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Canadian Centre for Rural  
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NEWSLETTER OF THE CANADIAN CENTRE FOR  
RURAL AND AGRICULTURAL HEALTH

FEBRUARY 2026

EDITION #16



***Edition 16 / February 2026***  
***November - December 2025***



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# **CCRAH IS CELEBRATING 40 YEARS!**

# **40 Years Strong** *Rooted in Community, Driven by Research*



Developing and offering programs, resources, and services to rural and agricultural people - built through strong partnerships and backed by our cutting-edge research.

## **OUR MISSION:**

We move rural health research to action through programs and resources to support rural people to live and work healthy and safe.

## **OUR STRATEGY:**

We are a developer, collaborator, source, connector, and catalyst to advance research, knowledge mobilization, and services in the health and safety of rural and agricultural populations.

## **OUR VISION:**

A world where rural people are understood as the basis of rural sustainability.

## **OUR VALUES:**

Partnering. Collaboration. Innovation.  
Commitment. Sharing. Impact.

## **CCRAH HIGHLIGHTS**

**Abstract Submissions Closed for SHARP 2026!**



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 ASSOCIATION CANADIENNE DE SÉCURITÉ AGRICOLE

# 8th International Symposium Safety & Health in Agricultural & Rural Populations - SHARP 2026

Partnering for Success



Thank you to everyone who submitted an abstract for the **SHARP 2026 International Symposium**. Stay tuned! Registration will be opening soon!

Visit our website!

**CCRAH has been busy over the last few months, click the button below to see all our latest highlights!**



CCRAH Highlights

# Welcome to CCRAH!

## **Daniela Rivero**

Musculoskeletal Health and Access to Care (MHAC)

Dr. Lovo and Hailey Dunn, PhD (C) were pleased to host MPT Student Daniela Rivero for a 6 week clinical practicum at the Virtual Health Hub which concluded in November, 2025. Daniela worked in partnership with the communities of Pelican Narrows, Southend, and Deschambault Lake in the new pediatric tele rehabilitation programs!

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## **Laura Lewis**

Musculoskeletal Health and Access to Care (MHAC)

Welcome to Laura Lewis, MPT student working with Drs Katie Crockett and Brenna Bath on Bridging Access to Physiotherapy Care Gaps for Saskatchewan Mothers.

# Congratulations!



- **Ben Gould**, PhD student, on the successful defense of his PhD dissertation in October of 2025 in the Department of Psychology and Health Studies, supervised by Dr. Megan O'Connell! The PhD dissertation is titled: "Mental Wellness Needs and Technological Resourcing with the Mi'kmaq Population of PEI: A Journey of Research Process, Discovery, Opportunity, and Growth".



- **Congratulations to Brooke Thompson**, Laboratory Manager for CCRAH's Mass Spectrometry for Omics Research Laboratory and Occupational Hygiene Lab, on receiving a travel award from the Human Proteome Organization to attend the HUPO 2025 Conference in Toronto, ON.

## RESEARCH NEWS

CCRAH research teams have been busy these last few months developing and sharing knowledge in partnership with Indigenous community partners, academic institutions, and other organizations.

[Click here to learn more about these fascinating projects!](#)



**RaDAR's Winter 2026 Newsletter has been released!**

To join our mailing list, please email Mira Bisso at [mira.bisso@usask.ca](mailto:mira.bisso@usask.ca). Previous editions of the newsletter can be found on our [website!](#)

View the latest edition [here!](#)



**Participate in CCRAH Research!**

Looking to participate in some of our ground-breaking rural and agricultural health and safety research? [Click here](#) to see ongoing projects that are currently recruiting participants!

## KNOWLEDGE MOBILIZATION

### Human Proteome Organization (HUPO) 2025 Mass Spectrometry Laboratory for Omics Research



*Dr. George Katselis, Brooke Thompson, and Daniel Chao participating in multiple activities during the Human Proteome Organization (HUPO) 2025 Conference*

[Dr. George Katselis](#), [Brooke Thompson](#), and [Daniel Chao](#) of CCRAH'S [Mass Spectrometry Laboratory for Omics Research](#) attended the Canadian National Proteomics Network Conference and presented Omics Lab research at the [Human Proteome Organization \(HUPO\) 2025 Conference: One Health Powered by Proteomics](#) in Toronto, November 8th to 13th. Dr. George Katselis and Daniel Chao presented poster presentations. Daniel presented a poster on his Master's research, which uses proteomics to investigate whole-body

vibration-related cognitive impairment in rats Dr. George Katselis presented two posters: one on proteomics profiling in patients on SGLT2i following a STEMI, and another, in collaboration with Dr. Linda Chelico and team, on using proteomics to investigate differential effects of APOBEC subtypes on DNA repair. Brooke delivered an oral presentation on proteomics characterization of inflammatory markers in Swine workers.

