



PARTICIPANTS NEEDED FOR SHOULDER RESEARCH

**Construction workers | Hairstylists | Nurses or Nurse aides
| Maintenance workers or Caretakers | Farmers**

Who:

- People working in the jobs listed above
- 18+ years old
- People able to safely participate in physical activity
- People who have no current shoulder pain
- People who have no history of shoulder pain
 - pain that resulted in a clinician visit or stoppage in regular activities (work or sport/leisure) for 1 month or more

Where:

- Research lab at the Health Sciences building on USask campus

Why:

The goal of this study is to explore the connection between shoulder movement and rotator cuff syndrome in high-risk occupations.

What:

- Come to our lab for a 2 hour data collection
- Complete a few arm-focused tasks while your motion and muscle activity are measured with surface sensors
- Short follow up surveys every 3 months
- You will be compensated for your time

**For more information about this study, or to volunteer for this study,
please contact either:**

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