



UNIVERSITY OF SASKATCHEWAN

Canadian Centre for Rural  
and Agricultural Health

CCHSA-CCSSMA.USASK.CA



# Annual Report

April 2024 - March 2025

STRONGER TOGETHER IN AGRICULTURAL HEALTH AND SAFETY

# AGRICULTURAL HEALTH AND SAFETY NETWORK

*Improving health and safety on the farm through education, service and evaluation research.*

**SERVING OVER**  
**21,000**  
Saskatchewan farm  
families

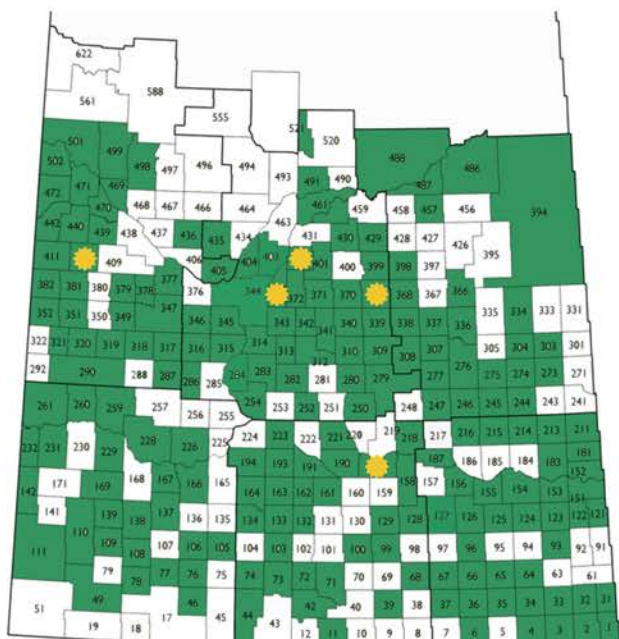
**191**  
Rural Municipality  
members  
**GOAL: 210 RMS IN 2025**

## NETWORK MEMBERSHIP: 2024-2025



### Founding RMs - 1988:

*R.M. of Lumsden No. 189, R.M. of St. Peter No. 369, R.M. of Aberdeen No. 373,  
R.M. of Fish Creek No. 402, R.M. of Round Valley No. 410.*



## THE NETWORK FUNDING

- Each member RM pays \$4.60 per active farm family plus a base fee of \$400.00, capped at \$1500.00.
- Grants from the Saskatchewan Ministry of Agriculture.
- Grants, sponsorships, and donor support.
- In-kind and matching from the Canadian Centre for Rural and Agricultural Health.



## NETWORK STEERING COMMITTEE

Thank you to our Network Steering Committee members who provide valuable grassroots feedback to the Network. The Steering Committee represents RM membership, farmers, and ranchers in each division of Saskatchewan and from the government. We encourage you to reach out and introduce your RM to your respective Division Steering Committee member.

### Current Members

#### Division 1

**Michelle Williams**  
RM of Wolsley, No. 155

#### Division 2

**TBA**

#### Division 3

**Mark Hughes**  
Reeve for the RM of Miry Creek, No. 229

#### Division 4

**TBA**

#### Division 5

**Darin Pedersen**  
Reeve for the RM of Prairie Rose, No. 309

#### Division 6

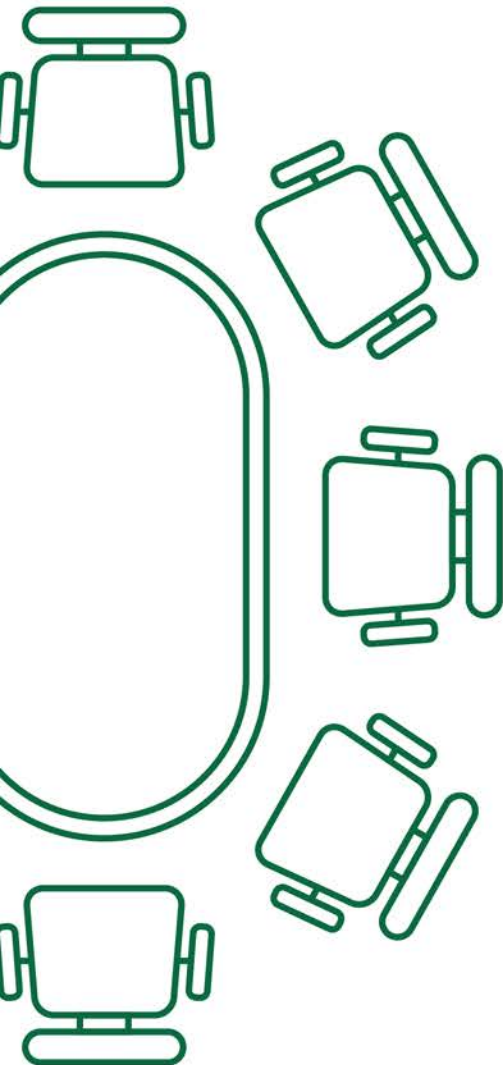
**Ronald Gory**  
RM of Frenchman Butte No. 501

#### Saskatchewan Ministry of Agriculture

**Tasha Lupanko**  
Communications Public Trust



## NETWORK MEMBERSHIP - BOARDS AND WORKING GROUPS



- **University of Saskatchewan Signature Areas of Research** - representing the Canadian Centre for Rural and Agricultural Health
  - Agriculture
  - Communities and Sustainability
- **Canadian Agricultural Safety Association Board of Directors** - representing the Canadian Centre for Rural and Agricultural Health
- **Ag Health and Safety Alliance, Gear Up For Ag Program** - coordinator and presenter for Saskatchewan Program delivery
- **Farm Health and Safety Council, Advisory Council to the Ministry of Labour Relations and Workplace Safety in Saskatchewan** - representing the Canadian Centre for Rural and Agricultural Health
- **Ag Large Animal Handling Learning Group - with Work Safe Saskatchewan** - representing The Canadian Centre for Rural and Agricultural Health
- **SaskAgMatters**
- **Farmer and Rancher Mental Health (FARMh) Initiative**
- **Voting Member, Canadian Standards Association Technical Committee on Management of Work in Extreme Conditions Z1010-18** (since 2015)
- **Voting Member, Canadian Standards Association Technical Committee on Psychological Health and Safety in the Workplace Z1003-13/BNQ 9700-803/2013.** (since 2012)

The Canadian Centre for Rural and Agricultural Health, along with the Agricultural Health and Safety Network, proudly contribute to the University of Saskatchewan's Agriculture Signature Areas of Research. Together, we offer valuable insights into how agriculture affects the mental and physical well-being of Saskatchewan's producers.



SIGNATURE AREA  
**AGRICULTURE**





## NETWORK MEMBERSHIP 2024 - 2025

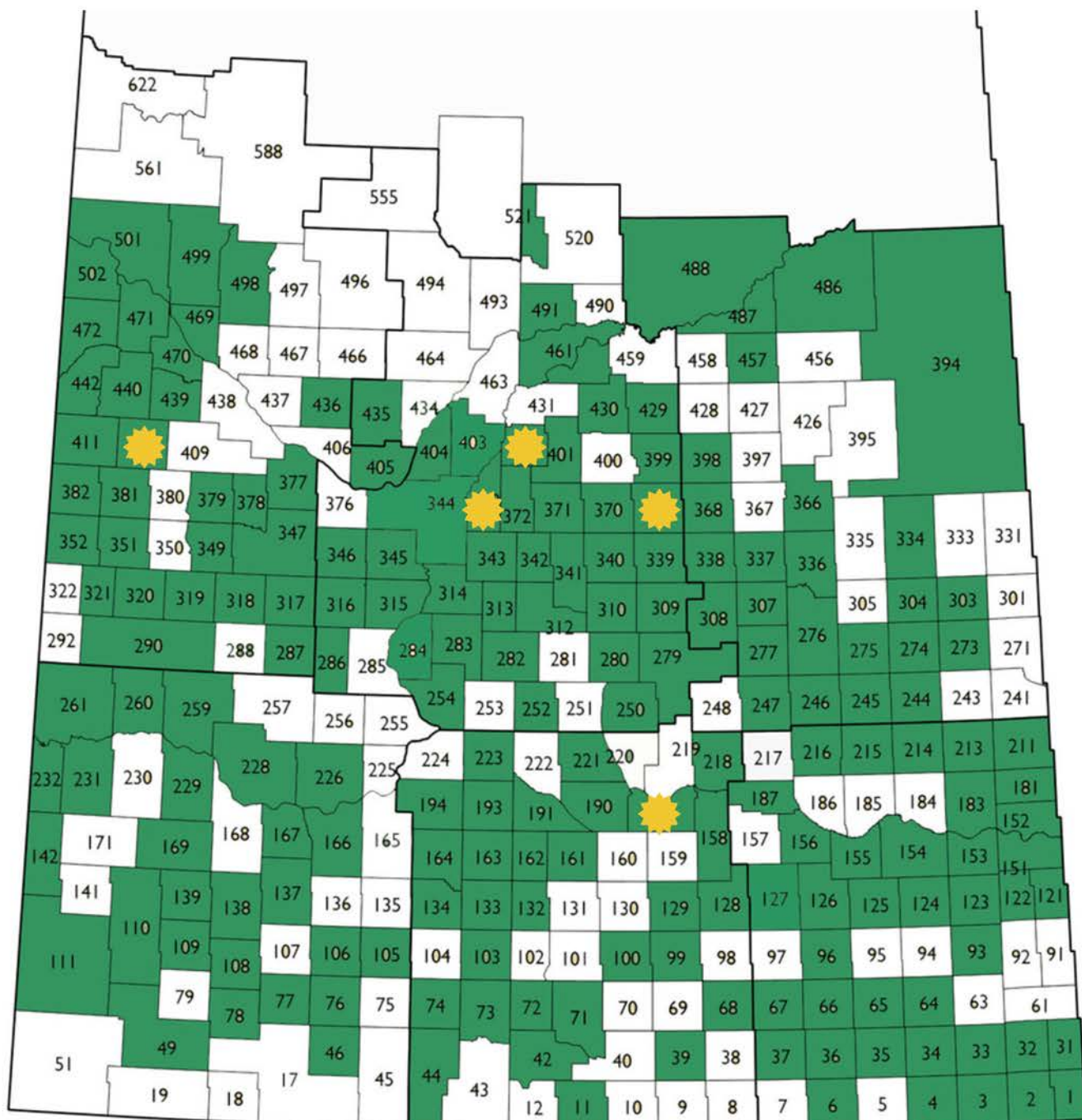
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No. 369, R.M. of Aberdeen No, 373,  
R.M. of Fish Creek No. 402, R.M. of Round  
Valley No. 410.*