## What's been happening at the RaDAR rural memory clinics?

**Let's hear from Chelsie on the ground!**



*Chelsie Cameron*

- There were 7 memory clinics held in 4 communities between November 1st and December 31st.
- The Rural Primary Memory Clinics had a very busy year. The total number of patients reached across all memory clinics in 2025 was 73, which is the most patients reached in any year! With the expansion of new teams, the consistency of existing teams and the dedication of all the providers we were able to help more patients than ever before. What a successful year!

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### Are You a Healthcare Provider?

If you are a healthcare provider looking for education resources, the RaDAR team is pleased to provide these [resources for healthcare providers and professionals](#). Most of these resources have been produced by RaDAR team members and are intended to provide more detail about the subject area.

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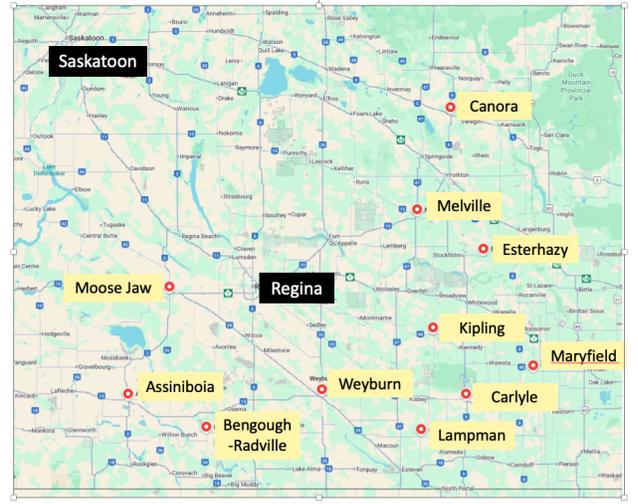
Want to catch up on the latest updates about RaDAR's Rural Memory Clinics? [Click here](#) to read the 2024 Update!

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We are continuing to spread the [rural primary care memory clinics](#). If you or someone you know might be interested and want to learn more,

please contact **Julie Kosteniuk** -  
[julie.kosteniuk@usask.ca](mailto:julie.kosteniuk@usask.ca)

### RaDAR Memory Clinic Locations (2025)



***RaDAR's Rural Memory Clinic Locations***  
*Canora, Melville, Esterhazy, Kipling,  
Maryfield, Carlyle, Lampman, Weyburn,  
Bengough-Radville, Assiniboia, Moose Jaw*

