



UNIVERSITY OF SASKATCHEWAN
Canadian Centre for Rural
and Agricultural Health
CCHSA-CCSSMA.USASK.CA



AGRICULTURAL HEALTH AND SAFETY NETWORK

ANNUAL REPORT

2025-2026

*SOWING THE SEEDS OF
FARMER AND RANCHER
HEALTH AND SAFETY*



AGRICULTURAL HEALTH AND SAFETY NETWORK

Improving health and safety on the farm through education, service and evaluation research.

204

Rural Municipality members

FROM 191 RMS IN 2025

SERVING OVER

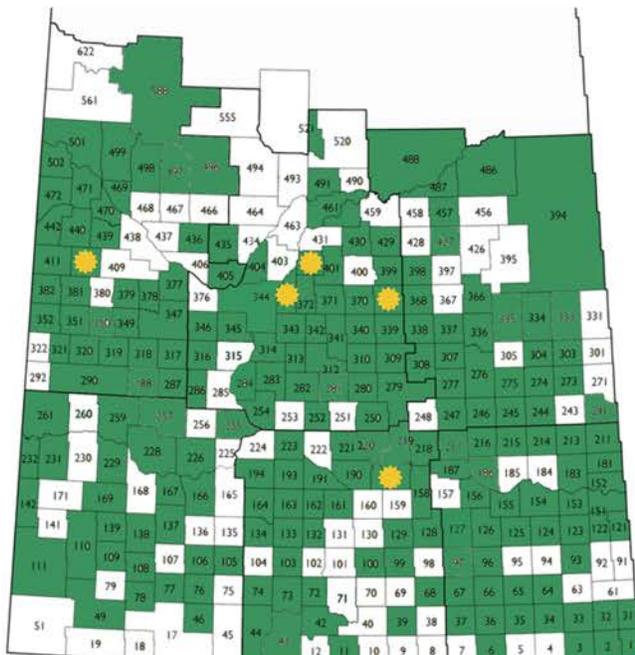
25,000

Saskatchewan farm families

AHSN MEMBERSHIP 2025-2026

☀️ Founding RMs - 1988:

R.M. of Lumsden No. 189, R.M. of St. Peter No. 369, R.M. of Aberdeen No. 373, R.M. of Fish Creek No. 402, R.M. of Round Valley No. 410.



AHSN FUNDING

- Each member RM pays \$4.60 per active farm family plus a base fee of \$400.00, capped at \$1500.00.
- Grants from the Saskatchewan Ministry of Agriculture.
- Grants, sponsorships, and donor support.
- In-kind and matching from the Canadian Centre for Rural and Agricultural Health.

2025-2026 HIGHLIGHTS

IMPACT



30 Outreach Events

Trade Shows, Presentations and Meetings, and Conventions, Conferences, and Symposia

971 Students

participated in

63 Discovery Days presentations

at 26 Schools in 25 RMs



249 Ratepayers and RM Employees

were screened at One2One and CANWORKSAFE Clinics in 20 Rural Municipalities



17 Participants

in Farm Safety Plan workshops



72 Students

received P.P.E during Gear Up for Ag - eyewear, respirators, gloves, coveralls, hearing protection, and Gear Up for Ag bags.

REACH

AHSN SOCIAL MEDIA FOLLOWERS:

AHSN Facebook = 597

AHSN X = 932

LinkedIn = 503

Total Followers = 2,032

204

Rural Municipality members
FROM 191 RMs IN 2025

SERVING OVER

25,000

Saskatchewan farm families

TRAVEL

9834 KMs

travelled for One2One and CANWORKSAFE Clinics

8309 KMs

travelled for Discovery Days presentations

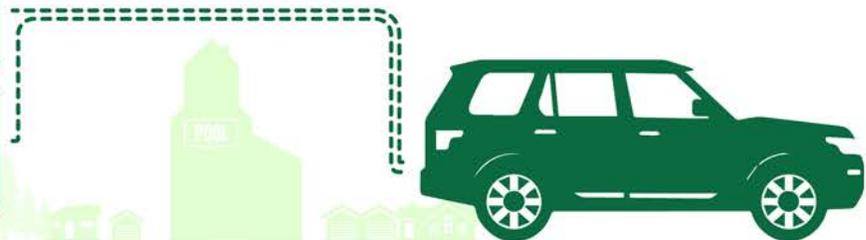
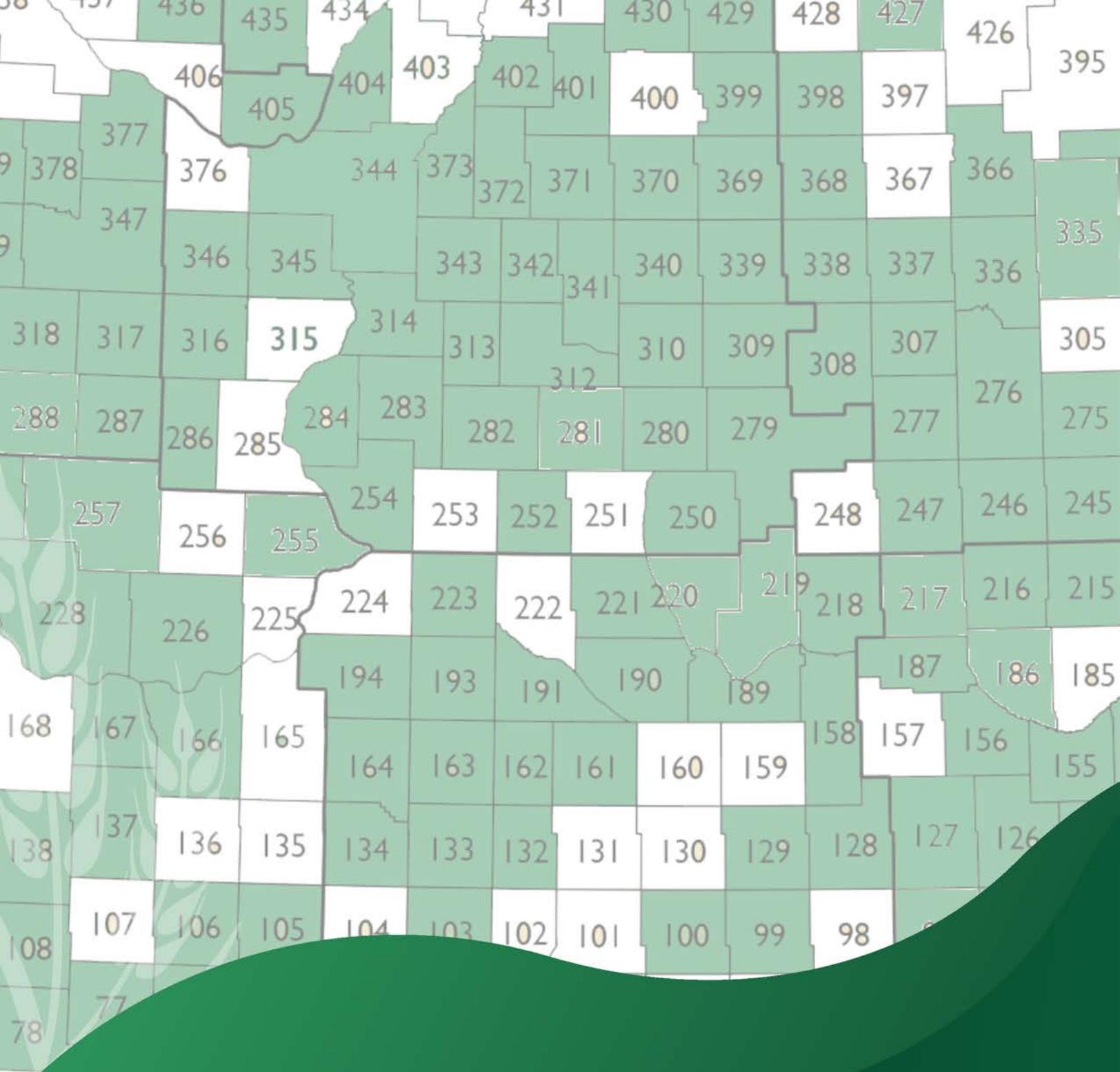




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AHSN MEMBERSHIP 2025 - 2026



AHSN MEMBERSHIP 2025 - 2026

Thank you and welcome to the new RMs who joined our network in 2025!