# 191

*Rural Municipality  
members*





# NETWORK MEMBERSHIP 2024 - 2025

## *Supporting Rural People in Agricultural Health and Safety*

R.M. of Argyle No. 1	R.M. of Shamrock No. 134	R.M. of Sliding Hills No. 273	R.M. of Aberdeen No. 373
R.M. of Mount Pleasant No. 2	R.M. of Swift Current No. 137	R.M. of Good Lake No. 274	R.M. of Glenside No. 377
R.M. of Enniskillen No. 3	R.M. of Webb No. 138	R.M. of Insinger No. 275	R.M. of Rosemount No. 378
R.M. of Cambria No. 6	R.M. of Gull Lake No. 139	R.M. of Foam Lake No. 276	R.M. of Reford No. 379
R.M. of Hart Butte No. 11	R.M. of Enterprise No. 142	R.M. of Emerald No. 277	R.M. of Grass Lake No. 381
R.M. of Storthoaks No. 31	R.M. of Rocanville No. 151	R.M. of Mount Hope No. 279	R.M. of Eye Hill No. 382
R.M. of Reciprocity No. 32	R.M. of Spy Hill No. 152	R.M. of Wreford No. 280	R.M. of Hudson Bay No. 394
R.M. of Moose Creek No. 33	R.M. of Willowdale No. 153	R.M. of McCraney No. 282	R.M. of Pleasantdale No. 398
R.M. of Browning No. 34	R.M. of Elcapo No. 154	R.M. of Rosedale No. 283	R.M. of Lake Lenore No. 399
R.M. of Benson No. 35	R.M. of Wolseley No. 155	R.M. of Rudy No. 284	R.M. of Hoodoo No. 401
R.M. of Cymri No. 36	R.M. of Indian Head No. 156	R.M. of Milden No. 286	R.M. of Fish Creek No. 402
R.M. of Lomond No. 37	R.M. of Edenwood No. 158	R.M. of St. Andrews No. 287	R.M. of Rosthern No. 403
R.M. of The Gap No. 39	R.M. of Moose Jaw No. 161	R.M. of Kindersley No. 290	R.M. of Laird No. 404
R.M. of Willow Bunch No. 42	R.M. of Caron No. 162	R.M. of Keys No. 303	R.M. of Great Bend No. 405
R.M. of Waverley No. 44	R.M. of Wheatlands No. 163	R.M. of Buchanan No. 304	R.M. of Round Valley No. 410
R.M. of Glen McPherson No. 46	R.M. of Chaplin No. 164	R.M. of Elfros No. 307	R.M. of Senlac No. 411
R.M. of White Valley No. 49	R.M. of Excelsior No. 166	R.M. of Big Quill No. 308	R.M. of Flett's Springs No. 429
R.M. of Brock No. 64	R.M. of Saskatchewan Landing No. 167	R.M. of Prairie Rose No. 309	R.M. of Invergordon No. 430
R.M. of Tecumseh No. 65	R.M. of Pittville No. 169	R.M. of Osborne No. 310	R.M. of Redberry No. 435
R.M. of Griffin No. 66	R.M. of Langenburg No. 181	R.M. of Morris No. 312	R.M. of Douglas No. 436
R.M. of Weyburn No. 67	R.M. of Fertile Belt No. 183	R.M. of Lost River No. 313	R.M. of Cut Knife No. 439
R.M. of Brokenshell No. 68	R.M. of North Qu'Appelle No. 187	R.M. of Dundurn No. 314	R.M. of Hillsdale No. 440
R.M. of Excel No. 71	R.M. of Lumsden No. 189	R.M. of Montrose No. 315	R.M. of Manitou Lake No. 442
R.M. of Lake Of The Rivers No. 72	R.M. of Dufferin No. 190	R.M. of Harris No. 316	R.M. of Connaught No. 457
R.M. of Stonehenge No. 73	R.M. of Marquis No. 191	R.M. of Marriott No. 317	R.M. of Birch Hills No. 460
R.M. of Wood River No. 74	R.M. of Eyebrow No. 193	R.M. of Mountain View No. 318	R.M. of Prince Albert No. 461
R.M. of Auvergne No. 76	R.M. of Enfield No. 194	R.M. of Winslow No. 319	R.M. of Turtle River No. 469
R.M. of Wise Creek No. 77	R.M. of Churchbridge No. 211	R.M. of Oakdale No. 320	R.M. of Eldon No. 471
R.M. of Grassy Creek No. 78	R.M. of Saltcoats No. 213	R.M. of Prairiedale No. 321	R.M. of Wilton No. 472
R.M. of Wawken No. 93	R.M. of Cana No. 214	R.M. of Preeceville No. 334	R.M. of Moose Range No. 486
R.M. of Fillmore No. 96	R.M. of Stanley No. 215	R.M. of Sasman No. 336	R.M. of Nipawin No. 487
R.M. of Caledonia No. 99	R.M. of Tullymet No. 216	R.M. of Lakeview No. 337	R.M. of Torch River No. 488
R.M. of Elmsthorpe No. 100	R.M. of Lipton No. 217	R.M. of Lakeside No. 338	R.M. of Buckland No. 491
R.M. of Sutton No. 103	R.M. of Cupar No. 218	R.M. of Leroy No. 339	R.M. of Parkdale No. 498
R.M. of Glen Bain No. 105	R.M. of McKillop No. 220	R.M. of Wolverine No. 340	R.M. of Mervin No. 499
R.M. of Whiska Creek No. 106	R.M. of Sarnia No. 221	R.M. of Viscount No. 341	R.M. of Frenchman Butte No. 501
R.M. of Bone Creek No. 108	R.M. of Huron No. 223	R.M. of Colonsay No. 342	R.M. of Britannia No. 502
R.M. of Carmichael No. 109	R.M. of Victory No. 226	R.M. of Blucher No. 343	R.M. of District of Lakeland No. 521
R.M. of Piapot No. 110	R.M. of Lacadena No. 228	R.M. of Corman Park No. 344	
R.M. of Maple Creek No. 111	R.M. of Miry Creek No. 229	R.M. of Vanscoy No. 345	
R.M. of Moosomin No. 121	R.M. of Happyland No. 231	R.M. of Perdue No. 346	
R.M. of Martin No. 122	R.M. of Deer Forks No. 232	R.M. of Biggar No. 347	
R.M. of Silverwood No. 123	R.M. of Orkney No. 244	R.M. of Grandview No. 349	
R.M. of Kingsley No. 124	R.M. of Garry No. 245	R.M. of Progress No. 351	
R.M. of Chester No. 125	R.M. of Ituna Bon Accord No. 246	R.M. of Heart's Hill No. 352	
R.M. of Montmartre No. 126	R.M. of Kellross No. 247	R.M. of Kelvington No. 366	
R.M. of Francis No. 127	R.M. of Last Mountain Valley No. 250	R.M. of Spalding No. 368	
R.M. of Lajord No. 128	R.M. of Arm River No. 252	R.M. of St. Peter No. 369	
R.M. of Bratt's Lake No. 129	R.M. of Loreburn No. 254	R.M. of Humboldt No. 370	
R.M. of Hillsborough No. 132	R.M. of Snipe Lake No. 259	R.M. of Bayne No. 371	
R.M. of Rodgers No. 133	R.M. of Chesterfield No. 261	R.M. of Grant No. 372	



## RM MEMBERSHIP AWARDS

### SUPPORTING RURAL PEOPLE IN AGRICULTURAL HEALTH AND SAFETY

The Agricultural Health and Safety Network presents awards to RM members who have supported the Network's outreach for 5, 10, 15, 20, 25, 30, and 35 years. We recognize and celebrate their continued support of the Network.

#### ★ Founding RMs: 1988

*R.M. of Lumsden No. 189, R.M. of St. Peter No. 369, R.M. of Aberdeen No. 343,  
R.M. of Fish Creek No. 402, R.M. of Round Valley No. 410.*

#### 5 years

RM of Orkney No. 244

#### 15 years

RM of Glen Bain No. 105  
RM of Lajord No. 128  
RM of Emerald No. 277  
RM of Vanscoy No. 345  
RM of Grass Lake No. 381  
RM of Pleasantdale No. 398  
RM of Moose Range No. 486

#### 20 years

RM of Tullymet No. 216  
RM of Reford No. 379

#### 10 years

RM of Bone Creek No. 108  
RM of Saskatchewan  
Landing No. 167

#### 25 years

RM of Enniskillen No. 3  
RM of Wood River No. 74  
RM of Fillmore No. 96

#### 30 years

RM of Tecumseh No. 65  
RM of Sutton No. 103  
RM of Chester No. 125  
RM of Shamrock No. 134  
RM of Elcapo No. 154  
RM of Excelsior No. 166  
RM of Snipe Lake No. 259  
RM of Chesterfield No. 261  
RM of Spalding No. 368

RM of Glenside No. 377  
RM of Great Bend No. 405  
RM of Cut Knife No. 439  
RM of Hillsdale No. 440  
RM of Britannia No. 502

#### 35 years

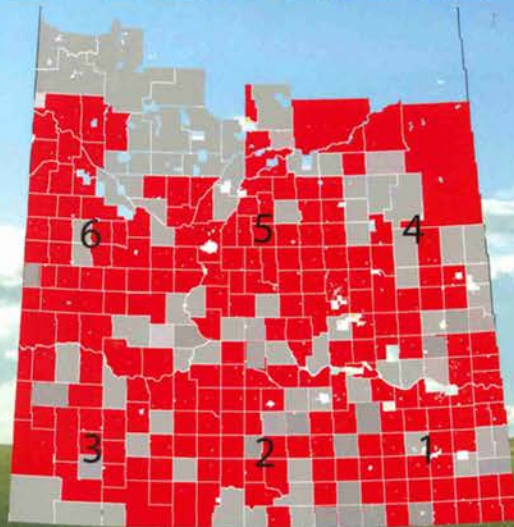
RM of Brock No. 64  
RM of Moosomin No. 121  
RM of Gull Lake No. 139  
RM of Indian Head No. 156  
RM of Victory No. 226  
RM of Mount Hope No. 279  
RM of Kindersley No. 290  
RM of Sasman No. 336  
RM of Blucher No. 343

**Increasing  
Awareness!**  
Posted in  
Network RM  
Offices.



# AGRICULTURAL HEALTH AND SAFETY NETWORK

## WE ARE A MEMBER



### PROMOTING & SUPPORTING AGRICULTURAL HEALTH AND SAFETY



- CLINICS
- DISCOVERY DAYS
- OUTREACH
- PRESENTATIONS
- RESOURCES
- TRAINING
- WORKSHOPS



306-966-6644 - [aghealth.usask.ca](mailto:aghealth.usask.ca)  
E-mail: [aghealthandsafety@usask.ca](mailto:aghealthandsafety@usask.ca)

UNIVERSITY OF SASKATCHEWAN  
Canadian Centre for Rural  
and Agricultural Health

SARM  
Saskatchewan Agricultural  
Resource Management  
Centre

Government  
of  
Saskatchewan



## **AWARDS AND SCHOLARSHIPS**

### **Saskatchewan Association of Rural Municipalities 90th Anniversary Scholarship**



Saskatchewan Association  
of Rural Municipalities

In 1995, the Saskatchewan Association of Rural municipalities (SARM) auctioned off the first copy of their history book, "The Building of a Province: Commemorating the 90th Anniversary of the 90th Anniversary of the Saskatchewan Association of Rural Municipalities and with these funds initiated the Saskatchewan Association of Rural Municipalities 90th

Anniversary \$1,000 Student Scholarship in Agricultural Safety and Rural Health. Since 1996, The Canadian Centre for Rural and Agricultural Health (CCRAH), University of Saskatchewan through its Founding Chairs Program has maintained the Agricultural Safety and Rural Health Scholarship. In the 2013-2014 school year, CCRAH started offering two \$1,500 Student Scholarships.

#### **The winners of the 2024-2025 SARM Scholarship**

**Regan Keisig - Balcarres, RM of Tullymet No. 216, Div. 1**

**Zayden Anderson - Marquis, RM of Marquis No. 191, Div. 2**



**Regan Keisig**

Balcarres, RM of Tullymet  
No. 216

*"In the end, safety on the farm is not just about avoiding accidents; it's about creating an environment where everyone—family members, and workers—can thrive. If there's one thing, I wish I could tell every farmer and rancher it's that safety should never be an afterthought. Farming is a rewarding but demanding way of life, and no task is worth risking life."*

Regan Keisig



**Zayden Anderson**

Marquis, RM of Marquis  
No. 191

*"Each generation has learned from the one before, adapting to new challenges and finding better ways to keep our family safe. Farming is more than a job for us, it's a way of life that brings us together. At the end of the day, the most important thing isn't how much work we get done, it's making sure everyone comes home safe."*

Zayden Anderson

## The Ike Thiessen: Building a Foundation Award



### About Ike Thiessen

The inaugural Ike Thiessen: Building a Foundation Award was presented in March 2020 to the Saskatchewan Association of Rural Municipalities (SARM) recognizing the fundamental role they play in helping grow and enhance the activities of the Agricultural Health and Safety Network. Isaac (Ike) Thiessen was a farmer in the rural municipality of Aberdeen (RM #373) and president of the Saskatchewan Association of Rural Municipalities (SARM) from 1986 – 1988. Ike was instrumental in the recruiting of the first RMs in 1988 to join the Agricultural Health and Safety Network setting the foundation for future growth.