## Agricultural Health and Safety Network (AHSN)

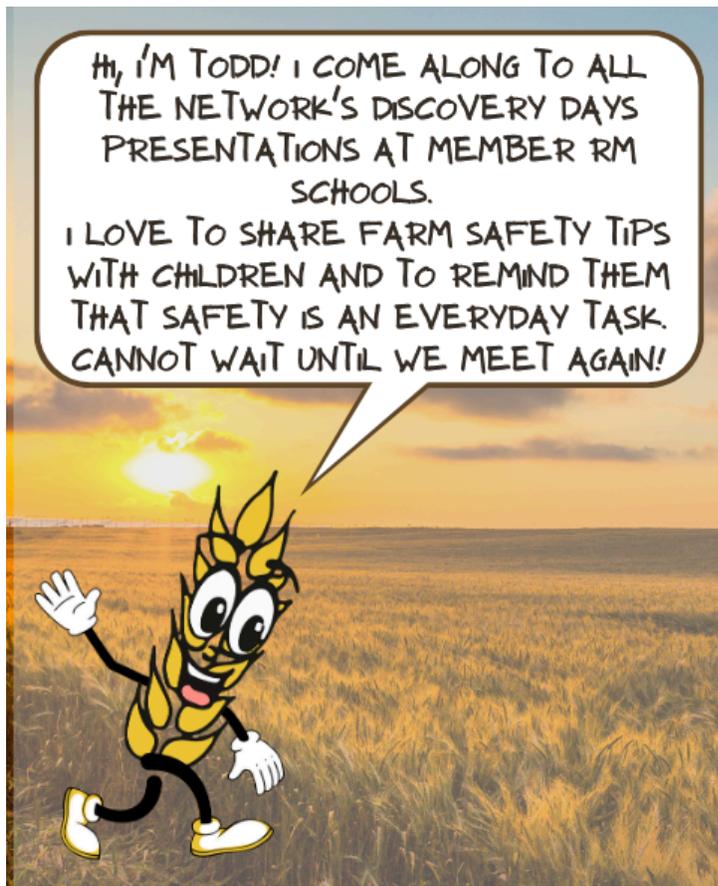
### Trade Shows and Events

- [SK Women in Ag](#) - November 6-7, Saskatoon, SK

### Discovery Days



**3 Presentations**  
at 2 Schools/Events in 2 RMs to  
**35 Students**

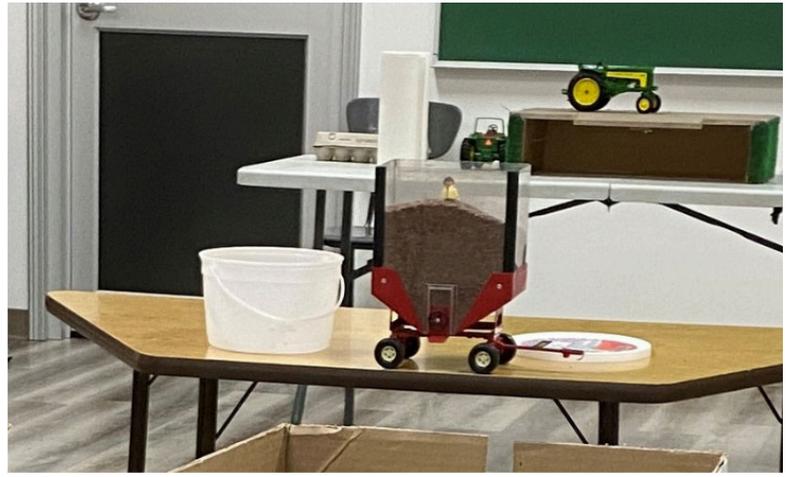


**487 KMs**

**travelled across Saskatchewan  
to deliver Discovery Days!**

### **Recent Discovery Day Presentations:**

- **Newmark Colony School - RM of Reford #379, Div. 6**
- **Hillsvale Colony School - RM of Cut Knife #439, Div. 6**



*Collage showcasing our Discovery Days presentation at Newark Colony School in the RM of Cut Knife #379 and at Hillsvale Colony School in the RM of Cut Knife #439*

# AGRICULTURAL SAFETY DISCOVERY DAYS

**BOOK NOW**

Call:

306-966-6644

or

E-mail:

shs954@email.usask.ca



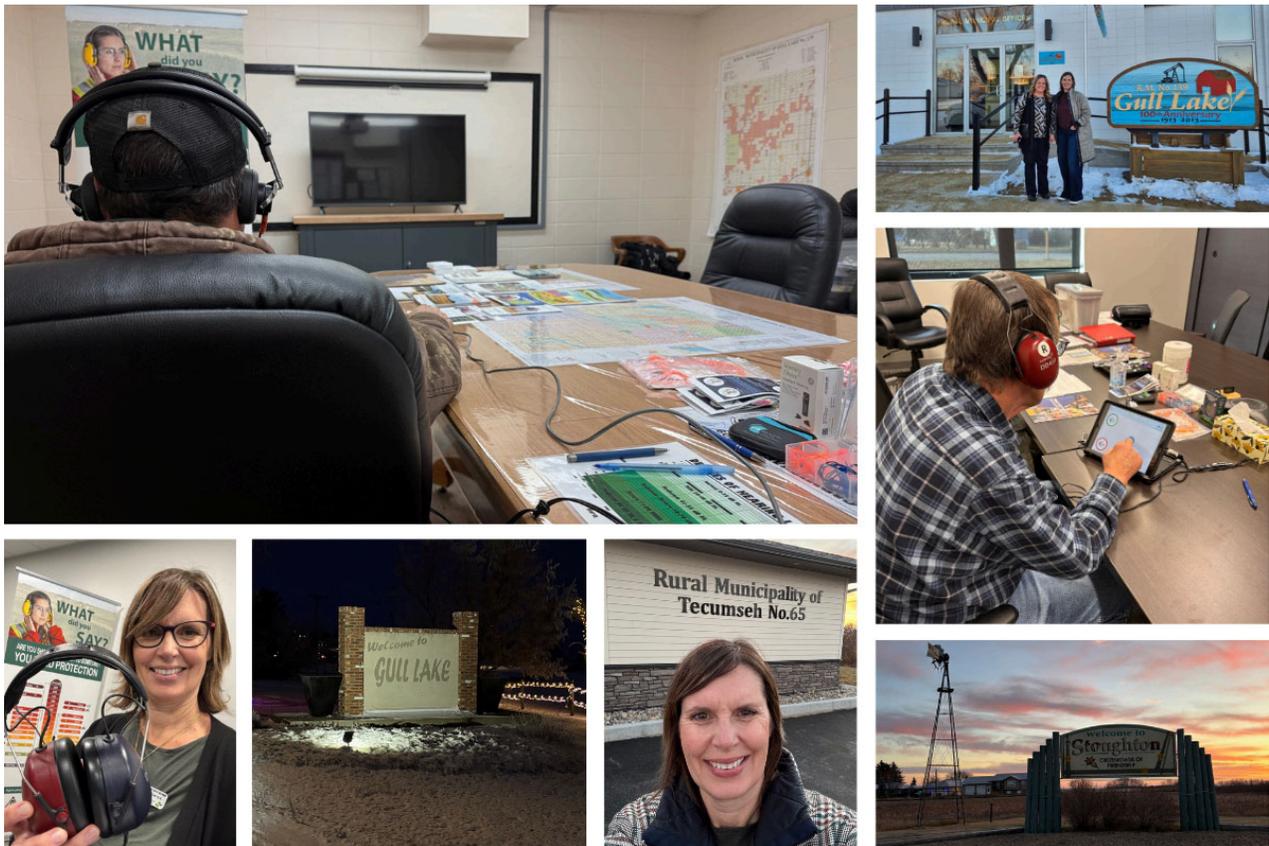
## One2One Respiratory and Hearing Clinics



### What are One2One Clinics?

#### [One2One Respiratory and Hearing Clinics](#)

assess respiratory or hearing health for Saskatchewan farmers, families, and farm workers. The clinics are held either at our AHSN clinic at USask campus or in your local RM.



*Collage of photos from our One2One Hearing and Respiratory Clinics for farmers and rural workers*

## Recent One2One Clinics:

- **Gull Lake** - RM of Gull Lake #139, Div. 3
- **Stoughton** - RM of Tecumseh #65, Div. 1

**Interested in hosting a hearing or respiratory clinic for your local RM farm families and workers?**

Contact us at (306) 966-6643 or [kendra.ulmer@usask.ca](mailto:kendra.ulmer@usask.ca)

## Musculoskeletal Health and Access to Care (MHAC)

### Community Engagement/Indigenous Community Knowledge Translation

- Sawatsky R, Bouvier MT, Honetschlager E, Craven B, Vandersteen T, Watson N and Lovo S. **First Nation and Métis Community-Directed Development of Pre-Operative Education for Total Joint Replacements.** Saskatoon, Nov 2025.

- Lovo S. **Virtual Access to Care in the Remote North.** Nutana Collegiate, Saskatoon, November 2025.
- Lovo S. **Rehabilitation Update.** Peter Ballantyne Cree Nation Health Services. December 2025.