- R.M. of Argyle No. 1
- R.M. of Mount Pleasant No. 2
- R.M. of Enniskillen No. 3
- R.M. of Cambria No. 6
- R.M. of Hart Butte No. 11
- R.M. of Storthoaks No. 31
- R.M. of Reciprocity No. 32
- R.M. of Moose Creek No. 33
- R.M. of Browning No. 34
- R.M. of Benson No. 35
- R.M. of Cymri No. 36
- R.M. of Lomond No. 37
- R.M. of The Gap No. 39
- R.M. of Willow Bunch No. 42
- R.M. of Old Post No. 43**
- R.M. of Waverley No. 44
- R.M. of Glen McPherson No. 46
- R.M. of White Valley No. 49
- R.M. of Brock No. 64
- R.M. of Tecumseh No. 65
- R.M. of Griffin No. 66
- R.M. of Weyburn No. 67
- R.M. of Brokenshell No. 68
- R.M. of Lake Of The Rivers No. 72
- R.M. of Stonehenge No. 73
- R.M. of Wood River No. 74
- R.M. of Auvergne No. 76
- R.M. of Wise Creek No. 77
- R.M. of Grassy Creek No. 78
- R.M. of Wawken No. 93
- R.M. of Fillmore No. 96
- R.M. of Wellington No. 97**
- R.M. of Caledonia No. 99
- R.M. of Elmsthorpe No. 100
- R.M. of Sutton No. 103
- R.M. of Glen Bain No. 105
- R.M. of Whiska Creek No. 106
- R.M. of Bone Creek No. 108
- R.M. of Carmichael No. 109
- R.M. of Piapot No. 110
- R.M. of Maple Creek No. 111
- R.M. of Moosomin No. 121
- R.M. of Martin No. 122
- R.M. of Silverwood No. 123
- R.M. of Kingsley No. 124
- R.M. of Chester No. 125
- R.M. of Montmartre No. 126
- R.M. of Francis No. 127
- R.M. of Lajord No. 128
- R.M. of Bratt's Lake No. 129
- R.M. of Hillsborough No. 132
- R.M. of Rodgers No. 133
- R.M. of Shamrock No. 134
- R.M. of Swift Current No. 137
- R.M. of Webb No. 138
- R.M. of Gull Lake No. 139
- R.M. of Enterprise No. 142
- R.M. of Rocanville No. 151
- R.M. of Spy Hill No. 152
- R.M. of Willowdale No. 153
- R.M. of Elcapo No. 154
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- R.M. of Marquis No. 191
- R.M. of Eyebrow No. 193
- R.M. of Enfield No. 194
- R.M. of Churchbridge No. 211
- R.M. of Saltcoats No. 213
- R.M. of Cana No. 214
- R.M. of Stanley No. 215
- R.M. of Tullymet No. 216
- R.M. of Lipton No. 217
- R.M. of Cupar No. 218
- R.M. of Longlaketon No. 219**
- R.M. of McKillop No. 220
- R.M. of Sarnia no. 221
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- R.M. of Lacadena No. 228
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- R.M. of Deer Forks No. 232
- R.M. of Calder No. 241**
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- R.M. of Ituna Bon Accord No. 246
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- R.M. of Arm River No. 252
- R.M. of Loreburn No. 254
- R.M. of Couteau No. 255**
- R.M. of Monet No. 257**
- R.M. of Snipe Lake No. 259
- R.M. of Chesterfield No. 261
- R.M. of Sliding Hills No. 273
- R.M. of Good Lake No. 274
- R.M. of Insinger No. 275
- R.M. of Foam Lake No. 276
- R.M. of Emerald No. 277
- R.M. of Mount Hope No. 279
- R.M. of Wreford No. 280
- R.M. of Wood Creek No. 281**
- R.M. of McCraney No. 282
- R.M. of Rosedale No. 283
- R.M. of Rudy No. 284
- R.M. of Milden No. 286
- R.M. of St. Andrews No. 287
- R.M. of Pleasant Valley No. 288**
- R.M. of Kindersley No. 290
- R.M. of Keys No. 303
- R.M. of Buchanan No. 304
- R.M. of Elfros No. 307
- R.M. of Big Quill No. 308
- R.M. of Prairie Rose No. 309
- R.M. of Osborne No. 310
- R.M. of Morris No. 312
- R.M. of Lost River No. 313
- R.M. of Dundurn No. 314
- R.M. of Harris No. 316
- R.M. of Marriott No. 317
- R.M. of Mountain View No. 318
- R.M. of Winslow No. 319
- R.M. of Oakdale No. 320
- R.M. of Prairiedale No. 321
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- R.M. of Preeceville No. 334
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- R.M. of Lakeview No. 337
- R.M. of Lakeside No. 338
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- R.M. of Wolverine No. 340
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- R.M. of Corman Park No. 344
- R.M. of Vanscoy No. 345
- R.M. of Perdue No. 346
- R.M. of Biggar No. 347
- R.M. of Grandview No. 349
- R.M. of Mariposa No. 350**
- R.M. of Progress No. 351
- R.M. of Heart's Hill No. 352
- R.M. of Kelvington No. 366
- R.M. of Spalding No. 368
- R.M. of St. Peter No. 369
- R.M. of Humboldt No. 370
- R.M. of Bayne No. 371
- R.M. of Grant No. 372
- R.M. of Aberdeen No. 373
- R.M. of Glenside No. 377
- R.M. of Rosemount No. 378
- R.M. of Reford No. 379
- R.M. of Grass Lake No. 381
- R.M. of Eye Hill No. 382
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- R.M. of Pleasantdale No. 398
- R.M. of Lake Lenore No. 399
- R.M. of Hoodoo No. 401
- R.M. of Fish Creek No. 402
- R.M. of Laird No. 404
- R.M. of Great Bend No. 405
- R.M. of Round Valley No. 410
- R.M. of Senlac No. 411
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- R.M. of Connaught No. 457
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- R.M. of Prince Albert No. 461
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- R.M. of Nipawin No. 487
- R.M. of Torch River No. 488
- R.M. of Buckland No. 491
- R.M. of Spiritwood No. 496**
- R.M. of Meadstead No. 497**
- R.M. of Parkdale No. 498
- R.M. of Mervin No. 499
- R.M. of Frenchman Butte No. 501
- R.M. of Britannia No. 502
- R.M. of District of the Lakelands 521
- R.M. of Meadow Lake No. 588**

RM MEMBERSHIP AWARDS

SOWING THE SEEDS OF FARMER AND RANCHER HEALTH AND SAFETY

The Agricultural Health and Safety Network presents awards to member RMs who have supported our outreach for 5, 10, 15, 20, 25, 30, and 35 years. We recognize and celebrate their continued support of our efforts.

★ Founding RMs: 1988

R.M. of Lumsden No. 189, R.M. of St. Peter No. 369, R.M. of Aberdeen No. 343,
R.M. of Fish Creek No. 402, R.M. of Round Valley No. 410.

5 YEARS

N/A

10 YEARS

RM of St. Andrews No. 287

15 YEARS

N/A

20 YEARS

RM of Whiska Creek No. 106
RM of Bratt's Lake No. 129
RM of Lipton No. 217
RM of Biggar No. 347

25 YEARS

RM of Waverley No. 44
RM of Brokenshell No. 68
RM of Cupar No. 218
RM of Loreburn No. 254
RM of Elfros No. 307
RM of Winslow No. 319
RM of Oakdale No. 320
RM of Viscount No. 341
RM of Progress No. 351
RM of Hudson Bay No. 394
RM of Douglas No. 436
RM of Prince Albert No. 461

30 YEARS

RM of Eyebrow No. 193
RM of McKillop No. 220
RM of Buchanan No. 304
RM of Dundurn No. 314
RM of Prairiedale No. 321
RM of Wolverine No. 340
RM of Corman Park No. 344
RM of Heart's Hill No. 352
RM of Grant No. 372

35 YEARS

RM of Argyle No. 1
RM of Martin No. 122
RM of Cana No. 214
RM of Garry No. 245
RM of Sliding Hills No. 273

RM of Wreford No. 280
RM of Rosedale No. 283
RM of Pleasant Valley No. 288
RM of Big Quill No. 308
RM of LeRoy No. 339

RM of Grandview No. 349
RM of Bayne No. 371
RM of Rosemount No. 378
RM of Lake Lenore No. 399
RM of Redberry No. 435

Increasing Awareness!
Posted in Network RM Offices.

