ability to host an annual collaborative two-day Summit for more than 15 years.

The Summit has been a key knowledge translation activity of the RaDAR team since 2008. The annual event brings together researchers, RaDAR Team members, people who work in the field of dementia care (health care providers, administrators, non-profit organizations), people living with and caring for those affected by dementia, as well as trainees and students working in dementia care.

To acknowledge the support of the Bilokreli Family, and focus on their desire to inspire students and trainees in the field of dementia care, the RaDAR team implemented a student poster prize at the Summit. The Bilokreli Student Poster prizes have been awarded each year since 2015 to the top student research poster submissions, as judged by a panel of poster adjudicators.

In spring of 2024 we reached out to past Poster Prize winners to ask what the Bilokreli Student Poster Prize and Summit meant to them. We have compiled feedback from some of the recipients over the years in the following pages. We are pleased to celebrate the positive impact that the generosity of the Bilokreli Family has had on the RaDAR team, and rural dementia care research at the University of Saskatchewan, and beyond.






Canadian Centre
for Rural and Agricultural Health



Summit over the years

The Bilokreli Family Trust has supported the RaDAR team since 2015, including support for the annual Summit. Here are some Summit event highlights from these years of meetings. Full reports from previous Summit events are under the *Previous Summits* tab on our website: www.ruraldementiacare.usask.ca

Summit Highlights from 2015 to 2023	
<p style="text-align: center;">2015</p> 	<p style="text-align: center;">2015 - Summit 8</p> <ul style="list-style-type: none"> • First year of Bilokreli Family Trust support, only one Poster Prize awarded in 2015. Bilokreli family attended Summit for first time. • The Honorable Greg Ottenbreit, Minister for Rural and Remote Health attended Summit as special guest. • Dr. Dallas Seitz and Dr. Jayna Holroyd-Leduc (Alberta) were featured Keynote Presenters • 22 posters in the poster session, and 73 registered participants.
<p style="text-align: center;">2016 - Summit 9</p> <ul style="list-style-type: none"> • First time hosting Summit at the Western Development Museum. • The Honorable Greg Ottenbreit, Minister for Rural and Remote Health returned to Summit as special guest. • Dr. Mark Rapoport (Ontario) was featured Keynote Presenter. • 30 posters in the poster session, and 95 registered participants. 	<p style="text-align: center;">2016 - Summit 9</p> 
<p style="text-align: center;">2017 - Summit 10</p> 	<p style="text-align: center;">2017 - Summit 10</p> <ul style="list-style-type: none"> • 10th Anniversary of Summit. • Dr. Jenny Basran (Saskatchewan) was featured Keynote Presenter. • 25 posters in the poster session, and 93 registered participants.

2018 - Summit 11

- Dr. Stefanie Auer (Austria) was featured Keynote Presenter.
- Lived Experiences panel featured Don & RoseAnn Keindel, and Lucie Clark who shared their personal experiences.
- 28 posters in the poster session, and 110 registered participants.

2018 - Summit 11

The logo for the 11th Summit features the number '11' in a large, blue, outlined font, with 'th' in a smaller, blue, outlined font to its upper right. Below this, the word 'Summit' is written in a bold, blue, sans-serif font.

2019 - Summit 12



2019 - Summit 12

- Dr. Rachel Herron (Manitoba) was featured Keynote Presenter.
- Lived Experiences panel featured Gord and Claudia Grant.
- Poster session was co-hosted with Alzheimer Society of Saskatchewan as Spotlight on Dementia Research evening.
- 30 posters in the poster session/Spotlight on Research evening with 150 attendees, and 130 registered participants for Summit meeting next day.

2020 - Summit 13

- Due to COVID-19, first Online-only hosted Summit event.
- Dr. Irene Blackberry (Australia) was featured Keynote Presenter.
- Lived Experiences panel featured Ida Ryhorchuk - delivered live at online event.
- 19 posters in the poster session, and more than 126 registered participants.

2020 - Summit 12

The logo for Summit 2020 Online features the word 'Summit' in a blue, cursive script font, arched over the year '2020' which is in a large, bold, blue, sans-serif font. Below '2020' is the word 'Online' in a bold, blue, sans-serif font. A horizontal line is positioned between '2020' and 'Online'.

