

Health Promotion among Physical Therapists Internationally: Practices and Experiences in Canada and Colombia

Physical therapists are well qualified to assume a greater role in health promotion approaches as part of their professional practice. However, the extent and characteristics of those practices in physical therapy are practically unknown.

This study aims to examine the experiences of practicing physical therapists in Canada and Colombia regarding health promotion in professional practice for chronic conditions and the lifestyle risk factors associated with the development of non-communicable diseases.



Participants will be asked to complete a brief demographic survey and take part in either a virtual interview or focus group (as per their preference). Interviews/ focus groups will explore experiences in health promotion practices and perceptions of the role of physical therapists in health promotion.

This research will provide insight regarding the characteristics of health promotion practices performed by physical therapists in Canada and Colombia and will contribute to identifying promising practice, policy, and system-based strategies to enhance the role of physical therapists in this topic.

For more information, please see our recruitment poster here or contact:

Rosmary Martínez Rueda, PhD Candidate rom694@usask.ca

Brenna Bath, Principal Investigator: 306-966-6573 or brenna.bath@usask.ca