This Award is given annually in recognition of the support and dedication to the Agricultural Health and Safety Network for helping us further our mission and build a foundation of health and safety for Agriculture in Saskatchewan.

## The Ike Thiessen: Building the Foundation Award Winner of 2024

This year's Ike Thiessen: Building a Foundation Award goes to **Ray Orb!**

Ray served on the SARM board for over 20 years and was elected as the president of SARM in 2014.

This award is in recognition of Ray's exceptional support, dedication, and contribution to promoting health and safety in Saskatchewan.



Photo courtesy SARM



Voice of:  
Ray Orb, President - SARM  
Saskatchewan Association of Rural Municipalities

### We Are the Canadian Centre for Rural and Agricultural Health

Ray recently highlighted the significance of the Centre's relationship with RMs, emphasizing the distinctive relationship between researchers and community.



1:35 - 2:05, 2:26 - 2:41



## GOVERNOR GENERAL VISIT - FARMER AND RANCHER MENTAL HEALTH FOCUS



*Network and Centre representatives Kendra Ulmer and Dr. Shelley Kirychuk with Her Excellency the Right Honourable Mary Simon, Governor General for Canada, Saskatchewan partners SaskAgMatters, and the Kruger family.*

The Agricultural Health and Safety Network participated in a roundtable discussion about farmer and rancher mental health with Her Excellency the Right Honourable Mary Simon, Governor General for Canada in May of 2024.

Invited to the roundtable were the Saskatchewan partners working to support farmer and rancher mental health. The roundtable was moderated by Dr. Shelley Kirychuk (PhD), director of the CCRAH at USask. Partner representatives included SaskAgMatters directors Cynthia Beck, Cyle Stewart, and Sharalee Laventure, and Dr. Michelle Pavloff (PhD), who leads the Farmer and Rancher Mental Health (FARMh) initiative at SaskPolytech and is the research director of SaskAgMatters.

The Governor General's visit and roundtable highlighted both the need for the support and celebrated what Saskatchewan partners are doing to meet that need.



*"Having the discussions at the kitchen table with coffee and cookies, and at a multigenerational farm, made for an intimate setting. It set the stage for open and personal discussions about mental health and the dire situation for those living in rural areas. It felt like a discussion with a friend,"*

**- Dr. Shelley Kirychuk**  
Director, Canadian Centre for Rural and Agricultural Health (CCRAH)



## SARM ANNUAL CONVENTION & TRADE SHOW 2025



*The Agricultural Health and Safety Network's trade show booth at SARM Annual Convention & Trade Show 2024*

The annual convention and trade show draws roughly 2,000 delegates and guests from across the province and provides SARM members the opportunity to gather as a whole to vote on and debate resolutions, discuss current issues, and participate in dialogue sessions with provincial and federal government officials. The SARM Annual Convention dates back over a hundred years. The trade show has become a signature event that draws our rural municipal leaders. During the convention and trade show, the Agricultural Health and Safety Network will be hosting its Annual General Meeting as well as announcing the *SARM Scholarship* winners and the *Ike Thiessen: Building the Foundation Award* winner!

### Agricultural Health and Safety Network Annual General Meeting

**March 12th, 2025  
Meeting Room #1, Hall A,  
Praeland Park**

The Agricultural Health and Safety Network reviewed and discussed the Annual Report and budget, and presented awards to RM members who have been with the organization for 5, 10, 15, 20, 25, 30, and 35 years. These awards celebrate the dedication of Network members. You can find the list of Rural Municipality Membership award recipients on page 8 of this annual report.



**THE AGRICULTURAL  
HEALTH AND SAFETY NETWORK**



UNIVERSITY OF SASKATCHEWAN  
Canadian Centre for Rural  
and Agricultural Health  
COMMUNITY-LED

## ANNUAL GENERAL MEETING

at the SARM Convention!

**March 12, 2025**  
**8:00 - 8:45 am**  
**Meeting Room 1, Hall A**  
**Praeland Park,**  
**Saskatoon, SK**

**Join us for the  
Network's AGM and  
breakfast!**

Visit the Network booth (#104) at  
the SARM trade show!

If you have any questions, contact:  
Shelly Sander - shs954@mail.usask.ca  
(306) 966 - 6644

**RMs attending the AGM will be entered to win a free Network  
membership for a year!**




Background photo courtesy of: Farm and Food Care (FarmPhotos.ca)



## SARM BOARD OF DIRECTORS VISITS THE CENTRE



*The Board of Directors of the SARM with Centre Director Shelley Kirychuk and Kendra Ulmer, Program Manager of the Agricultural Health and Safety Network*

On July 17th, 2024, the Board of Directors of the Saskatchewan Association of Rural Municipalities toured the Canadian Centre for Rural and Agricultural Health. Their visit included stops at the Agricultural Health and Safety Network's office and clinic rooms. During the tour, Dr. Shelley Kirychuk, the Centre's Director, showcased the National Agricultural Industrial Hygiene labs and highlighted the Centre's research efforts that support its outreach initiatives, including those of the Agricultural Health and Safety Network.



## CANADA'S AGRICULTURE DAY



Forks were raised on February 11th, 2025 to recognize the continuous dedication and effort of farmers from across Canada. The Network celebrated Canada's Agriculture Day by

1. Dedicated social media post across all Network and Centre socials
2. Discovery Days presentation in Lake Lenore, SK - RM of Lake Lenore No. 399, Div. 5
3. One2One Hearing Clinic in Spruce Home, SK - RM of Buckland No. 491, Div. 5
4. Attended the Future of Food Conference in Ottawa







# FARM SAFETY DRAWING CONTEST

APRIL – AUGUST 2024

AGES 5–8

AGES 9–13

The Agricultural Health and Safety Network hosted a Farm Safety Drawing Contest for kids ages 5-13 to highlight what farm safety means to them. We extend our gratitude to all the children for their creative representations of farm safety and for enthusiastically sharing their knowledge on the topic. We also appreciate the parents and teachers for fostering discussions about farm safety themes in preparation for the drawings and their submissions. Additionally, a big thank you goes to our member RMs for displaying and promoting the contest poster in their offices and schools.