2021 - Summit 14

The logo for Summit 2021 Online features the word 'Summit' in a large, blue, cursive script font, slanted upwards. Below it, the year '2021' is written in a blue, cursive script font, followed by the word 'Online' in a blue, cursive script font.

2021 - Summit 14

- Dr. Fiona Marshall (United Kingdom) was featured Keynote Presenter.
- Almost half of invited speakers were from outside of Saskatchewan - many from the UK - which was feasible with online format.
- 23 posters in the poster session, and 159 registrants.

2022 - Summit 15

- Dr. Nicole Ruggiano (Alabama) was featured Keynote Presenter.
- Popular Live session was panel discussion about Care Farms for people with dementia, including researchers from Netherlands and Ontario.
- Almost half of invited speakers were from outside Saskatchewan, connecting and sharing with innovators from around the world.
- 23 posters in the poster session, and 177 registrants.

2022 - Summit 15



2023 - Summit 16

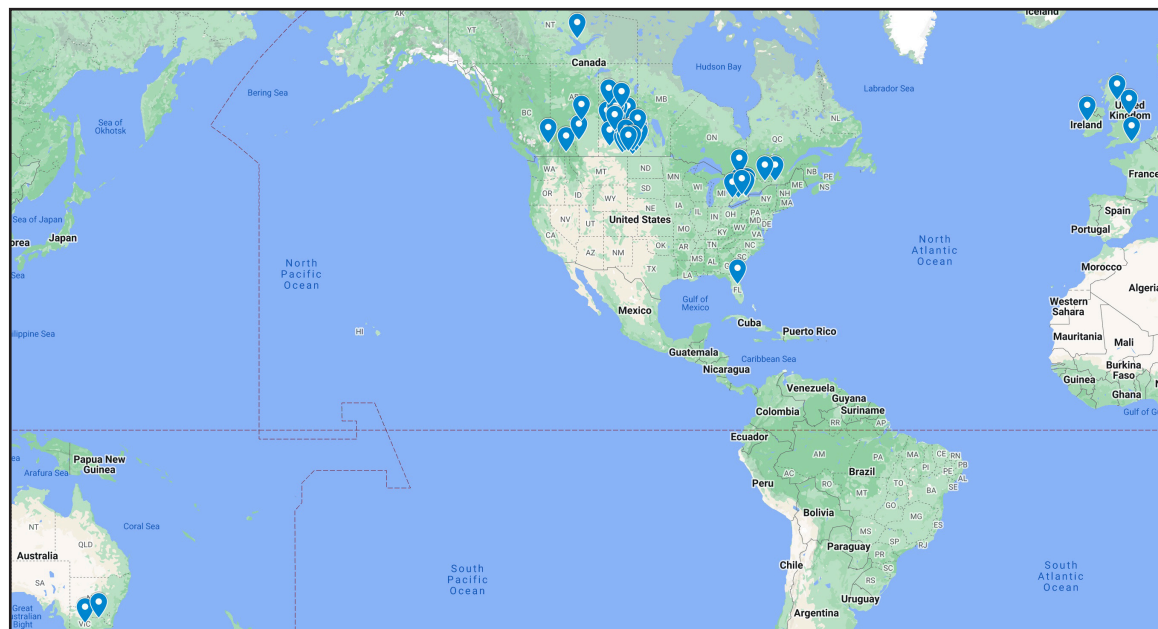


2023 - Summit 16

- Carmel Geoghegan and Helen Rochford-Brennan (Ireland) were featured Keynote Presenters.
- Lived Experiences panel featured Krista K. and Erica M. and participants from support group at Weyburn library.
- Special presentation from Sheree Fitch and Giles Plante about their experience living with dementia in rural Nova Scotia.
- 19 posters in the poster session, and 188 registrants.

Shifting to delivering Summit as an online event in 2020 added some challenges such as less face-to-face networking time for participants, but it has been very well received by attendees overall. They have noted some benefits of the format such as less time/expense to travel to attend, and better engagement with the Poster session.