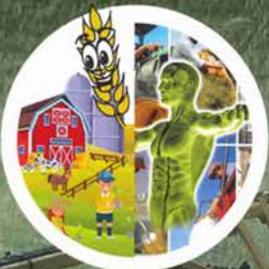


AGRICULTURAL HEALTH AND SAFETY NETWORK

WE ARE A MEMBER



PROMOTING & SUPPORTING AGRICULTURAL HEALTH AND SAFETY



- CLINICS
- DISCOVERY DAYS
- OUTREACH
- PRESENTATIONS
- RESOURCES
- TRAINING
- WORKSHOPS



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E-mail: aghealthandsafety@usask.ca

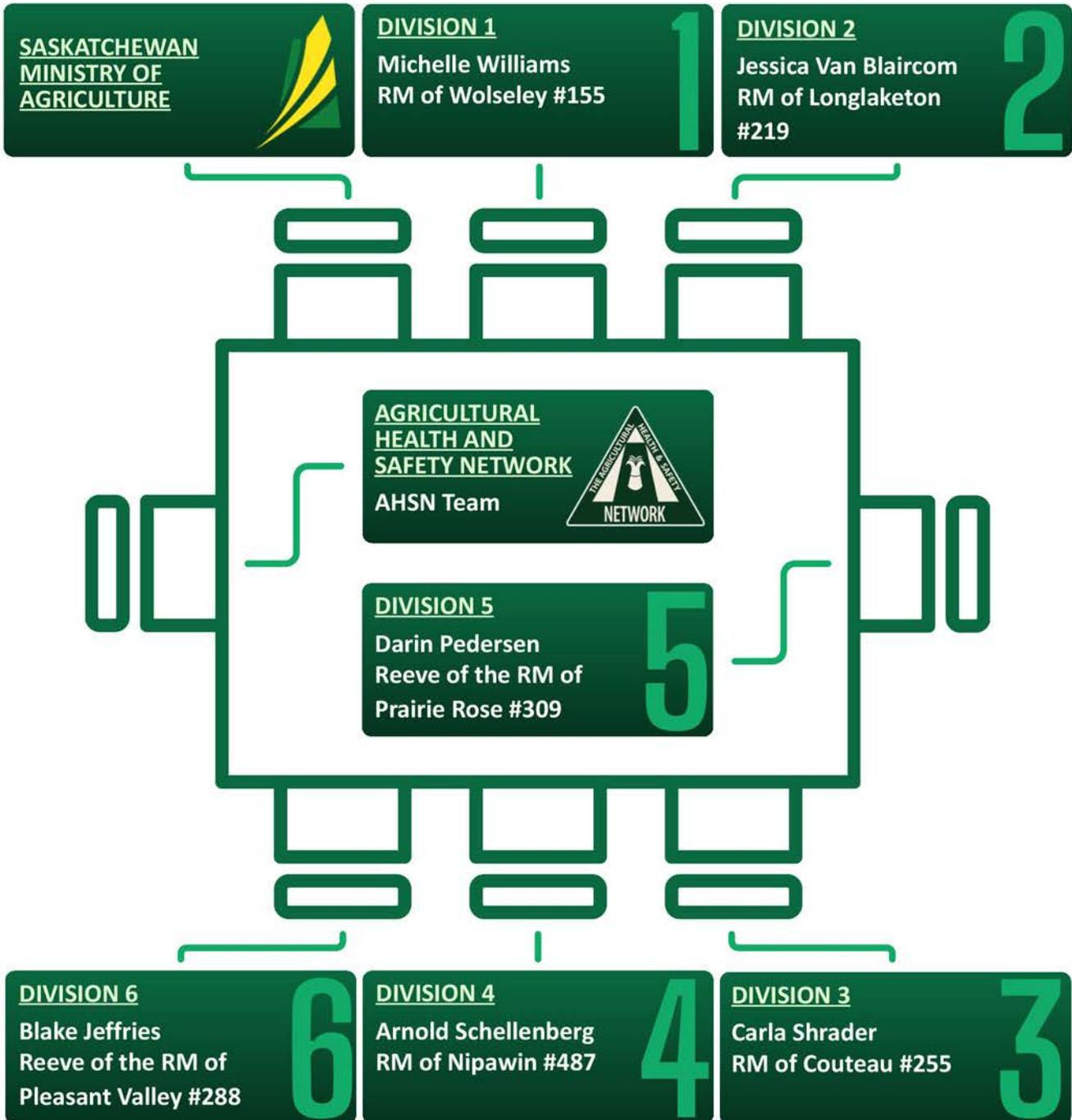
UNIVERSITY OF SASKATCHEWAN
Canadian Centre for Rural and Agricultural Health

SARM
Saskatchewan Association of Rural Municipalities

Government of Saskatchewan

AHSN STEERING COMMITTEE

Thank you to our Steering Committee members who provide valuable grassroots feedback to us. The Steering Committee represents RM membership, farmers, and ranchers in each division of Saskatchewan and from the government. We encourage you to reach out and introduce your RM to your respective Division Steering Committee member.