**262  
SUBMISSIONS**

## DRAWING CATEGORIES



**GRAIN SAFETY**



**MACHINERY SAFETY**

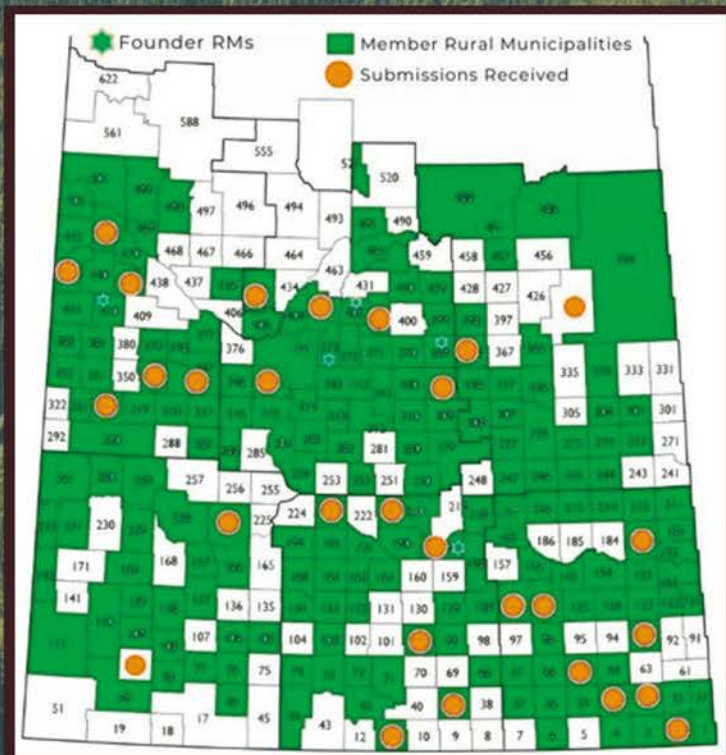


**ANIMAL SAFETY**



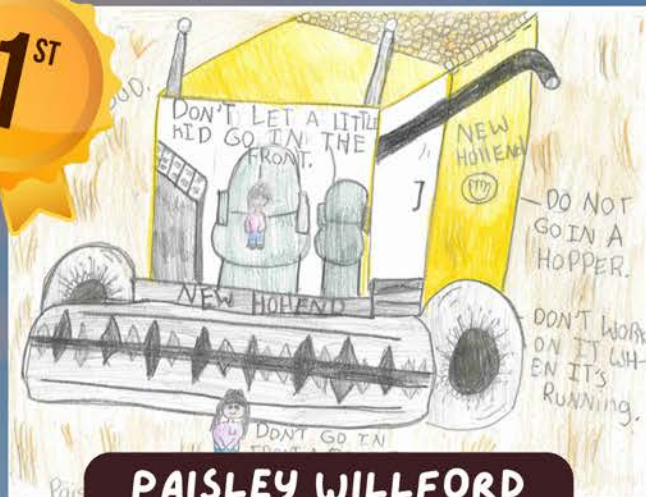
**SUN SAFETY**

**THANK YOU TO EVERYONE  
WHO SUBMITTED A FARM  
SAFETY WORK OF ART!**



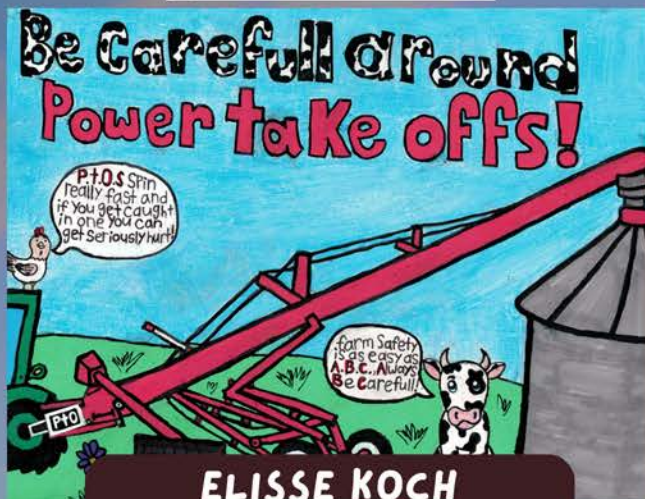


## AGES 5 - 8

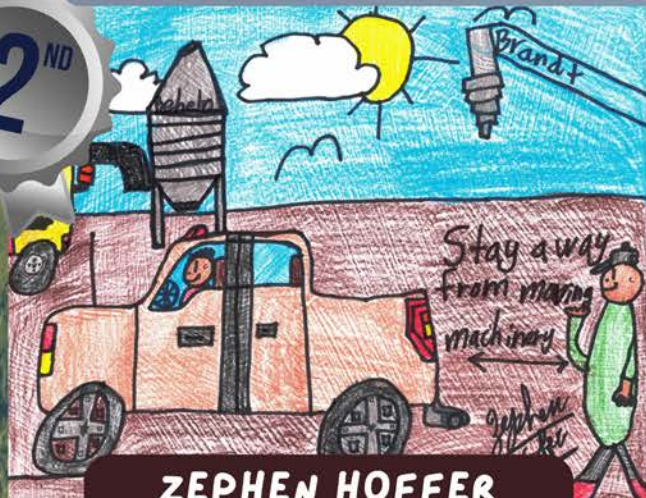


**PAISLEY WILLFORD**  
CORONACH, SK

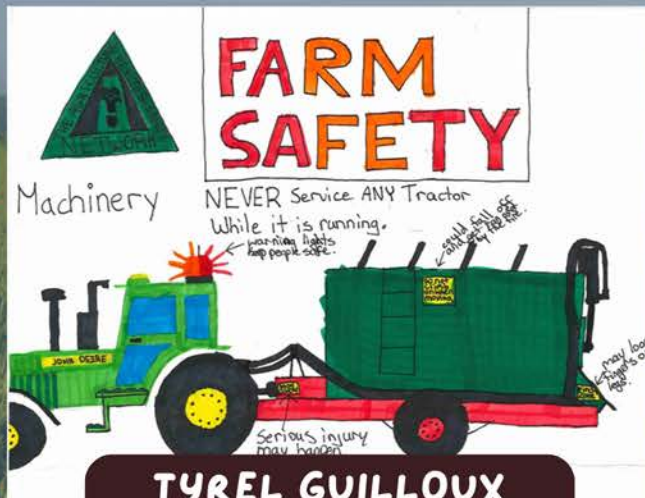
## AGES 9 - 13



**ELISSE KOCH**  
MARSDEN, SK



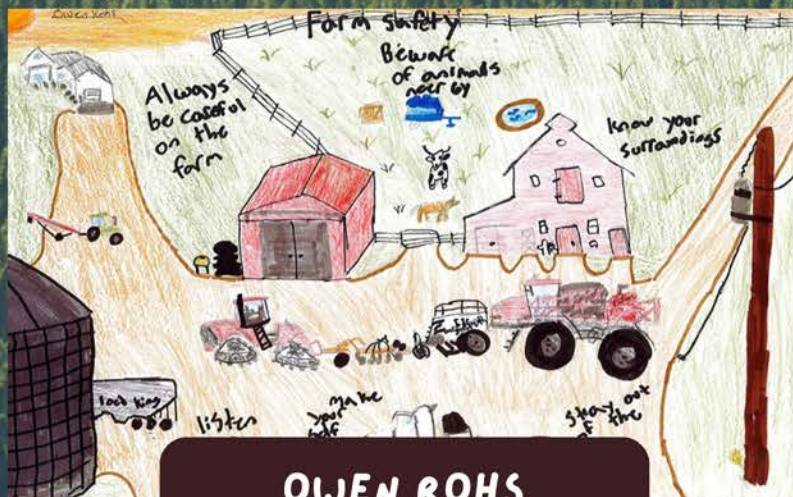
**ZEPHEN HOFFER**  
LUMSDEN, SK



**TYREL GUILLOUX**  
KENNEDY, SK



**CLAIRE KESSEL**  
EDENWOLD, SK



**OWEN ROHS**

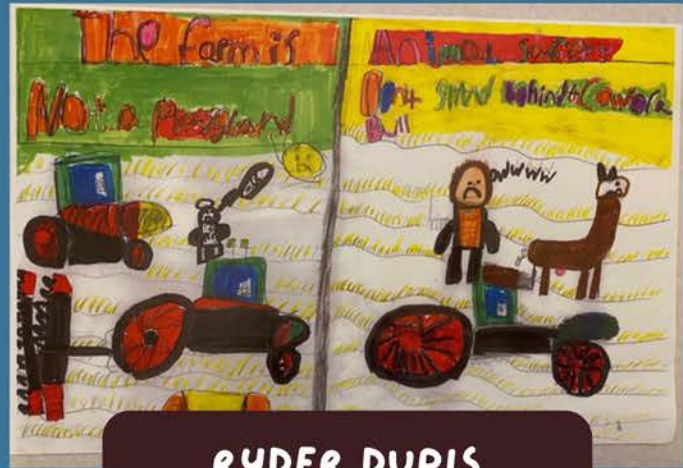


# HONOURABLE MENTIONS

AGES 5 – 8



BLAIR BOUTIN



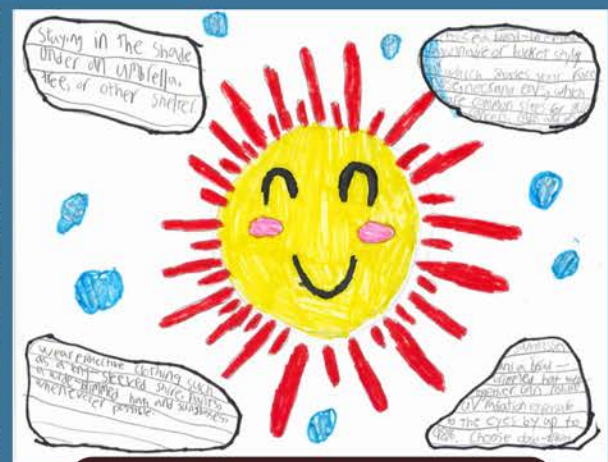
RYDER DUPIS



HILARY PERNITSKY



MADDY WISMER

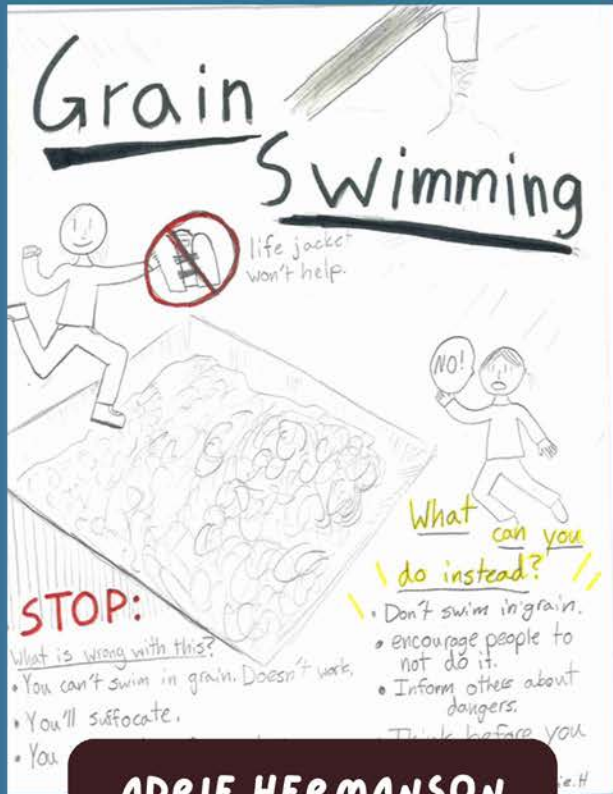


JUDE RINGROSE-HOBBS

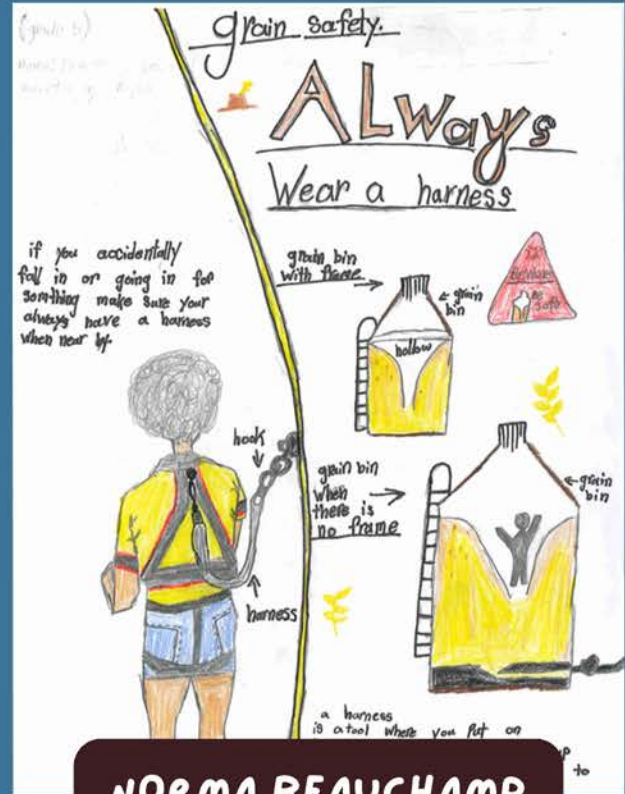


# HONOURABLE MENTIONS

AGES 9 - 13



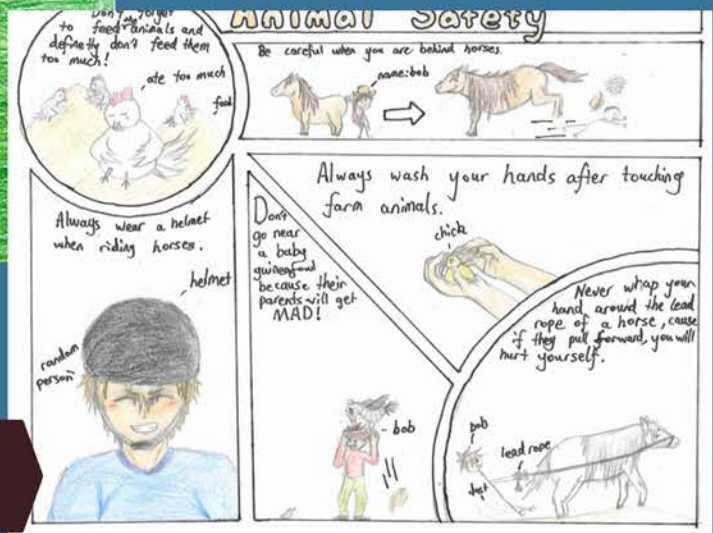
**ADRIE HERMANSON**



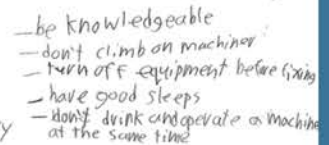
**NORMA BEAUCHAMP**



**EMILY LIN**



**AGES 9 - 13**



## GAGE GEDAK







## STRONGER TOGETHER IN AG HEALTH AND SAFETY - SUPPORTING THE CANADIAN AGRICULTURAL SAFETY ASSOCIATION

The Network and the Canadian Agricultural Safety Association (CASA) have been long-time partners in promoting agricultural health and safety. With our shared goals and visions, we are proud to support CASA's farm safety initiatives for Canadian farm families through our social media platforms.



### KIDS FARMSAFE WEEK

**May 13-19, 2024**

Keeping kids safe on the farm is important year-round. The Kids FarmSafe Week initiative is committed to nurturing the future of agriculture by prioritizing the health and safety of young people involved in the agricultural industry. This initiative highlights the risks children face in agriculture and offers resources to ensure their safety on the farm.

### BEGRAINSAFE WEEK

**August 12-18, 2024**

BeGrainSafe Week raises awareness about the dangers associated with grain, grain handling, grain storage and more.

**BeGrainSafe**



### CANADIAN AGRICULTURAL SAFETY WEEK

**March 16-22, 2025**

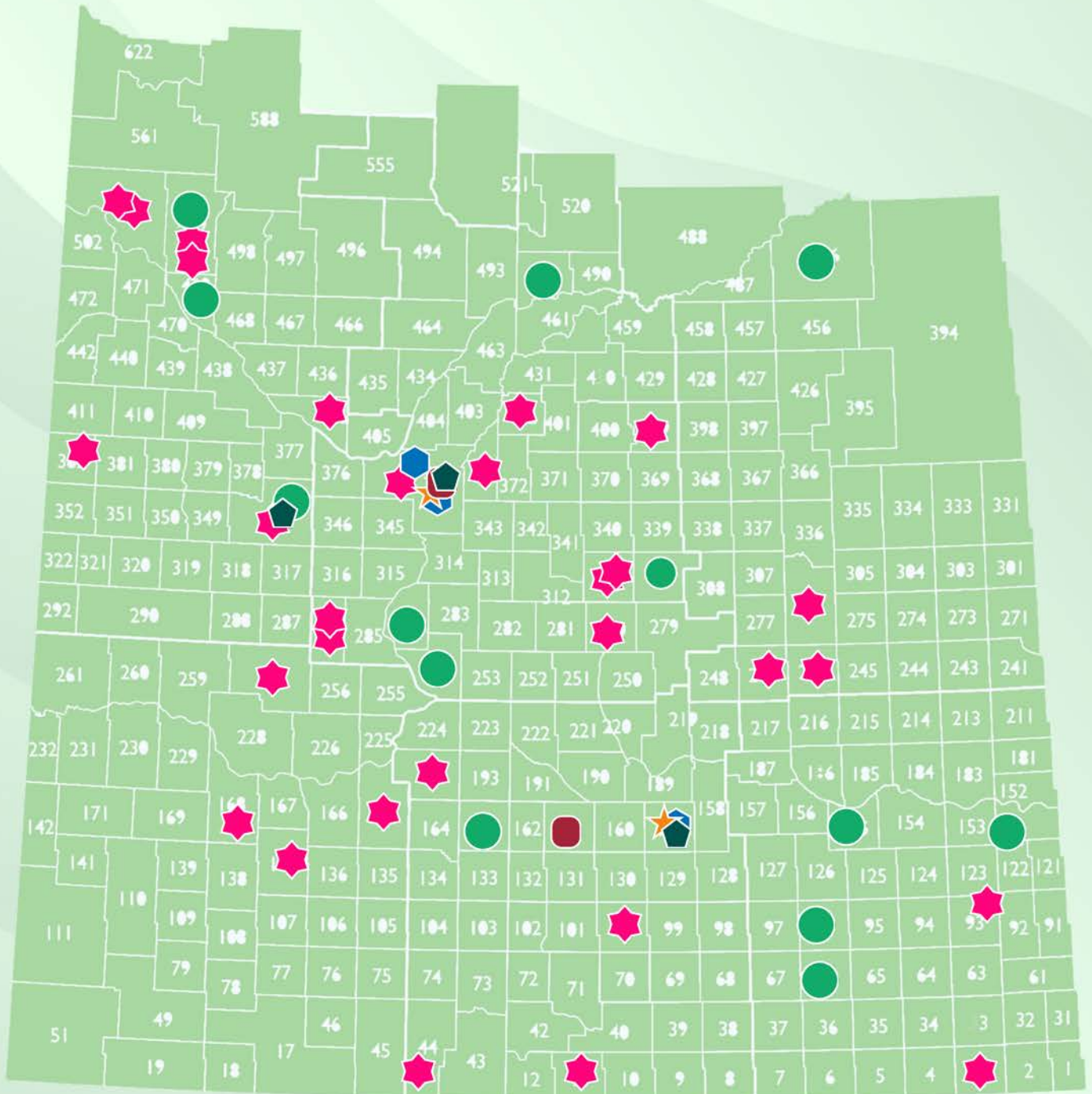
Canadian Agricultural Safety Week (CASW) raises public awareness about the significance of farm safety. This campaign occurs annually during the third week of March.