Due to this feedback, we have retained the online format. An additional benefit is the ease with which connections can be made between rural dementia care researchers around the world. They are able to join-in as presenters and participants to grow our network. This map shows Summit 2023 attendee locations.





Summit 9 - 2016. Donna Bilokreli with student poster prize winners.
Photo credit D. Marshall



Summit 10 - 2017. Members of the Bilokreli family with student poster prize winners.
Photo credit D. Marshall



Summit 12 - 2019. Bilokreli family with student poster prize winners.
Photo credit D. Marshall

Summit Bilokreli Student Poster Prize Winners since 2015

Students and trainees have been an integral part of the Summit event since its inception.

Ensuring future researchers develop the knowledge and skills to impact the field of rural dementia care is vital to the RaDAR Team.

Year	Bilokreli Student Poster Prize Winner		
2015	Tracy Danylyshen-Laycock {only one prize awarded this year}		
Year	1st Place	2nd Place	3rd Place
2016	Jake Ursenbach	Allison Cammer, and Tracy Danylyshen-Laycock {tied}	Ryan Verity
2017	Valerie Elliot	Kaeli Knudsen	Allison Cammer, and Benjamin Gould {tied}
2018	Karl Grewal	Michelle Kushneriuk, and Jake Ursenbach {tied}	August Kortzman
2019	Ali Stobbe	Karl Grewal	Jake Ursenbach
2020	Karl Grewal & Michaela Trites	Virgina Deobald, and Megan Flath {tied}	August Kortzman
2021	August Kortzman	Karl Grewal & Michaela Trites	Kayley Lawrenz, and Erin Leeder {tied}
2022	Erin Leeder	Megan Flath	Melissa Brausse
2023	Hana Dakkak	Julie Beitel	Hassan Yassin

<i>Where are they now?</i>	
Tracy Danylyshen-Laycock	Director, Physician Wellbeing and Support Programs, Saskatchewan Medical Association
Ryan Verity	Neuromuscular Fellow, Beth Israel Deaconess Medical Center/Harvard Medical School
Valerie Elliot	Research Officer with RaDAR team, University of Saskatchewan.
Karl Grewal	Clinical Psychology Resident at London Clinical Psychology Consortium: Neuropsychology Track
August Kortzman	Final year of University of Saskatchewan's Clinical Psychology Program, RADAR team trainee, Clinician with the Rural and Remote Memory Clinic, Research Officer at University of Saskatchewan
Ali Stobbe	Clinical Dietitian working in long-term care in Regina and surrounding communities
Virgina Deobald	College of Registered Nurses of Saskatchewan as a practice advisor
Megan Flath	Doctoral Student in Clinical Psychology at the University of Saskatchewan
Erin Leeder	PhD Student at the University of Saskatchewan
Julie Beitel	Project Coordinator at the University of Saskatchewan
Hana Dakkak	PhD Candidate at the University of Waterloo, through the Faculty of Health, Department of Kinesiology

Winner - 2015; 2nd Place {tied} - 2016 Tracy Danylyshen-Laycock

What did the Bilokreli Student Poster Prize mean to you as a trainee:

Winning the Bilokreli Poster Prize had a major impact on my research as well as to myself personally. When I was selected as the final recipient of the award, it reinforced for me that the research that I was conducting would impact the lives of those individuals living with dementia in long-term care. For myself, it was the first time that I was awarded an academic prize, and I was honoured to have received such recognition. The year that I won the scholarship (2016), was the year that I returned to my PhD studies after having fought cancer. This was one of the key moments for me during a very difficult time in my life. I am eternally grateful for the support from the Bilokreli family.



