Signs & Symptoms of Alzheimer's Disease:

- Memory loss affecting daily abilities
- Difficulty performing familiar tasks
- Problems with language
- Disorientation to time and place
- Impaired judgement
- Problems with abstract thinking
- Misplacing things
- Changes in mood and behavior
- Changes in personality
- Loss of initiative
- Challenges understanding visual and spatial information

Source: Alzheimer Society Canada

For more information, contact your local clinic:

Kipling 306-736-2559 Radville 306-869-3111 Bengough 306-268-2222 Weyburn 306-842-8790 Carlyle 306-453-6795 Maryfield 306-646-2133 Lampman 306-487-2811 Esterhazy 306-745-6681

Check out our video:

Healthy People. lealthy Saskatchewan.



saskhealthauthority.ca

RaDAR **Memory Clinic**



Kipling, Radville, Bengough, Weyburn, Carlyle, Maryfield, Lampman, Esterhazy



RaDAR Memory Clinic

What is the Memory Clinic?

The clinic provides assessment and management support for people with symptoms or concerns about memory loss.

Your team of health care professionals may include:

- physician
- nurse practitioner
- home care nurse
- occupational therapist
- physical therapist
- social worker
- dietitian
- pharmacist
- Alzheimer Society First Link Coordinator

Who attends these clinics?

- People with symptoms of memory loss
- People worried about changes in their memory, thinking, or behaviour

What happens at the Memory Clinic appointment?

- The appointment usually requires 3 hours
- A family member or close friend should accompany the patient to the appointment
- The patient & family will meet with the team to discuss their concerns
- The patient will meet with each health professional for assessment
- The family will meet separately with team members including the Alzheimer Society First Link Coordinator
- The following information will be collected:
 - * Family history
 - Medical history and medication review
 - Physical examination
 - History of cognitive changes
 - * Cognitive assessment
 - Functional assessment
- At the end of the appointment, the team, family and patient will meet and review:
 - * Results of the assessment
 - * Diagnosis or initial impression
 - * Treatment
 - * Information about available services
 - * Household and Driving Safety
 - * Follow-up/Future Plans

How Will You Benefit?

- Reduced travel
- Meet with team of supportive health professionals in one appointment
- Better understanding of the symptoms that may have been of concern
- Management of symptoms and plans for the future
- Learn information about available treatment
- Learn information about services and support available
- Have opportunity to ask questions or raise concerns

Follow-up Appointments

- Will occur at a later date with the appropriate health care professionals
- May also take place in the memory clinic, if a team approach would be beneficial