

Signs & Symptoms of Alzheimer's Disease:

- Memory loss affecting daily abilities
- Difficulty performing familiar tasks
- Problems with language
- Disorientation in time and space
- Impaired judgement
- Problems with abstract thinking
- Misplacing things
- Changes in mood and behavior
- Changes in personality
- Loss of initiative

Source: Alzheimer Society Canada

For more information:

Phone your local clinic:

Kipling 306-736-2559

Radville 306-869-3111

Bengough 306-268-2222

Weyburn 306-842-8790

Carlyle 306-453-6795

Check out our video:

<http://tiny.cc/RuralMemory>



saskhealthauthority.ca

Primary Health Care Memory Clinic



**Kipling
Weyburn
Bengough
Radville
Carlyle**



**Saskatchewan
Health Authority**

Primary Health Care Memory Clinic

What is the Primary Health Care Memory Clinic?

The clinic provides assessment and management support for people with symptoms or concerns about memory loss

Your team of health care professionals may include:

- physician
- nurse practitioner
- home care nurse
- occupational therapist
- physical therapist
- social worker
- Alzheimer Society First Link Coordinator

Who attends these clinics?

- People with symptoms of memory loss
- People worried about changes in their memory, thinking, or behaviour

What happens at the Memory Clinic appointment?

- **The first appointment usually requires 3 hours**
- **The patient & family will meet with the team to discuss the plan for the appointment**
- **The patient will meet with each professional for assessment**
- **The family will meet with professionals as well, including the First Link Coordinator with the Alzheimer Society**
- **The following information will be collected:**
 - * Family history
 - * Medical history and medication review
 - * Physical examination
 - * History of cognitive changes
 - * Cognitive assessment
 - * Functional assessment
- **At the end of the appointment, the team, family and patient will meet and review:**
 - * Results of the assessment
 - * Diagnosis or initial impression
 - * Treatment
 - * Information about available services
 - * Household and Driving Safety
 - * Follow-up/Future Plans

How Will You Benefit?

- Reduces travel to cities
- Meet with team of supportive professionals in one appointment
- Better understanding of the symptoms that may have been of concern
- Management of symptoms and plans for the future
- Learn information about available treatment
- Learn information about services and support available to improve your quality of life
- Have opportunity to ask questions or raise concerns

Follow-up Appointments

- Will occur at a later date with the appropriate health care professionals
- May also take place in the memory clinic, if a team approach would be beneficial