Where are you now:

Director, Physician Wellbeing and Support Programs, Saskatchewan Medical Association

Current Bio:

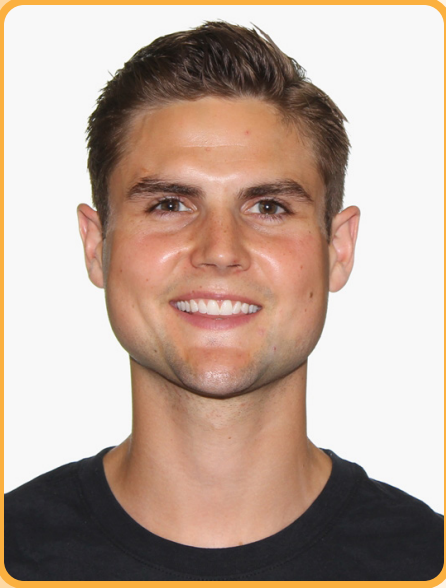
Dr. Tracy Danylyshen-Laycock, PhD, is from the Saskatchewan Medical Association (SMA) as the Director of Physician Wellbeing and Support Programs. She brings with her a wealth of information and experience in mental health, system transformation, leadership, and program sustainability within health care. She has a PhD in Health Sciences through the College of Medicine at the University of Saskatchewan. Her doctoral research focused on the relationship between leadership, facilitation, and the sustainability of a dementia specific training program for staff in rural long-term care homes. She has an Advanced Honors Degree in Exercise Physiology from the University of Saskatchewan (BSPE), an Undergraduate Degree in Social Work (BSW) from the University of Regina, and a Master's Degree in Social Work (Anti-Oppressive Counseling) from Dalhousie University in Halifax, NS. In her new portfolio within the SMA, Tracy is responsible for the Physician Health Program, the Workplace Wellbeing Team, as well as the Medical Benevolence Society, and the Equity, Diversity, and Inclusion Program. Prior to joining SMA, Tracy was a Director within the Saskatchewan Health Authority and worked in various programs across her 22-year health care career.

References and links to more information:

- Thesis: Examining the Relationship Between Leadership, Facilitation, and Short-Term Sustainability of a Dementia Specific Training Program in Rural Long-Term Care Homes - 2019.
Available from: <https://harvest.usask.ca/server/api/core/bitstreams/57f9e49c-c01b-4cc7-be35-385f24126caf/content>
- The Role of Facilitation in Sustainability of a Dementia Specific Training Program in Rural Long-Term Care Homes - Gerontological Society of America 2018
- The Impact of Leadership and Culture on Sustainability of a Dementia Training Program in Long-Term Care Homes – Gerontological Society of America 2018
- Princeton Scholarship, Royal University Hospital – 2015

3rd Place - 2016

Ryan Verity



What did the Bilokreli Student Poster Prize mean to you as a trainee:

The Summit events were my introduction to scientific poster presentations, as well as the research community. The research experience that I gained as a student led to my eventual career in Neurology. I am very grateful that the Bilokreli family has provided so much support to students and the RaDAR research community.

Where are you now:

Neuromuscular Fellow, Beth Israel Deaconess Medical Center/Harvard Medical School

Current Bio:

Ryan Verity completed his medical degree and Neurology residency at the University of Saskatchewan. He is now doing a Neuromuscular Medicine fellowship at the Beth Israel Deaconess Medical Center with the Harvard Medical School in Boston, MA.



1st Place - 2017 Valerie Elliot

What did the Bilokreli Student Poster Prize mean to you as a trainee:

As a master's student at the time, it felt like a great achievement to me to receive recognition for the poster that represented a culmination of my practicum project and it really boosted my confidence moving forward with my work. It was such an honour to be selected at Summit in 2017 as the prize recipient of such an esteemed award funded by the Bilokreli family and I very much appreciate and value all they do in support of rural dementia research.

Where are you now:

Research Officer with RaDAR team, University of Saskatchewan

Current Bio:

Valerie was born and raised in rural Saskatchewan and continues to live and farm an hour west of Saskatoon. Val began working at the Canadian Centre for Rural and Agricultural Health (formerly CCHSA) in January 2014 and was involved with various projects including the Saskatchewan Rural Health Study, the Saskatchewan Farm Injury Project Phase II, and the First Nations Lung Health Study. Val holds a Master's degree in Public Health (MPH), and a BA Honours degree in Psychology from the University of Saskatchewan, and began working with the Rural Dementia Action Research (RaDAR) team in 2017. Val continues to enjoy her work as a Research Officer with the RaDAR team which has been mainly focused on projects related to a collaboration with primary health care teams in southeast Saskatchewan where RaDAR rural primary care memory clinics have been developed, and the process of spreading and sustaining these clinics is ongoing.