## NETWORK ACTIVITIES - OVERVIEW

- One2One Respiratory & Hearing Clinics
- ◆ Presentations (SK)
- ★ Discovery Days
- ★ Conventions, Conferences and Symposia (SK)
- ◆ Trade Shows
- Gear Up for Ag Health and Safety

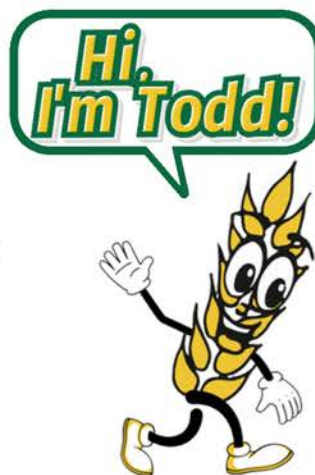




## DISCOVERY DAYS

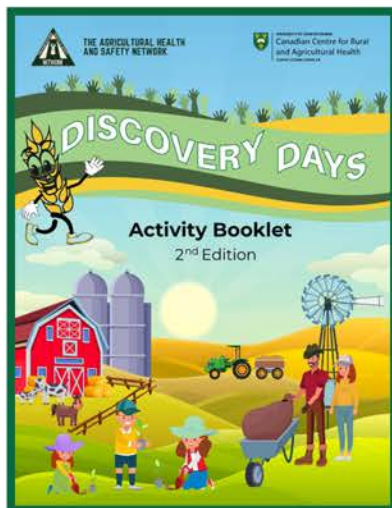
### What are Discovery Days?

Offered in rural member RM member schools, the Agricultural Safety Discovery Days promote safety awareness among rural Saskatchewan children. The interactive program aims to educate children on the potential hazards associated with farm work and equip children with the knowledge to identify and circumvent risks. In-person or virtual delivery of our Discovery Days presentations are designed for rural students in grades 4-6.



Scan the QR Code to learn more about Discovery Days!

### Discovery Days Booklets



Two booklets were developed to support the Discovery Days program and farm safety awareness.

1. **Discovery Days Activity Booklet - 2nd Edition**
2. **Available Discovery Days Presentations**

Both booklets are accessible via the Discovery Days page on our website.



*Thank you to SaskPower for joining us for multiple Discovery Days presentations!*

*Thank You*

**SASKATCHEWAN WHEAT DEVELOPMENT COMMISSION &  
SASK OILSEEDS**  
For your support of the Discovery Days Program in 2024



**SASK  
OILSEEDS**



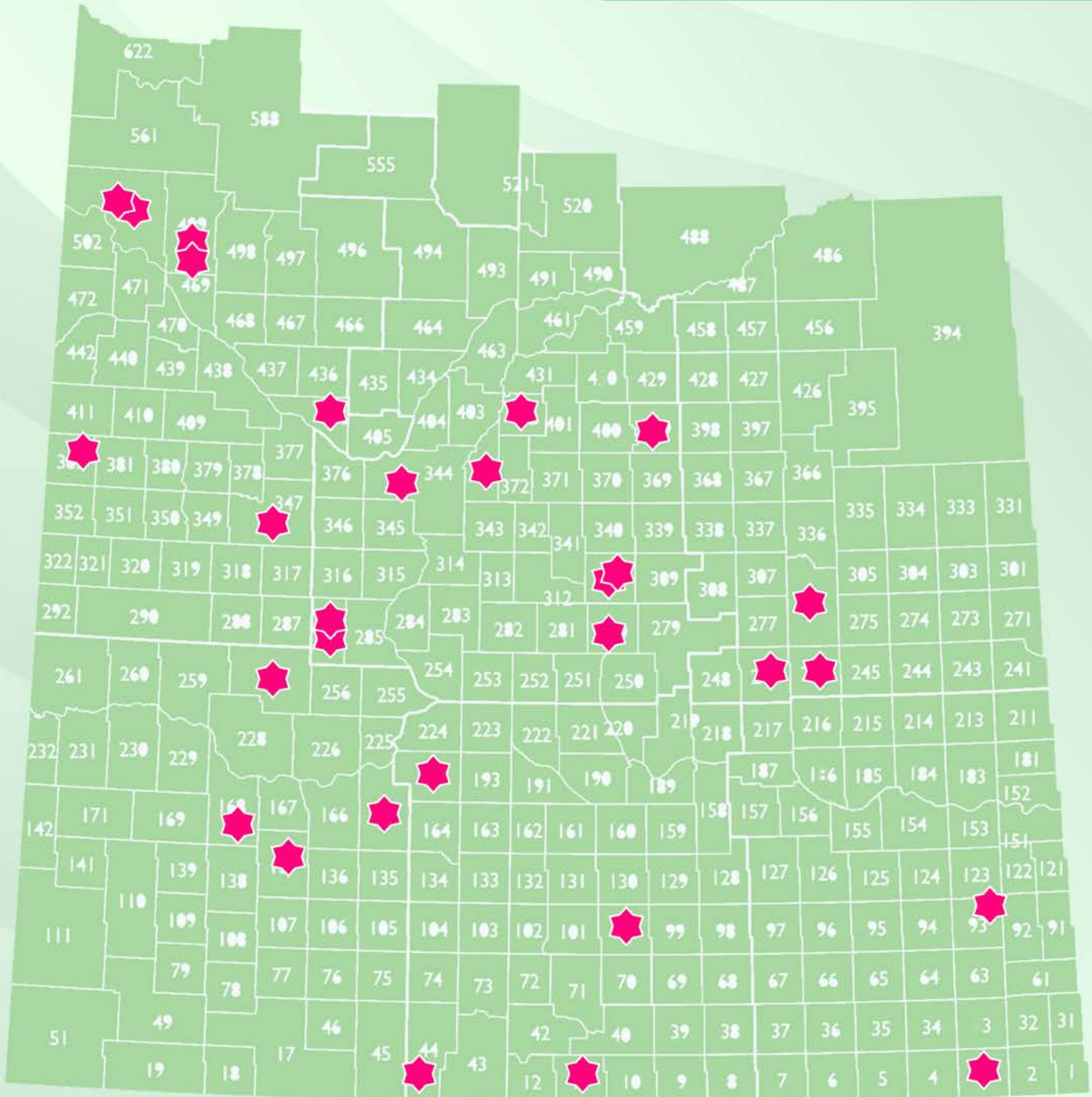
## Discovery Days

April 2024 - March 2025

★ Presentation Location



**8851.2 KMs**  
travelled from  
April 2024 - March  
2025





## List of Discovery Days

### April 2024 - March 2025



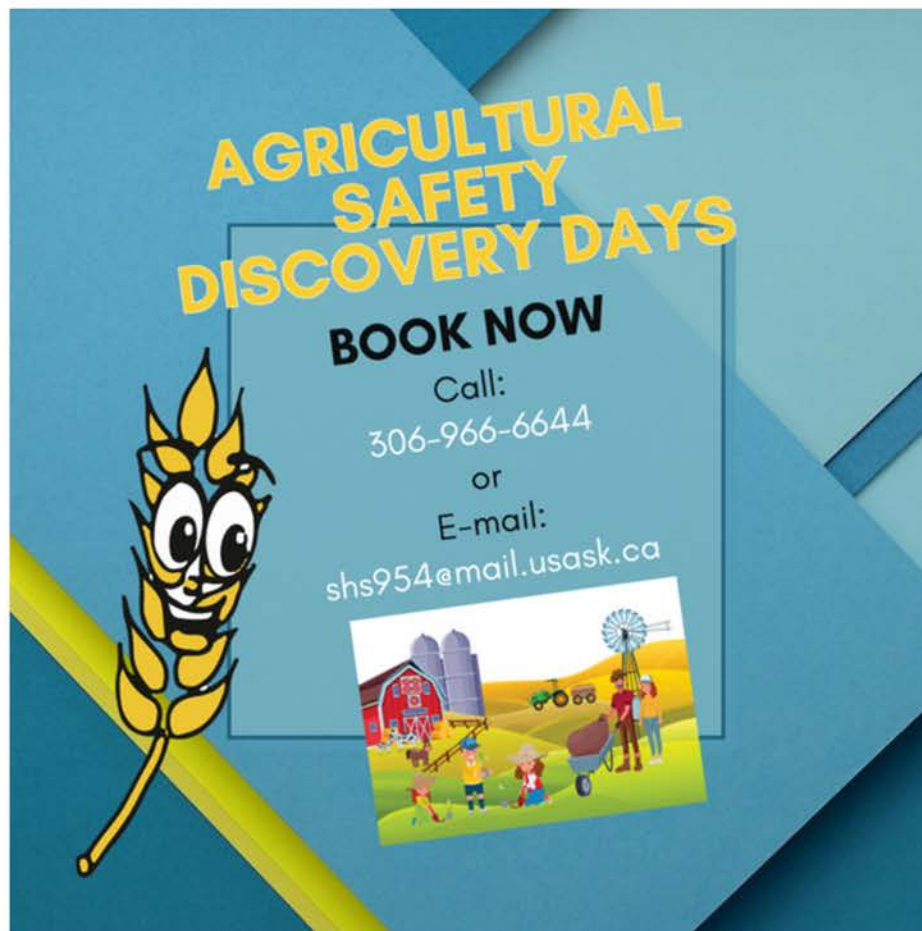
We hope you enjoyed Discovery Days as much as we did! See you soon!