BOARDS AND WORKING GROUPS

- **University of Saskatchewan Signature Areas of Research** - representing the Canadian Centre for Rural and Agricultural Health
 - Agriculture
 - Communities and Sustainability
- **Canadian Agricultural Safety Association Board of Directors** - representing the Canadian Centre for Rural and Agricultural Health
- **Ag Health and Safety Alliance, Gear Up For Ag Program** - coordinator and presenter for Saskatchewan Program delivery
- **Farm Health and Safety Council, Advisory Council to the Ministry of Labour Relations and Workplace Safety in Saskatchewan** - representing the Canadian Centre for Rural and Agricultural Health
- **SaskAgMatters**
- **Farmer and Rancher Mental Health (FARMh) Initiative**
- Voting Member, **Canadian Standards Association Technical Committee on Management of Work in Extreme Conditions Z1010-18** (since 2015)
- Voting Member, **Canadian Standards Association Technical Committee on Psychological Health and Safety in the Workplace Z1003-13/BNQ 9700-803/2013**. (since 2012)



The Canadian Centre for Rural and Agricultural Health, along with the Agricultural Health and Safety Network, proudly contributes to the University of Saskatchewan's Agriculture and Communities and Sustainability Signature Areas of Research.

Through close collaboration with community partners across Saskatchewan and Canada, we provide meaningful insights and feedback that help shape research priorities and outreach programs that directly benefit the health and safety of rural and agricultural people.







AWARDS AND SCHOLARSHIPS



SASKATCHEWAN ASSOCIATION OF RURAL MUNICIPALITIES 90TH ANNIVERSARY SCHOLARSHIP



In 1995, the Saskatchewan Association of Rural municipalities (SARM) auctioned off the first copy of their history book, "The Building of a Province: Commemorating the 90th Anniversary of the 90th Anniversary of the Saskatchewan Association of Rural Municipalities and with these funds initiated the Saskatchewan Association of Rural

Municipalities 90th Anniversary \$1,000 Student Scholarship in Agricultural Safety and Rural Health. Since 1996, The Canadian Centre for Rural and Agricultural Health (CCRAH), University of Saskatchewan through its Founding Chairs Program has maintained the Agricultural Safety and Rural Health Scholarship. In the 2013-2014 school year, CCRAH started offering two \$1,500 Student Scholarships.

The winners of the 2025-2026 SARM Scholarship

Keith Daae - RM of Cambria #6, Div. 1

Liam Reeve - RM of Big Quill #308, Div. 4



Keith Daae
RM of Cambria #6, Div. 1

"When safety and health are taken seriously, the farm runs smoother and people feel more confident doing their jobs. Making safety a priority helps protect everyone on the farm and helps make sure everyone goes home safe at the end of the day."

Keith Daae - RM of Cambria #6, Div. 1



Liam Reeve
RM of Big Quill #308, Div. 4

"To establish the safety of our farm, we focus on communication and preparation for our employees. We have weekly Monday morning meetings which we use to discuss potential close call accidents and how to properly complete tasks safely."

Liam Reeve - RM of Big Quill #308, Div. 4

THE IKE THIESSEN: BUILDING A FOUNDATION AWARD



About Ike Thiessen

The inaugural Ike Thiessen: Building a Foundation Award was presented in March 2020 to the Saskatchewan Association of Rural Municipalities (SARM) recognizing the fundamental role they play in helping grow and enhance the activities of the Agricultural Health and Safety Network. Isaac (Ike) Thiessen was a farmer in the rural municipality of Aberdeen (RM #373) and president of the Saskatchewan Association of Rural Municipalities (SARM) from 1986 – 1988. Ike was instrumental in the recruiting of the first RMs in 1988 to join the Agricultural Health and Safety Network setting the foundation for future growth.

This award is given annually in recognition of the support and dedication to the Agricultural Health and Safety Network for helping us further our mission and build a foundation of health and safety for agriculture in Saskatchewan.

The Ike Thiessen: Building the Foundation Award Winners of 2025 - 2026

This year's Ike Thiessen: Building a Foundation Award goes to **Sheri and Darin Pedersen!**

Sheri and Darin are strong supporters of CCRAH and the AHSN. Darin chairs our AHSN steering committee and Sheri presents our Discovery Days program to rural member RM schools.



This award is in recognition of Sheri and Darin's exceptional support, dedication, and contribution to promoting health and safety in Saskatchewan.

Thank you, Sheri and Darin, for your continuous support and dedication to supporting the health and safety of farm families in Saskatchewan.

SARM ANNUAL CONVENTION & TRADE SHOW 2026



The AHSN trade show booth at the SARM Annual Convention & Trade Show 2026.

From left to right: **Darin Pedersen** (AHSN Steering Committee chair), **Dr. Shelley Kirychuk** (Director of the Canadian Centre for Rural and Agricultural Health), **Shelly Sander** (AHSN), **Kendra Ulmer** (Manager of the AHSN), **Dallas Leduc** (co-host of the Bunny Hug Farmers podcast)

The annual convention and trade show draws roughly 2,000 delegates and guests from across the province and provides SARM members the opportunity to gather as a whole to vote on and debate resolutions, discuss current issues, and participate in dialogue sessions with provincial and federal government officials. The SARM Annual Convention dates back over a hundred years. The trade show has become a signature event that draws our rural municipal leaders. During the convention and trade show, we hosted our Annual General Meeting as well as announced the *SARM Scholarship* winners and the *Ike Thiessen: Building the Foundation Award* winner!