## CCRAH Publications & Presentations

April - July 2025

### Publications:

- Babu AM, Janzen D, Evans CD, Spence C, King A, Pozniak C, Yao S, Lix LM, Sanche S, Lee SB, Green B, Wudel B, Opikokew Wajuntah C, Blackburn DF. 2025. [Antiretroviral utilization and adherence before versus after expansion of a provincial drug insurance policy.](#) AIDS. doi: 10.1097/QAD.0000000000004409. Epub ahead of print. PMID: 41263222.
- Brożek G, Nowak B, Prendergast C, Gil A, Nakiela P, Skoczyński S, Barański K, Swinarew A, Lawson J. [Thirty year trends in childhood asthma and allergic conditions in Poland.](#) Respir Med. 2025 Nov;248:108379. doi: 10.1016/j.rmed.2025.108379. Epub 2025 Sep 24. PMID: 41005679.
- Alvarado A, Baguindoc M, Bolo R, Kirychuk S, Predicala B. [Performance Evaluation of Fan-Ventilated Swine Trailer with Air Filtration for Maintaining Satisfactory Transport Conditions.](#) Animals, 16 (1): 83.
- Okpalauwaekwe U, Burnett W.D., Milosavljevic S. [Insights into effective rest breaks for reducing cognitive and musculoskeletal strain in farm machinery operators: a qualitative reflexive analysis.](#) Annals of Medicine, 57(1): 2582067.
- Buhler M, Shah T, Perry M, Tennant M, Kruger E, Milosavljevic S. [Spatial equity of physiotherapy accessibility in Aotearoa New Zealand in relation to Māori and Pacific ethnicity, socioeconomic deprivation, and rurality.](#) Health Policy, 163: 105498.
- Morgan, D., Kosteniuk, J. & Bayly, M. (2025). [Patient and family perceptions of rural primary care interprofessional memory clinics for diagnosis and management of dementia: a mixed methods study.](#) BMC Health Serv Res 25, 1473 (2025).

- Lemay-Compagnat, A., Couturier, Y., Rojas-Rozo , L., Roach, P., O'Connell, M.E., McAiney, C., Cetin-Sahin, D., Arsenault-Lapierre, G., Neiterman, E., Morgan, D., Lafleur, M.C., Dumaresq, D., Trépanier, T., Lea, P., Eagleson, H., O'Connor, D., Peters, J., Fernandez Loughlin, R., Wighton , M.B., Vedel, I. (2025). [Human rights of persons with dementia and their care partners: An exploratory study](#). Archives of Gerontology and Geriatrics Plus. 2(4): 100217.
- Leone, C., Wilding, C., Rasekaba, T., O'Connell, M. E., Morgan, D., & Blackberry, I. (2025). [Qualitative Evaluation of an Online Technology to Support Rural Caregivers of People with Dementia](#). Geriatrics, 10(6), 161.
- Diaz, D., Kirk, A., O'Connell, M., Morgan, D. (2025). [Do Education and Premorbid Intelligence Predict Cognitive Decline Over 1 Year in Rural Patients with Dementia?](#) Alzheimer Disease & Associated Disorders, 39(4):p 307-312.
- Sun G, Kirk A, Karunanayake C, O'Connell ME, Morgan DG. (2025). [Quality of Life in Patients with Subjective Cognitive Impairment Referred to a Rural and Remote Memory Clinic](#). Canadian Journal of Neurological Sciences / Journal Canadien des Sciences Neurologiques, 52(5):841-845.
- Lang A.E., Balogh D., Akinluyi O., Koehncke N. (2025). [Shoulder pain influences kinematics during farm work tasks: An in-field study](#). International Journal of Industrial Ergonomics, 109:103798.
- Arnold C, Bath B, Prosko S, Farthing J, Crockett K, Lanovaz J. [Effect of 12 Weeks of Hatha Balance Flow on Fall Risk in Postmenopausal Women](#). International Journal of Yoga Therapy. Dec 2025 Article 11. doi: 10.17761/2025-D-24-00074.
- Lovo, S, Sawatsky R, Amjad K, Ahmad K, Imea B, Bowes B, McKinney V, Sewap S, Dorion R, Bath B. [A remote First Nation community-informed virtual care approach to chronic back pain management: a mixed methods study](#). Int J Circumpolar Health. Dec 2025 84(1): doi: 10.1080/22423982.2025.2574110.
- Zagrodney K, Bourcier D, Gupta N, Simkin S, Ashcroft R, Bath B, Eddine Ben-Ahmed H, Crown N, Gamble B, Leslie K, Mashford-Pringle A, Myles S, Rice D, Sweetman A, Walton Roberts M, Bourgeault IL. [Co-Developing an Inclusive Interprofessional Health Workforce Minimum Data Standard](#)