**112 Presentations**  
at 30 schools in 25 RMs  
for **1640 Students**

School	Date	RM	Div	# Students
Success School	April 10, 2024	RM of Riverside No. 168	3	26
Turtleford Community School	April 16, 2024	RM of Mervin No. 499	6	62
Paradise Hill School	April 16, 2024	RM of Frenchman Butte No. 501	6	38
St. Walburg School	April 17, 2024	RM of Frenchman Butte No. 501	6	63
Aberdeen Composite School	May 1, 2024	RM of Aberdeen No. 373	5	77
Macklin School	May 2, 2024	RM of Eye Hill No. 382	6	21
Central Butte School	May 14, 2024	RM of Enfield No. 194	2	46
Wawota Parkland School	May 22, 2024	RM of Wawken No. 93	1	55
Avonlea School	May 24, 2024	RM of Elmsthorpe No. 100	2	43
Biggar Ag Safety Days	May 29, 2024	RM of Biggar No. 347	6	305
Wakaw School	June 5, 2024	RM of Fish Creek No. 402	5	72
Kelliher School	September 25, 2024	RM of Kellross No. 247	4	20
Lanigan Home School Assoc.	September 27, 2024	RM of Usborne No. 310	5	16
Elrose School	October 3, 2024	RM of Monet No. 257	3	60
Lanigan School	October 24, 2024	RM of Usborne No. 310	5	63
Langham Elementary School	October 30, 2024	RM of Corman Park No. 344	5	45
Maymont Central School	November 19, 2024	RM of Mayfield No. 406	6	40
Turtleford Community School	November 20, 2024	RM of Mervin No. 499	6	75
Cornach School	November 26, 2024	RM of Harte Butte No. 11	2	48
Glentworth School	November 27, 2024	RM of Waverley No. 44	2	30
Ituna School	November 29, 2024	RM of Ituna Bon Accord No. 246	4	70
Nokomis School	January 22, 2025	RM of Wreford No. 280	5	39
Lake Lenore School	February 11, 2025	RM of Lake Lenore No. 399	5	23
Natural Wonders Early Learning Centre	February 18, 2025	RM of Swift Current No. 137	3	33
Oxbow Prairie Horizon School	March 4, 2025	RM of Enniskillen No. 3	1	71
Wymark School	March 5, 2025	RM of Swift Current No. 137	3	44
Herbert School	March 12, 2025	RM of Morse No. 165	3	35
Foam Lake School	March 24, 2025	RM of Foam Lake No. 276	4	75
Milden Colony School	March 31, 2025	RM of Milden No. 286	5	22
Dinsmore Colony School	March 31, 2025	RM of Milden No. 286	5	23







## ONE2ONE: RESPIRATORY AND HEARING CLINICS

### What is One2One?

One2One Respiratory and Hearing Clinics are for Saskatchewan farmers/ranchers, their families and agricultural workers. Participants have the unique opportunity to meet with a trained agricultural occupational health nurse in a confidential setting to address their health and safety concerns. Our program offers personalized screenings and assessments tailored to the specific hazards, risks and exposures associated with their specific agricultural work. Our agricultural health nurse provides resources and referrals to optimize the personal health and safety of each participant. The clinics are held either in a local RM or at our clinic at the USask campus.



### ONE2ONE HEARING HEALTH CLINIC FOR FARMERS



UNIVERSITY OF SASKATCHEWAN  
Canadian Centre for Rural  
and Agricultural Health  
CCRAH-CCSRA.USASK.CA

STRONGER TOGETHER IN  
AGRICULTURAL HEALTH AND SAFETY

#### CLINIC PARTICIPANTS WILL:

- Complete a hearing health questionnaire and review personal agriculture hazards.
- Participate in audiometric (hearing) testing.
- Receive copy and interpretation of test results.
- Instruction will be given on proper use and care of hearing protection for the workplace.
- Referrals made for follow-up if necessary.
- Increase awareness of Agricultural Health and Safety Resources/Programs

WHEN:

WHERE:

HOSTED BY:

FOR APPOINTMENTS CALL:



UNIVERSITY OF SASKATCHEWAN  
Canadian Centre for Rural  
and Agricultural Health  
CCRAH-CCSRA.USASK.CA

SARM

Government  
of  
Saskatchewan

Are you interested in hosting  
a hearing or respiratory clinic  
for your farm families and RM  
Employees?

Contact (306) 966 - 6643 or  
[aghealthandsafety@usask.ca](mailto:aghealthandsafety@usask.ca)

If your RM is interested in  
offering a Hearing Loss  
Prevention Clinic for RM  
employees, please reach out!  
Many RMs request to hold a  
clinic for RM employees and  
farmers on the same day. We  
look forward to working with  
your RM!



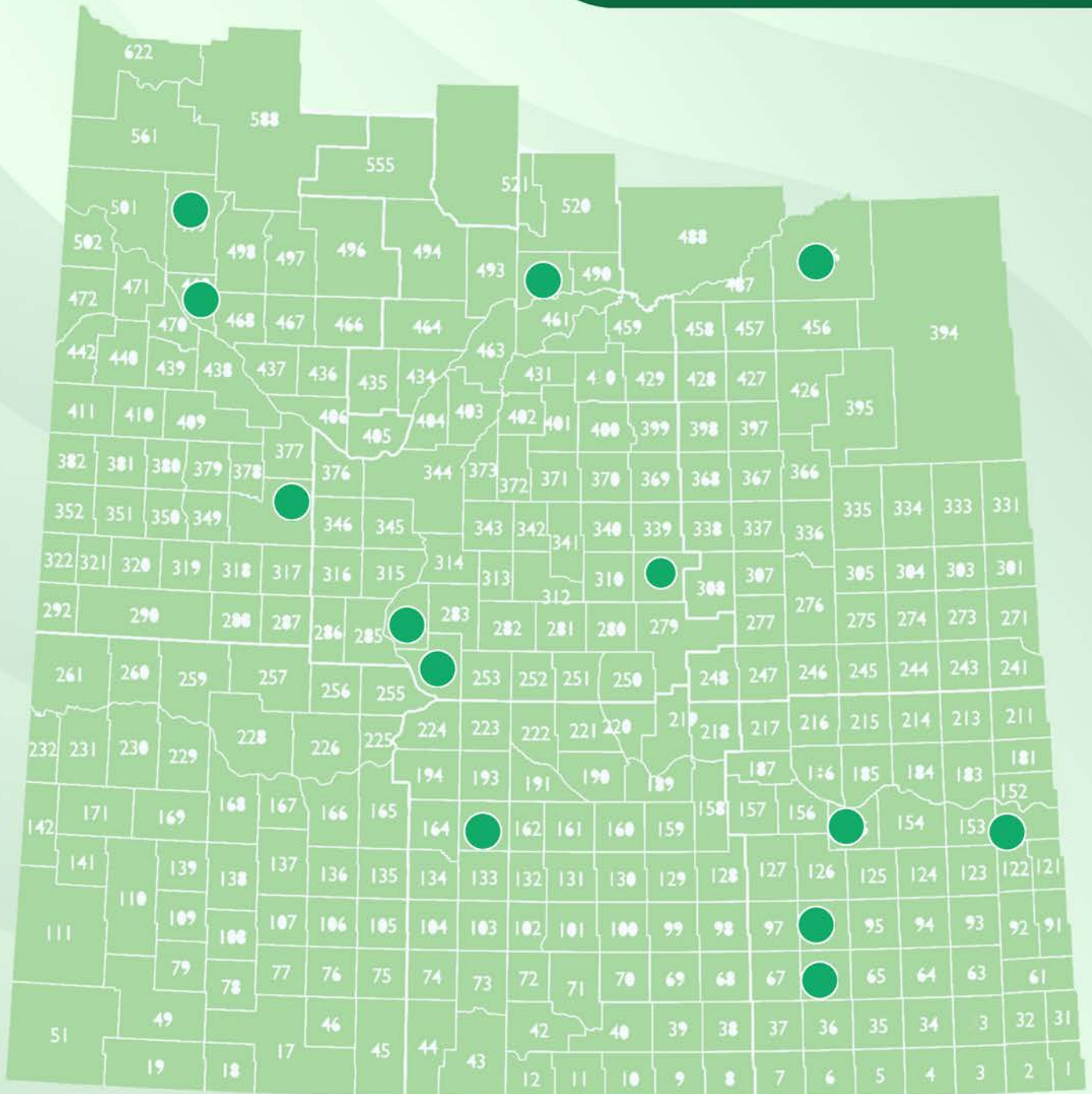
## One2One Respiratory and Hearing Clinics

April 2024 - March 2025

● Clinic Location



**6452.4 KMs**  
travelled from  
April 2024 - March  
2025





## List of One2One Clinics April 2024 - March 2025



**139 Clients**  
screened in  
**13 RMs**

				One2One	CANWORKSAFE
Clinic Date	RM No.	Location	Div	Ratepayers Screened	RM Employees
April 18, 2024	RM of Loreburn No. 254	Loreburn, SK	5	6	6
June 12, 2024	RM of Mervin No. 499	Turtleford, SK	6	0	16
July 9, 2024	RM of Rocanville No. 151	Rocanville, SK	1	3	8
July 10, 2024	RM of Griffin No. 66	Griffin, SK	1	4	7
November 3, 2024 re-scheduled to April 1, 2025	RM of Wolseley No. 155	Wolseley, SK	1	11	0
November 27, 2024 re-scheduled	RM of Rocanville No. 151	Rocanville, SK	1	N/A	N/A
January 29, 2025	RM of Wheatlands No. 163	Mortlach, SK	2	7	0
February 11, 2025	RM of Buckland No. 491	Prince Albert, SK	5	7	6
February 13, 2025	RM of Fillmore No. 96	Fillmore, SK	1	7	3
March 3, 2025	RM of Prairie Rose No. 309	Janzen, SK	5	9	2
March 17, 2025	RM of Biggar No. 347	Biggar, SK	6	6	1
March 18, 2025	RM of Turtle River No. 469	Edam, SK	6	11	0
March 25, 2025	RM of Moose Range No. 486	Carrot River, SK	4	1	7
March 27, 2025	RM of Rudy No. 284	Broderick, SK	5	7	4





## ONE2ONE MOBILE UNIT UPDATE

In the fall of 2023, CCRAH and AHSN received an anonymous donation of \$1.5 million to develop two mobile units for rural health and wellness. The donor requested that these mobile units be named after the rural Saskatchewan town of Waseca. Following the purchase of the first vehicle (Waseca 1- a 2024 Ford Expedition) in the summer of 2024, we have been collaborating with designers to create a vehicle wrap for both vehicles (Waseca 1 and 2). The wrap design will prominently feature the name "Waseca," which will be on both an elevator within the design and on the back of the vehicles. The inclusion of the name on the elevator is particularly symbolic for Waseca, as the town still has standing elevators, a feature that is becoming increasingly rare across the province. Additionally, the design incorporates agricultural imagery that will resonate with the Waseca community, rural residents, and the services provided by the mobile units.

While the wrap design is being finalized, we have been taking Waseca 1 on the road at rural schools for Discovery Days presentations and to RM offices for clinics. Locations and pictures of these activities are being widely shared in community on our social media.

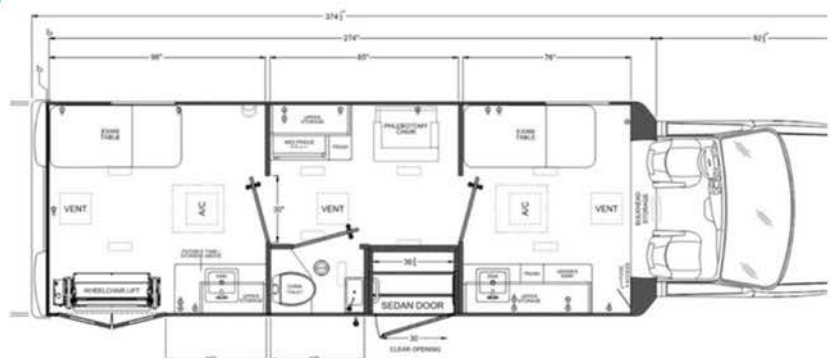
### Waseca 1

On the road since the summer of 2024, Waseca 1 has transported staff, resources, supplies and equipment across rural Saskatchewan to provide agricultural health and safety prevention, education and clinic services. As an example, at the Western Canadian Crop Production Show (held in Saskatoon from January 14-16, 2025), we had nearly 400 people visit our booth to access education resources and to speak with staff! This unit has allowed us to travel to 11 rural municipalities, provide 29 rural school presentations, and attend 5 trade shows, conferences, and events—reaching almost 1,700 rural people! **This unit is making a difference to rural people.**



### Waseca 2 - Coming Soon!

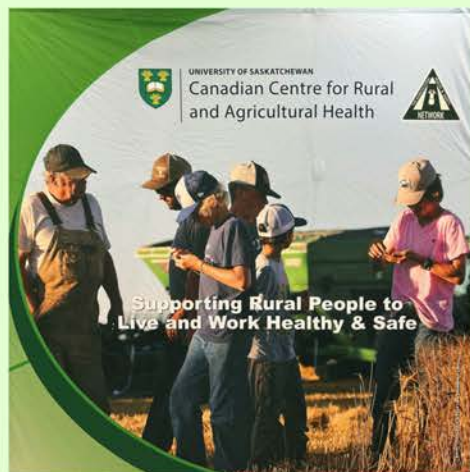
Final design of the fully equipped Waseca 2 mobile unit is currently under way. This new unit will expand our mobile health screening services for rural Saskatchewan to enhance health and safety of farm families and agricultural workers.