Agricultural Health and Safety Network Annual General Meeting

The Agricultural Health and Safety Network reviewed and discussed the Annual Report and budget, and presented awards to RM members who have been with the organization for 5, 10, 15, 20, 25, 30, and 35 years. These awards celebrate the dedication of Network members. You can find the list of Rural Municipality Membership Award recipients on page 10 of this annual report.





FARM SAFETY DRAWING CONTEST

From July 15 to December 15, 2025, we held our annual Farm Safety Drawing Contest. Children ages 5-13 were invited to create artwork illustrating key farm safety practices, accompanied by a safety message or slogan. The contest continues to inspire learning and engagement around safe practices on the farm.

THANK YOU TO EVERYONE WHO SUBMITTED!



DRAWING CATEGORIES:

ATV SAFETY

Always ride an age and size appropriate ATV, wear proper safety gear, and attend an ATV safety training program.



PTO/MACHINERY SAFETY

PTOs can be extremely dangerous - they spin fast, and you can become entangled.



SUN SAFETY

Remember the 5 S's of sun safety: slip, slop, slap, slide and shade.



ANIMAL SAFETY

Baby animals are cute, but their mothers are very protective. Always have an adult with you when you go into an animal's pen.



40 CHILDREN

from across
Saskatchewan submitted
drawings for the Farm
Safety Drawing Contest

We extend our gratitude to all the children for their creative representations of farm safety and for enthusiastically sharing their art. We also appreciate the parents and teachers for fostering discussions about farm safety themes in preparation for the drawings and their submissions. Additionally, a big thank you goes to our member RMs for displaying and promoting the contest poster in their offices and schools.



FARM SAFETY DRAWING CONTEST 2025 WINNERS

AGES 5 - 8



**WESTON
ARNAL**

Age 6 | Eastend, SK

*Be Aware of the
Mama Cow Stare!*



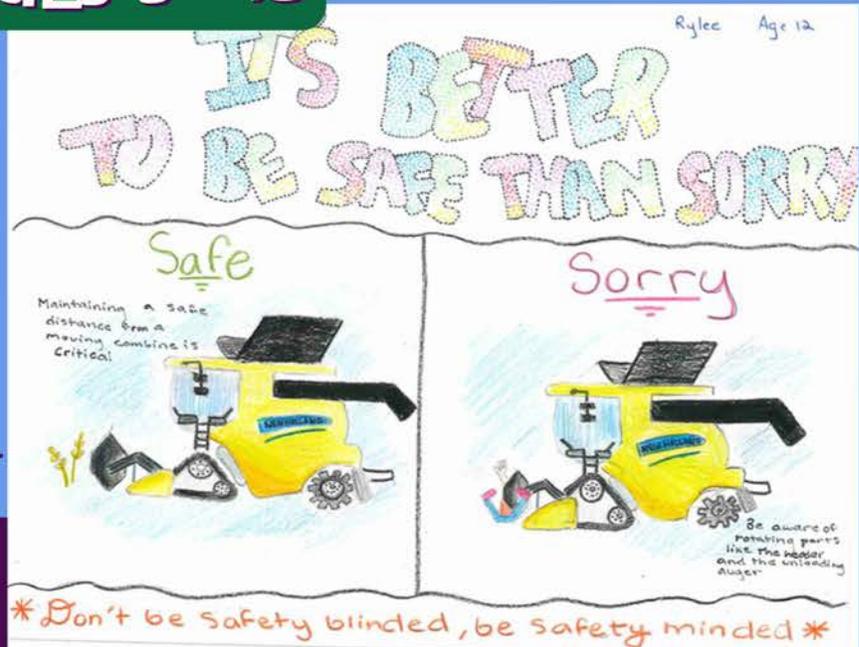
AGES 9 - 13



**RYLEE
LECLARE**

Age 12 | Edam, SK

*It's Better to be Safe
than Sorry*







ACTIVITY HIGHLIGHTS



Sowing Seeds of Resilience

with

THE RECOVERING FARMER

On April 17, 2025, we were honoured to host a powerful and candid webinar to 17 participants featuring Gerry Friesen, The Recovering Farmer. During the session, Gerry shared his personal mental health journey and how it has shaped his life in agriculture. His reflections offered participants meaningful insights into navigating stress, strengthening resilience, and supporting well-being in the agricultural community.



DID YOU MISS THE WEBINAR?

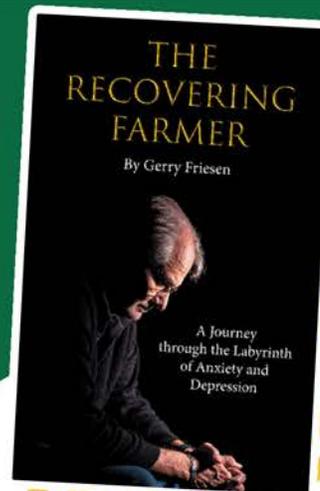


The recording of the *Sowing Seeds of Resilience* webinar is available on CCRAH's YouTube channel!

← **SCAN THE QR CODE TO WATCH THE WEBINAR AND ACCESS OTHER MENTAL HEALTH IN AGRICULTURE RESOURCES!**

Congratulations to Sueli and Alison, winners of our book giveaway! We hope you enjoy your copy of *The Recovering Farmer: A Journey through the Labyrinth of Anxiety and Depression*.

Thank you to everyone who attended the webinar!