References and links to more information:

- Publications available under the publications tab on the RaDAR website: www.ruraldementiacare.usask.ca



1st Place - 2018; 2nd Place - 2019; 1st Place - 2020; 2nd Place 2021

Karl Grewal



What did the Bilokreli Student Poster Prize mean to you as a trainee:

The 2018 Summit event was one of my first scientific poster sessions, and winning first place in the Bilokreli Student Poster prize was a critical step in building my research momentum throughout graduate school. Being acknowledged in future years helped me see the value in my work beyond the immediate research and spurred on my want to investigate pathways to improving care for people living with dementia and cognitive impairment. The Bilokreli family has added immensely to research in dementia care in Saskatchewan by supporting events like the RaDAR Summit, and encouraging trainee participation through awards like the poster prize. Each year I am astonished by the amount of research interdisciplinary passion that has been fostered by their generous support.

Where are you now:

Clinical Psychology Resident at London Clinical Psychology Consortium: Neuropsychology Track

Current Bio:

Karl Grewal completed his undergraduate studies at University of Victoria, and is now focusing on completing his PhD in Clinical Psychology at University of Saskatchewan. Currently, he is working with Dr. O'Connell conducting research on neuropsychology, aging, and living with dementia. Karl's dissertation focuses on integrating off the shelf technology with nonpharmacological interventions to increase the quality of life of people living with cognitive impairment.

References and links to more information:

- Researchgate: <https://www.researchgate.net/profile/Karl-Grewal>
- Google Scholar: <https://scholar.google.com/citations?user=V9dYzWEAAAAJ&hl=en>

3rd Place - 2018; 3rd Place - 2020; 1st Place 2021

August Kortzman

What did the Bilokreli Student Poster Prize mean to you as a trainee:

My work being recognized means a lot. Most importantly, receiving this recognition contributed to my identity and confidence as a burgeoning researcher. It validated my research as being necessary and worthwhile, and underscored the importance of my contributions to the current body of research. I truly appreciate the ongoing support that the Bilokreli family provides to encourage trainee development and recognition.

Where are you now:

Final year of University of Saskatchewan's Clinical Psychology Program, RADAR team trainee, Clinician with the Rural and Remote Memory Clinic, Research Officer at University of Saskatchewan

Current Bio:

August's interest in working with individuals affected by dementia began with an undergraduate thesis that identified service/support gaps for informal care partners within the Province of Alberta; this work directly contributed to the Alberta Dementia Strategy and Action Plan. Through being a part of Dr. O'Connell's lab at the University of Saskatchewan he continues to pursue improving the quality of life for care partners and persons living with dementia. Most prominent is his ongoing research on enhancing the functioning within rural and remote care partners' informal social support systems, which is crucial due to the dearth of formal support available within the smaller communities of Saskatchewan. He is currently working on project led by Dr. O'Connell and the Alzheimer Society of Saskatchewan that is focused on integrating elements of his research on improving social support into the society's province-wide care partner support groups.

References and links to more information:

- <https://ccna-ccnv.ca/caregiving/>
- Researchgate: <https://www.researchgate.net/profile/August-Kortzman>



1st Place - 2019 Ali Stobbe



What did the Bilokreli Student Poster Prize mean to you as a trainee:

The 2019 Summit was my second scientific research presentation, but the nervous excitement was strong as ever! Winning 1st place in the Bilokreli Poster Prize was incredibly special. I felt really lucky to have a space at the Poster Summit Session to communicate my research with the public and other academics who shared my passion for research focused on older adults. The Bilokreli Family's generosity and commitment to dementia care in Saskatchewan is honorable.

Where are you now:

Clinical Dietitian working in long-term care in Regina and surrounding communities

Current Bio:

Ali graduated from the University of Saskatchewan in 2020 with a Bachelor of Science in Nutrition. Ali completed a research project in 2019 with Dr. Allison Cammer focused on dietitians' experiences with end-of-life care in long-term care. After graduating dietetics Ali has worked in a variety of settings but has found her home in long-term care. Ali is based out of Regina but covers four rural long-term care homes, two rural hospitals, and one long-term care home in the city.