## TRADE SHOWS

### New Trade Show Items



#### *Building Our Identity to Reflect the Communities We Support - "Supporting Rural People in Agricultural Health and Safety"*

Over the past year, the Network has been refining its messaging and visual identity to represent the agricultural community in Saskatchewan.



Recently, we have implemented this new vision in a backdrop banner for our trade show booth and a new 2025 magnet to distribute at trade shows.

### Coming Soon!

#### **Mental Wellness for Saskatchewan Farmers & Ranchers**

Immediate support magnet



### Recent Trade Shows

Date	Event	Location
June 18 - 20, 2024	Canada's Farm Show	Regina, SK
July 5, 2024	Weyburn Fair - Ag Safety Zone	Weyburn, SK
July 16 - 18, 2024	Ag in Motion	Langham, SK
January 14 - 16, 2025	Western Canadian Crop Production Show	Saskatoon, SK
February 4 - 6, 2025	Saskatchewan Safety Seminar	Saskatoon, SK
February 6 -7, 2025	Celebrating Rural Ranching Women	Biggar, SK
March 11 - 13, 2025	SARM Annual Convention and Trade Show 2025	Saskatoon, SK
March 18 - 20, 2025	Canada's Farm Show	Regina, SK





# Thank You

to the farm families of Saskatchewan for visiting our trade show booth and to the organizers for putting on amazing farm shows!





## CONVENTIONS, CONFERENCES AND SYMPOSIA

The Network is dedicated to connecting with agricultural health and safety professionals to share knowledge and build meaningful connections. By fostering these relationships, we aim to enhance the well-being of farm families in Saskatchewan and create a supportive environment that promotes safety, innovation, and prosperity for everyone involved in agriculture.

Date	Event	Location
June 17 - 20, 2024	International Society for Agricultural Safety and Health (ISASH)	Portland, Oregon, USA
July 11, 2024	International Farm Management Congress - Tour of Centre	Saskatoon, SK, Canada
September 18, 2024	WIM/WiN SK - Mine Your Potential	Saskatoon, SK, Canada
November 4 - 6, 2024	Canadian Common Ground Alliance (CCGA) Damage Prevention Symposium	Regina, SK, Canada
November 7 - 8, 2024	SK Women in Ag - Connect: The Heart of the Farm Conference	Saskatoon, SK, Canada
November 6 - 8, 2024	Midwest Rural and Agricultural Safety and Health (MRASH)	Ames, IA, USA
November 19 - 21, 2024	Agricultural Excellence Conference	Abbotsford-Chilliwack, BC, Canada
November 20 - 21, 2024	SARM Midterm Convention	Saskatoon, SK, Canada
November 28, 2024	National Symposium on Agricultural Mental Health	Online
February 4 - 6, 2025	Saskatchewan Safety Seminar	Saskatoon, SK, Canada
February 11 - 12, 2025	Future of Food	Ottawa, ON, Canada
March 11 - 13, 2025	SARM Annual Convention and Trade Show 2025	Saskatoon, SK, Canada





## PRESENTATIONS & MEETINGS

The Network is committed to sharing and expanding our knowledge with individuals dedicated to the health and safety of rural and agricultural communities from around the globe. By collaborating and exchanging insights, we aim to foster a safer and healthier environment for rural families in Saskatchewan.

Date	Event	Location
May 29, 2024	Progressive Agriculture Day	Biggar, SK, Canada
July 3, 2024	RM Membership Recruitment Presentations and Drop-In's	RM of Shellbrook No. 493 RM of Blaine Lake No. 434 RM of Spiritwood No. 496 RM of Canwood No. 494 RM of Leask No. 464
November 4- 6, 2024	Canadian Common Ground Alliance (CCGA) Damage Prevention Symposium	Regina, SK, Canada
November 6 - 8, 2024	Midwest Rural and Agricultural Safety and Health (MRASH) Conference	Ames, IA, USA
November 19 - 21, 2024	Agricultural Excellence Conference	Abbotsford-Chilliwack, BC, Canada
November 20 - 21, 2024	SARM Midterm Convention	Saskatoon, SK, Canada
February 6 - 7, 2025	Celebrating Rural Ranching Women	Biggar, SK, Canada
February 10, 2025	Network Steering Committee	online
February 20, 2025	Meeting with Ministry of Ag, Rural and Remote Health, and SARM	Regina, SK, Canada
March 11 - 13, 2025	SARM Annual Convention and Trade Show	Saskatoon, SK, Canada





## GEAR UP FOR AG HEALTH & SAFETY

### Delivered to:

Date	Location	RM	Div.	# Students
April 17, 2024	College of Agriculture and Bioresources - University of Saskatchewan	RM of Corman Park No. 344	5	45
November 5, 2024	College of Nursing - University of Saskatchewan	RM of Corman Park No. 344	5	60
December 3, 2024	Saskatchewan Polytechnic - Moose Jaw Campus	RM of Moose Jaw No. 161	2	24

**129** Students received PPE - eyewear, respirators, gloves, coveralls, hearing protection, Gear Up For Ag bags.



**Gear Up for Ag Health & Safety** trains the next generation in agricultural health & safety practices: post-secondary ag students attending trade schools, colleges and universities. Students are encouraged to share safety practices with family and friends, reaching multiple generations living and working together in agriculture. These students go on to work in many parts of agriculture including ag business, ag extension, ag education, ag trades, on farm operations, public health, veterinary medicine, and many more applications.

The Agricultural Health and Safety Network collaborated with the Ag Health & Safety Alliance to organize and implement the *Gear Up for Ag Health and Safety* Program across three academic institutions: the University of Saskatchewan's College of Agriculture and Bioresources, the College of Nursing, and Saskatchewan Polytechnic in Moose Jaw. We showcased the "Power of Partnerships" through presentations at two conferences: ISASH in Portland (June 2025) and the CCGA Symposium in Regina (November 2025).

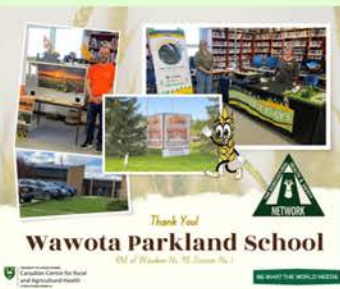




## IN THE MEDIA

The Network and CCRAH Communications team have been committed to expanding our social media presence. We've been sharing our achievements, journeys, and valuable information with the agricultural communities of Saskatchewan.

**2433 Followers**  
on Centre and  
Network social media  
platforms





## FARM SAFETY PLAN PROJECT

### Updates to Guide & Templates

- Farm Safety Plan (FSP) Guide & templates/documents - updated to reflect feedback from 2022 Pilot Project.
- Additional resources added for: mental health, fatigue and contractor requirements.
- Workplace violence and harassment content meets new OHS regulations.
- Modules organized to reflect a staged approach of **Start With**, **Next When Ready** and **Finally** to promote integration of the FSP over time and at each farm's pace.
- Practical coaching tips added throughout the modules to make content more user friendly to promote user success.



The poster features the 'The Agricultural Health & Safety Network' logo at the top left, which is a triangle containing a stylized figure. To the right of the logo is the text 'UNIVERSITY OF SASKATCHEWAN Canadian Centre for Rural and Agricultural Health CCHSA-CCSSMA.USASK.CA'. The main headline reads 'DOES YOUR FARM HAVE A FARM SAFETY PLAN?' in large, bold, green letters. Below this, a circular inset photo shows four people (three men and one woman) gathered around a table, looking at a laptop. To the right of the photo, it says 'We can support you in the process!'. A dark green banner below the photo contains the text 'Attend upcoming training sessions on How To Build Your Farm Safety Plan!'. Below this banner is a list of five bullet points: 'Save Time by using pre-developed tools, templates & policies.', 'Learn the importance of documentation and communication.', 'Help family and farm employees better understand their roles and responsibilities in staying safe and healthy.', 'Improve your overall occupational health and safety culture and compliance.', and 'For more information, please contact: aghealthandsafety@usask.ca'. A QR code is located on the right side of the poster, and the website 'aghealth.usask.ca' is at the bottom left.

**THE AGRICULTURAL HEALTH & SAFETY NETWORK**

UNIVERSITY OF SASKATCHEWAN  
Canadian Centre for Rural and Agricultural Health  
CCHSA-CCSSMA.USASK.CA

# DOES YOUR FARM HAVE A FARM SAFETY PLAN?

We can support you in the process!

Attend upcoming training sessions on How To Build Your Farm Safety Plan!

- **Save Time** by using pre-developed tools, templates & policies.
- **Learn** the importance of documentation and communication.
- **Help** family and farm employees better understand their roles and responsibilities in staying safe and healthy.
- **Improve** your overall occupational health and safety culture and compliance.

For more information, please contact:  
aghealthandsafety@usask.ca

aghealth.usask.ca

### Project Next Steps

- Goal: to deliver coaching workshops in 2025 in blocks of (2 online and 1 in-person) per group of participants, to support farmers in the journey of FSP development.
- Promote FSP project and workshops at tradeshow and One2One Clinics- gathering interested farms to participate in upcoming workshops.
- Formal promotional campaign in development.

**Thank you for Vital Insight for your consultation services on this project to date!**

**Thank you to our partners for your continuous support!**



Government  
— of —  
Saskatchewan



**Sustainable Canadian Agricultural Partnership**  
Competitive. Innovative. Resilient.



## RESEARCH TO ACTION

The Agricultural Health and Safety Network actively invites Saskatchewan rural residents and agricultural producers to participate in exciting research projects and activities happening at the Centre and partner organizations. The valuable insights gained from this research are then transformed into useful resources, which the Network and partners share back with the agricultural community in Saskatchewan.

# RESEARCH TO ACTION



### SUPPORTING RESEARCH

Exploring the current hazards in agricultural settings. Which agricultural practices pose risks to producers? What health concerns do producers face? How can we provide the support they need?

### DEVELOPING RESOURCES

From videos to booklets, fact sheets to brochures, we transform research into practical takeaways for agricultural producers, available both digitally and physically.

### SHARING KNOWLEDGE

We attend trade shows, conventions, conferences, as well as give presentations in rural communities to share our findings with rural and agricultural communities, government, and our partners!



# RESEARCH TO ACTION - SUCCESS AT AG IN MOTION

The Canadian Centre for Rural and Agricultural Health had an impactful presence at Ag in Motion this year, connecting with industry, community, and academic partners!



in partnership with:



The AHSN, in partnership with SunSmart Saskatchewan, shared sun safety knowledge and resources for show attendees! SunSmart Saskatchewan was on-site with us, providing skin cancer and damage screenings.