CCRAH OPEN HOUSE 2025



In June 2025, during CCRAH’s Open House, we were honoured to welcome the Honourable Lori Carr, Saskatchewan’s Minister of Mental Health and Addictions. The visit provided a valuable opportunity for us to showcase our ongoing initiatives to strengthen health and safety in rural communities, with a particular emphasis on supporting farmer mental health. The discussion highlighted the importance of collaborative efforts in promoting safer, healthier environments for Saskatchewan’s agricultural workforce.

From Left to Right: the Honourable Lori Carr and Kendra Ulmer

620 CKRM COUNTRY COOKOUT

Thank you to Sheri and Darin Pedersen for inviting us to be part of their winning 620 CKRM Country Cookout at their farm in the RM of Prairie Rose #309!

We had a fantastic time, and it was great to meet and chat with 620 CKRM and the Cookout sponsors, the Pedersen family and their friends that support the farm, their workers, and community members. Like many farms in Saskatchewan, it is a proud family operation, with the family caring for and harvesting their land well over 100 times.

Sheri and Darin are strong supporters of CCRAH and the AHSN. Darin Chairs our AHSN steering committee and Sheri presents our Discovery Days program to rural schools.

We outfitted attendees with CCRAH/AHSN safety gear including our sun safety hats.



The Pedersen family hosting the 620 CKRM Country Cookout at their family farm including a delicious meal and great conversations.

VISITING SCHOLARS

Jessie Adams from National Centre for Farmer Health



From Left to Right: Karen Marcinkiw, Jessie Adams, Kendra Ulmer, Shelly Sander

In June, CCRAH and the Agricultural Health and Safety Network were thrilled to host Jessie Adams from the National Centre for Farmer Health! Her visit provided a wonderful opportunity to showcase our grassroots initiatives and research, especially our Discovery Days program, and to highlight its meaningful impact across Saskatchewan. Jessie also joined us for a Discovery Days presentation at Colonsay School on June 13th, where she experienced firsthand how we engage youth in farm safety education.

Claire Catford - Nuffield Scholar



From Left to Right: Karen Marcinkiw (Agricultural Health and Safety Network), Kendra Ulmer (Agricultural Health and Safety Network), Dr. Merle Massie (The Do More Agriculture Foundation), Claire Catford (Nuffield Scholar), Dr. Shelley Kirychuk (Canadian Centre for Rural and Agricultural Health), Dr. Michelle Pavloff (FARMh/SaskAgMatters)

On August 12th, CCRAH, alongside partnering organizations The Do More Agriculture Foundation and SaskAgMatters, met with Claire Catford, Nuffield Scholar, to highlight ongoing efforts to support the physical and mental wellbeing of farmers in Saskatchewan and across Canada.

As part of her Nuffield research, Claire is exploring how major changes such as increased farm scale, technological adaptation, heightened social responsibility, and regulatory compliance impact farmers and rural people. Her work focuses on strategies that strengthen both physical and mental health for farmers while fostering resilient rural communities.

Farm Health and Safety Council Meeting



The Farm Health and Safety Council

Left to Right: Jayson Cairns (LRWS), Ila Klassen (LRWS), Nathan Gregg (Sask. Producer), Nirad Shukla (LRWS), Joseph Hofer (Sask. Egg Producers), Jaycee Adrian (Ministry of Agriculture), Kendra Ulmer (Canadian Centre for Rural and Agricultural Health & Sask. Producer) Sandy Flory (FHSC Chairperson & Sask. Producer), Bob Moulding (SARM Director, Div. 1 & Sask. Producer), Thomas Mackenzie (Sask. Producer), Loir Rowat (Olymel)

We were pleased to host the Farm Health and Safety Council's quarterly meeting in the James Dosman boardroom on June 3, 2025, and welcome them to CCRAH's Spring Open House tours as well as meet on March 26, 2026 in Regina, SK.

The Farm Health and Safety Council is established by the The Saskatchewan Employment Act. Its mandate is primarily to advise and make recommendations to the Minister of Labour Relations and Workplace Safety and the Ministry (LRWS) on matters related to the promotion of health and safety of persons on farms and the protection of persons on farms. The council members are appointed by the Lieutenant Governor in Council, and bring knowledge and experience to assist the council in advising on matters related to the councils mandate.

MOBILE UNIT UPDATE

Waseca Wagon I

Waseca Wagon I - the SUV, has been supporting CCRAH’s research to action process, including offering One2One clinics in rural municipalities (RMs), complex and primary memory clinics in Saskatoon and in rural Saskatchewan, presenting at tradeshow, invited presentations at industry and community events, and bolstering connection to community including farmers, ranchers, rural and indigenous people.



Waseca Wagon I outside of the RM of Gull Lake #139 municipal office for a One2One Respiratory & Hearing Clinic on November 26, 2025

Waseca Wagon II



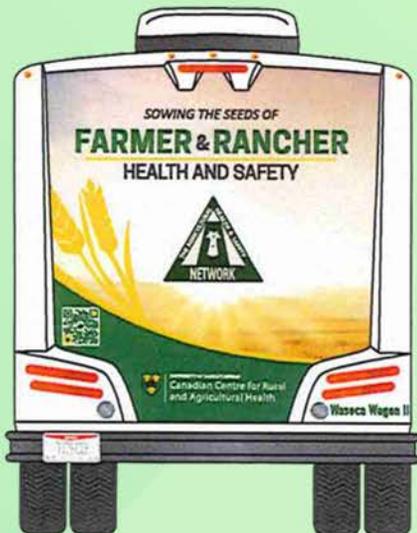
Karen Marcinkiw (left) and Kendra Ulmer (right) with the Waseca Wagon II