## Presentations:

- Bacsu, J.D., Spiteri, R.J., Fraser, S., Cammer, A., Chasteen, A.L., Rahemi, Z., Nanson, K., Jamali, A.K. (2025). **Dementia Advocacy in Action: Examining Social Media During World Alzheimer’s Month.** A poster presentation at the Gerontological Society of America Conference, Boston, MA, United States, November 13, 2025.
- Sawatsky R, Mervin B, Honetschlager E, Lovo S. **First Nation and Métis Community Needs for Rehabilitation of Total Joint Replacements.** People Around the World International Congress. Saskatoon, Saskatchewan, October 2025.
- Lovo S, Bowes B, Wolfe-Keller S, Eloise Fineday. **Partnering with Indigenous Communities to Advance Access to Care Using Digital Technologies.** Digital Health Canada Keynote Address. Regina, Saskatchewan, November 2025.
- Grona K, Courtreille H, Hanson-Gardiner T, Wilson T, Stempień J, Oyedokun S, Lovo S. **First Nation and Métis Patients’ Experiences in Saskatoon Emergency Rooms.** Sk-NEIHR Research Event, Wanusekwin. November 2025.
- Lovo S, Newton C, Dunn H, Schock G, Newton M. **Connected Care: Telerehabilitation Tools and Strategies for Today’s Physical Therapist.** Saskatchewan College of Physical Therapists, November 2025.
- Henry R, Graham H, McKinney V, Elsner A, Marks W, Foulds H, Lovo. S. **Facilitated Panel Discussion for CIHR Institutes: Sask Network Environment Indigenous Health Research.** Saskatoon, November 2025.
- Thompson B, Kiryuchuk S, Chumala P, Katselis GS. **Proteomics Characterization of Inflammatory Markers in Swine Workers: A One-Health Approach to Occupational Health.** Oral Presentation presented at HUPO Conference 2025, Toronto, Ontario. Nov 9-14, 2025.
- Chao D, Milosavljevic S, Thompson B, Tomilin M, JulselthL, Lang A, Howland J, Katselis GS. **Investigating Health Risks from Occupational**

**Whole-Body Vibration on Cognition Using Proteomics and a Rodent Model.** HUPO Conference 2025, Toronto, Ontario, Nov 9-14, 2025.

- Katselis GS, Shavadia J, Tomilin M, Chumala P, Mangipudi R, Thompson B, Haddad H. **Proteomics Profiling in Patients on SGLT2I following a STEMI.** HUPO Conference 2025, Toronto, Ontario, Nov 9-14, 2025.
- Chelico L, Granadillo Rodríguez M, Shayeganmehr A, Wong L, Chumala P, Katselis GS. **Use of proteomics to investigate differential effects of APOBEC3A, APOBEC3B, and APOBEC3H Haplotype I on DNA repair.** HUPO Conference 2025, Toronto, Ontario, Nov 9-14, 2025.

## UPCOMING EVENTS



### RaDAR Summit 2026

Save the date! Summit 2026 will be hosted as a one-day, online event on Thursday, November 19th, 2026. As planning progresses, more details will be shared on this page: <https://cchsa-ccssma.usask.ca/ruraldementiacare/summit/upcoming-summit.php>.

If you have questions about Summit 2026, please contact [radar.summit@usask.ca](mailto:radar.summit@usask.ca)

# Seminar Series

CCRAH 2025

Seminars are held every other Tuesday during the academic term from 2:30 pm - 3:30 pm in room 1254 in E-Wing of Health Sciences.

They are conducted both online via Zoom and in-person at CCRAH.



CCRAH's rural and agricultural health seminar series invites speakers affiliated with CCRAH, other departments at USask, and guests to discuss current rural and agricultural health related research.

If you wish to present or attend our seminar series, please contact:

**Dr. Angelica Lang**  
[angelica.lang@usask.ca](mailto:angelica.lang@usask.ca)

Check out the seminar schedule on our website!

## Upcoming Seminar Dates:

**2026:**

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- February 10th
- February 24th
- March 10th
- March 24th
- April 7th
- April 21st

*CCRAH Research Seminars are available to attend online via Zoom or in person in room 1254 in the E-Wing of Health Sciences building. For more information about upcoming seminars or to contact us for the zoom link, [visit our website!](#)*

## NEWS FROM OUR PARTNERS

### Canadian Agricultural Safety Association (CASA)

- [CASA Bulletin - November](#)
  - [CASA Bulletin - December](#)
-

# Saskatchewan Association of Rural Municipalities (SARM)

- [Rural Dart](#)
- [Rural Sheaf](#)
- [Rural Councillor](#)

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