The SHER Group from CCRAH attended Ag in Motion for the first time with support from Morris Equipment to recruit participants for their farm shoulder study. This study looked at the impact of upper body injuries while doing farm tasks like using a drill, shoveling, and carrying a heavy seed bag while climbing up a air seeding cart. The SHER team had a total of **17 participants!**





## SUPPORTING MENTAL WELLBEING FOR SK FARMERS/RANCHERS

If your safety is at immediate risk, call 911

SaskAgMatters - free counselling services	call 1-306-371-7644
211 Saskatchewan	call or text 2-1-1
Family Service Saskatoon	call 1-306-244-0127
Counselling Connect Saskatchewan	<a href="https://www.counsellingconnectsask.ca/">https://www.counsellingconnectsask.ca/</a>
Farm Stress Line	call 1-800-667-4442
National Farmer Crisis Line - 24/7 support	call 1-866-327-6701
AgTalk - non-crisis peer to peer support platform	visit <a href="http://domore.ag/agtalk">domore.ag/agtalk</a>
Kids Help Phone	text 686868 or call 1-800-668-6868
HealthLine	call 8-1-1
Suicide Crisis Helpline	call or text 9-8-8
Mobile Crisis Services	call 1-306-757-0127
Problem Gambling Helpline	call 1-800-306-6789
Adult Sexual Assault Helpline	call 1-800-214-7083
First Nations & Inuit Hope for Wellness Help Line	call 1-855-242-3310
Dementia Helpline	call 1-877-949-4141

### Mental Wellness for Saskatchewan Farmers & Ranchers

#### Immediate Support

If you or someone you know is struggling with mental well-being, remember...  
You are not alone—there is hope and there is help!



UNIVERSITY OF SASKATCHEWAN  
Canadian Centre for Rural and Agricultural Health  
CCRAH-CCSRA.USASK.CA



Supporting Rural People in Agricultural Health and Safety

### SaskAgMatters Mental Health Network Inc.

*Supporting the people who feed us.*

- FREE mental health services for SK ag producers, their family members, and agricultural workers
- 6 hours of free therapy available per year
- Registered mental health professionals with agricultural background/knowledge

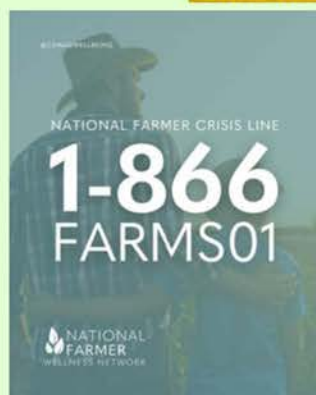
[saskagmatters.ca](http://saskagmatters.ca)

SaskAgMatters was founded in response to research findings from producers through the Saskatchewan Farmer and Rancher Mental Health (FARMh) Initiative

Contact us: [saskagmatters@gmail.com](mailto:saskagmatters@gmail.com) | 1-306-371-7644

GET CONNECTED

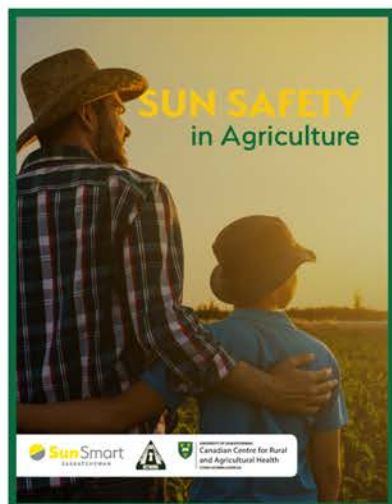
SCAN with phone camera





## NEW AND UPCOMING RESOURCES

All current and upcoming resources are available for download and print on the Network's website!



### Sun Safety in Agriculture

**Available to Saskatchewan producers in April 2025!**

Working outdoors means facing significant risks from sun exposure, especially for Canadian agricultural workers who spend extensive time outside. This exposure heightens the risk of skin cancer and heat stress, but these conditions can be prevented!

This resource will cover:

- Skin Cancer and UV Exposure
- Prevention and UV Protection
- Outcomes of Exposure such as Heat Exhaustion, Heat Stress, Sunburn, etc.



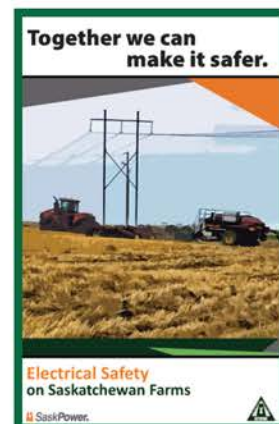
### Tick Resource

The Network is developing a new resource on ticks, covering risks, prevention, and what to do if bitten. Farm workers are at risk of tick bites and diseases like Lyme disease. To prevent bites, wear long sleeves, long pants, closed-toe shoes, tuck pants into socks, and use insect repellent. Avoid tick-prone areas like woods, tall grass, and brush. After being outdoors, do a full-body tick check and wash off loose ticks. If bitten, use fine-tipped tweezers to remove the tick carefully, then use soap and water to wash the area.

### Electrical Safety on Saskatchewan Farms

**2nd Edition in progress in partnership with SaskPower!**

The Electrical Safety on Saskatchewan Farms resource was designed to fill an existing gap in knowledge in the Saskatchewan agricultural community and provide a comprehensive overview of farm electrical safety. The Agricultural Health and Safety Network collaborated with SaskPower for their expertise on the subject and development of this resource.





## NETWORK NEWS

Delivered to:  
**191 Member RMs**

Reach of:  
**21,000 Farm Families**



### Network News Spring 2024 Edition #54

Springtime in Saskatchewan isn't always a sure thing with the weather changing from sunny blue skies to grey snow clouds in a day! As you are gearing up to head out into the fields, take some time to think about health and safety on your farm to make the 2024 growing season your safest season yet. Health and safety around the farm encompasses a wide range of hazards from sun exposure in the hot summer months to respiratory hazards from dusts and chemicals. This edition of the Network News provides plenty of quick reads to help you stay on top of safety this season. The most important part of your farm is the people – you,

your family and your farm workers are what make your farm a success! Both communication and farm safety are essential for a successful farm.

### Network News Fall 2024 Edition #55

As the harvest season kicks into high gear, it is important to focus not just on getting the crop off but also on your own well-being. Managing fatigue and stress is key during these busy times. Long hours and heavy workloads can take a toll, so remember to take regular breaks, stay hydrated, and support one another. With the increased demands of harvest, incidents are more likely to occur. This edition of the Network News provides a basic first aid equipment checklist and information. The feature article in this edition of the Network News, "The Recovering Farmer: A Journey through the Labyrinth of Anxiety & Depression" sheds light on the emotional challenges farmers can face and offers guidance on seeking support and maintaining mental health.



**Coming Soon! Network News Spring/Summer Edition #56 will be delivered in May/June 2025!**  
**Check out all editions of the Network News on our website!**







# **FARM SAFETY** **CALL FOR STORIES**

***SHARE YOUR STORY WITH US!***

**WE WELCOME YOUR STORIES AND LESSONS IN FARM  
SAFETY TO SHARE ON OUR WEBSITE AND  
PUBLICATIONS**

**EMAIL  
AGHEALTHANDSAFETY  
@USASK.CA**

**CALL  
306-966-6644 OR  
306-966-6643**



# Thank You

to our partners that have contributed to the success of the outreach activities of the Agricultural Health and Safety Network!





## CONTACT US

### AGRICULTURAL HEALTH AND SAFETY NETWORK

 [aghealthandsafety@usask.ca](mailto:aghealthandsafety@usask.ca)

 [aghealth.usask.ca](http://aghealth.usask.ca)

 (306) 966 - 6644

#### Social Media

 AgricultureHealthSafetyNetwork

 @SaskAgSafety


### CANADIAN CENTRE FOR RURAL AND AGRICULTURAL HEALTH

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#### Social Media

 USaskCCRAH

 @USaskCCRAH

 Canadian Centre for Rural and Agricultural Health

 Canadian Centre for Rural & Ag Health (@cchsa25)

## BOOTS on the Ground

The Boots on the Ground Newsletter is the Centre's bimonthly newsletter reporting on all of our research, outreach, and services sharing highlights, updates, and events.

Are you interested in staying up to date with all of the Network's activities? Make sure to subscribe to the Boots on the Ground newsletter!

Sign up to receive the next editions of BOTG by scanning the QR Code!



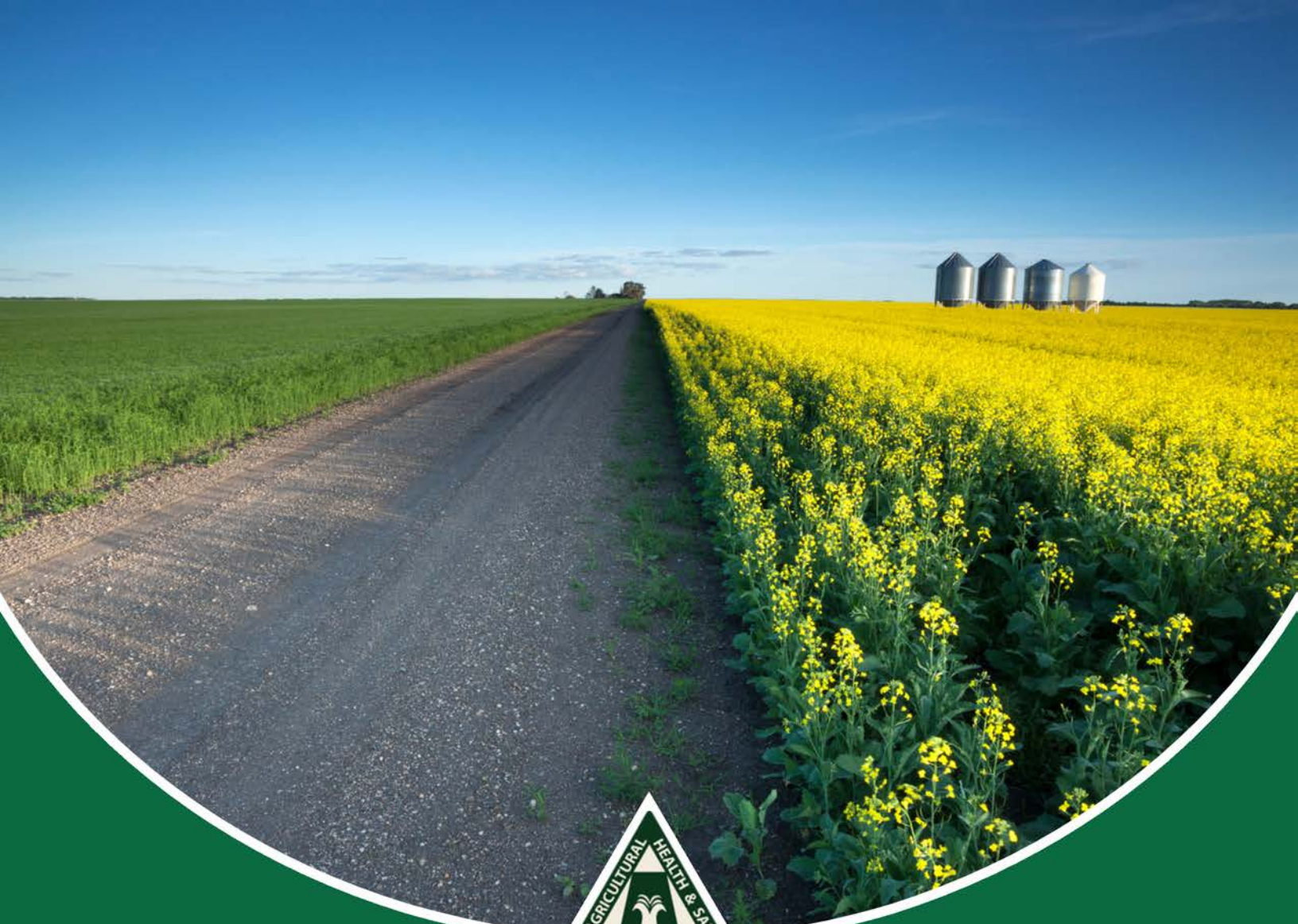
### HAVE YOU HAD POSITIVE EXPERIENCES WITH THE NETWORK?

*Encourage new membership in the Agricultural Health and Safety Network by sharing your experiences with your peers, neighbours, Councilors and other non-Network member RMs in your division.*

### HAVE YOU OR YOUR RM BEEN HELPED BY OUR PROGRAMS?

*Share your views of the programs you and your RM receive directly or indirectly by the Network with non-Network member RMs in your division.*





**[aghealth.usask.ca](https://aghealth.usask.ca)**

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*Cover Photo Credit: Farm & Food Care  
(FarmPhotos.ca)*

*March 2024  
Designed and collated by AHSN team and  
CCRAH Communications team*