2nd Place {tied} - 2020 Virginia Deobald

What did the Bilokreli Student Poster Prize mean to you as a trainee:

I gained so much knowledge and confidence from being part of the poster session. This was my first time presenting the research in a scientific poster, and it was such a great feeling to have won! It was particularly special to me, as I had given birth to my son only a few weeks earlier, during the pandemic of 2020. To have been part of the online summit (with my newborn on my lap) and win, was motivation and confirmation that all the challenging work was worth it. It encouraged me to continue the important work and carry on completing my thesis and Master's degree.

Where are you now:

I currently work for the College of Registered Nurses of Saskatchewan as a practice advisor

Current Bio:

Graduating with a Bachelor Degree in Nursing from the University of Saskatchewan in 2012, Virginia spent several years working front line as an RN before embarking on her Masters journey. Practicing in a rural long-term care facility, Virginia discovered the need and desire to understand more about dementia. This led to the thesis titled 'The Nurses' Experience using Non-Pharmacological Interventions for Persons Living with Dementia in Rural Long-Term Care Facilities in Saskatchewan.' This research provided a foundation for exploring factors effecting how best practice can be applied within the context of long-term care settings, specifically to support those living with dementia. In her time as an RN, Virginia recognized the need for more research and awareness in treating and managing responsive behaviours within the complex environments of long-term care. She continues to advocate for more attention on this topic, and share her research with fellow nurses, and stakeholders involved in dementia care.

References and links to more information:

- Researchgate: <https://www.researchgate.net/profile/Virginia-Deobald>
- Thesis: The Nurses' Experience Using Non-pharmacological Interventions for Persons Living with Dementia in Rural Long-Term Care Facilities in Saskatchewan. Available from: <https://harvest.usask.ca/items/1a1e3439-03f4-4be4-a2b4-b7c8f7000faa>



2nd Place {tied} - 2020; 2nd Place - 2022 Megan Flath



What did the Bilokreli Student Poster Prize mean to you as a trainee:

I am honored to have won 2nd place in the Bilokreli Student Poster prize at the 2020 and 2022 Summit events. When I won these prizes, I was very new to scientific conferences and presenting my research was quite intimidating. Winning 2nd place for two different research posters not only helped to build my confidence, but also validated that others were interested in my work. I appreciate the Bilokreli family and all they do to help motivate, inspire, and acknowledge student/trainee participation in the Summit conferences.

Where are you now:

Doctoral Student in Clinical Psychology at the University of Saskatchewan

Current Bio:

Meghan Flath completed her undergraduate studies at University of Saskatchewan and is now pursuing a PhD in Clinical Psychology at the same university. Her PhD supervisor is Dr. Megan O'Connell, and her dissertation work is focused on aging and pet ownership. Specifically, her work explores the impact of pet ownership on older adults' cognitive functioning, what factors mediate that relationship, as well as the barriers and facilitators to older adult pet ownership. Meghan's research is funded by a Social Sciences and Health Research Council (SSHRC) Doctoral Fellowship (\$20,000/year for 4 years).

References and links to more information:

- Researchgate: <https://www.researchgate.net/profile/Meghan-Flath>
- Usask news: <https://news.usask.ca/articles/colleges/2020/animal-assisted-socialization-usask-researcher-exploring-new-program-to-support-canadas-aging-population.php>

3rd Place {tied} - 2021; 1st Place - 2022

Erin Leeder

What did the Bilokreli Student Poster Prize mean to you as a trainee:

The 2019 Summit event was my first ever scientific conference and my first opportunity to present a scientific poster. While I did not win at that event, it sparked a love of knowledge translation and dissemination. Winning 3rd prize at the 2021 Summit event gave me confidence in my ability to communicate my research with others. This confidence only grew when I was honoured to receive 1st prize at the 2022 Summit event. I have gone on to present my research at various other conferences and I thank the Summit event and the Bilokreli family for providing me with the opportunity to communicate my research and the confidence to communicate well. I am grateful to the Bilokreli family for their support of trainee scientists like myself and for improving dementia care in Saskatchewan by supporting the Summit event.



Where are you now:

PhD Student at the University of Saskatchewan

Current Bio:

Erin Leeder completed her MSc in 2022 and is now a PhD student at the University of Saskatchewan in the department of public health. Currently, she is under the supervision of Dr Amanda Froelich Chow. Her research interests include aging, health literacy, cognitive health, clinical nutrition, and rural and remote health. Erin was the recipient of the 2023 75th Anniversary Entrance Scholarship (\$80,000) from the University of Saskatchewan College of Graduate and Postdoctoral Studies.

References and links to more information:

- Google Scholar: <https://scholar.google.com/citations?user=nb37VNQAAAAJ&hl=en&authuser=2>
- LinkedIn: <https://www.linkedin.com/in/erin-leeder-4a4502118/>

2nd Place - 2023 Julie Beitel



What did the Bilokreli Student Poster Prize mean to you as a trainee:

The Bilokreli family's support for the annual RaDAR summit poster prizes provides an additional incentive for trainees to develop quality materials to share their research with the public. I am grateful to be among the list of recipients of a Bilokreli Student Poster prize. Creating effective methods of sharing research findings is an essential part of closing the gap between research and practical impacts. The acknowledgment of the time and effort it takes to create such works is greatly appreciated and encourages the pursuit of excellence.

Where are you now:

Currently working as a Project Coordinator at the University of Saskatchewan

Current Bio:

Julie Beitel is a Registered Dietitian who holds both a Bachelor's and Master's degree in Nutrition from the University of Saskatchewan. Her thesis research focused on examining the social experience of participants in a pilot virtual culinary nutrition education intervention known as the Cognitive Kitchen. Her work with the Cognitive Kitchen continues in her current role as Project Coordinator of the program. The program aims to engage adults aged 55 and over and care partners of people living with dementia in a social cooking class with an emphasis on strategies to support dementia risk reduction and living well with dementia.

References and links to more information:

- Project info: <https://www.ruraldementiask.ca/cognitive-kitchen/>
- Thesis: Examining the social experience in a virtual culinary nutrition education intervention: The Cognitive Kitchen. Available from: <https://harvest.usask.ca/items/5a642a6e-b717-494d-8e59-f9e014c8c6b9>

1st Place - 2023 Hana Dakkak

What did the Bilokreli Student Poster Prize mean to you as a trainee:

It was a pleasure sharing my research at the Summit Poster session. Sharing my poster at the Summit helped me communicate my research findings concisely. I appreciate and value the Bilokreli family for their ongoing support of dementia research activities and encouragement of the trainees' involvement in research communication.

Where are you now:

PhD Candidate at the University of Waterloo, through the Faculty of Health, Department of Kinesiology (Aging, Health, and Well-being Stream)

Current Bio:

Hana is working towards a PhD in Faculty of Health through the Department of Kinesiology (Aging, Health, and Well-being). She is a Registered Dietitian working in Long-term Care (LTC) and has experience working as a Nutrition Manager in LTC facilities. Hana completed her BSc with Honours Specialization in Nutrition and Dietetics, and her MSc in Foods and nutrition (Internship Stream) at Western University in London Ontario. Hana is part of the Dining in Residential Care Team (DIRECT), Dementia Resources for Eating, Activity, and Meaningful Inclusion (DREAM), and Seniors in the Community: Risk Evaluation for Eating and Nutrition (SCREEN) research teams. For her dissertation, Hana will be investigating eating challenges and swallowing problems in community-dwelling older adults.

References and links to more information:

- Researchgate: <https://www.researchgate.net/profile/Hana-Dakkak>
- Google Scholar: <https://tinyurl.com/mr3fr3r8>
- LinkedIn: <https://www.linkedin.com/in/hana-dakkak-b49643b2/?originalSubdomain=ca>
- Waterloo Profile: <https://uwaterloo.ca/nutrition-and-aging-lab/people-profiles/hana-dakkak>





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