Final design and approval of the Waseca Wagon II mobile One2One clinic unit was completed and processed through University of Saskatchewan procurement. The Waseca Wagon II is undergoing some additional upgrades and will be on the road soon. The Waseca Wagon II will be present at Ag in Motion in Langham, SK, from July 21 - 23, 2026 with the official launch at SARM 2027. The new unit will give us speed and flexibility to travel to rural areas in Saskatchewan to support residents as well as expand our health screening services. This unit will also serve rural communities, bringing services to those communities and improving the well-being of rural residents throughout the province. Waseca II is equipped with 3 exam rooms alongside clinical screening equipment and

capabilities, thereby greatly expanding our offerings, reach, and impact. Initial screening services include: respiratory clinics, hearing loss prevention clinics, and general wellness screenings/outreach.

We worked with a graphic designer for the wrap for the two mobile units. People are central within the design to showcase CCRAH’s focus. “Waseca” is displayed on the elevator, symbolic of the town where elevators remain standing, and an iconic symbol of rural Saskatchewan. Waseca Wagon also appears on the back of both vehicles. The green and yellow swoop and head of grain speak to the Saskatchewan rural connection, and the sweeping impact of these mobile units. The agricultural elements including the combine, barn, and farm animals are representative of the agricultural environments in which rural people work. The sun breaking through the full scene is indicative of the strength and resilience of rural and agricultural people.

MOBILE UNIT WRAP DESIGN







HEALTH AND SAFETY PROGRAMMING

RESEARCH TO ACTION

We actively invite Saskatchewan rural residents and agricultural producers to participate in exciting research projects and activities happening at CCRAH and partnering organizations. The valuable insights gained from this research are then transformed into useful resources, which we and our partners share back with the rural and agricultural communities in Saskatchewan.

RESEARCH TO ACTION



SUPPORTING RESEARCH

Exploring the current hazards in agricultural settings. Which agricultural practices pose risks to producers? What health concerns do producers face? How can we provide the support they need?

DEVELOPING RESOURCES

From videos to booklets, fact sheets to brochures, we transform research into practical takeaways for agricultural producers, available both digitally and physically.

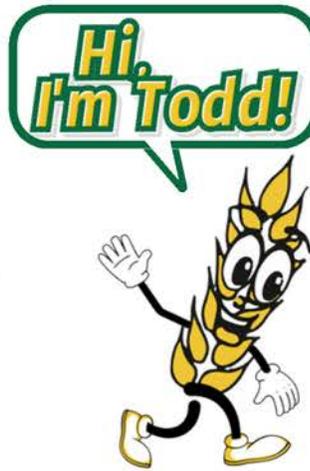
SHARING KNOWLEDGE

We attend trade shows, conventions, conferences, as well as give presentations in rural communities to share our findings with rural and agricultural communities, government, and our partners!

DISCOVERY DAYS

What are Discovery Days?

Offered in rural member RM member schools, the Agricultural Safety Discovery Days promote safety awareness among rural Saskatchewan children. The interactive program aims to educate children on the potential hazards associated with farm work and equip children with the knowledge to identify and circumvent risks. In-person or virtual delivery of our Discovery Days presentations are designed for rural students in grades 4-6.



Scan the QR Code to learn more about Discovery Days!

Discovery Days Presenter Team



Brooke Burletoff
Borden, SK



Sheri Pedersen
Lockwood, SK



Leanne Schnell
Carnduff, SK



Bailey Kemery
Kerrobert, SK



Robyn Gerbrandt
Swift Current, SK

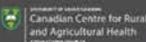


Shelly Sander
Saskatoon, SK
Program Lead

20%

OFF ALL PYRA HELMETS



FFUN MOTORSPORTS SASKATOON  

Partnering to promote ATV/UTV helmet use in rural SK!
No expiry date. See dealer for more details.

Thank you to FFUN Motorsports for partnering with us!

Thank You

SASKPOWER
for joining us for multiple Discovery Days presentations!

&

SASKATCHEWAN WHEAT DEVELOPMENT COMMISSION & SASK OILSEEDS
for your support of the Discovery Days Program in 2025 - 2026

List of Discovery Days

April 2025 - March 2026



We hope you enjoyed Discovery Days as much as we did! See you soon!

63 Presentations
at 26 Schools in 25 RMs

School	Date	RM	Div	# Students
Allan Composite School	April 3, 2025	RM of Lost River #313	5	35
St. Gabriel School	April 15, 2025	RM of Biggar #347	6	55
Marshall School	April 28, 2025	RM of Wilton #472	6	29
H. Hardcastle School	April 30, 2025	RM of Turtle River #469	6	34
Emergency Awareness Family Fun Event	May 10, 2025	RM of Britannia #502	6	N/A
Prairieland School Sovereign Colony	May 13, 2025	RM of St. Andrews #287	6	14
Rosetown Colony School	May 13, 2025	RM of St. Andrews #287	6	7
Luseland District School	May 15, 2025	RM of Progress #351	6	101
Clear Spring Colony	May 28, 2025	RM of McCraney #282	5	30
Stoughton Library	May 29, 2025	RM of Tecumseh #65	1	4
Springfield Colony School	June 6, 2025	RM of Kindersley #290	6	21
Colonsay School	June 13, 2025	RM of Colonsay #342	5	57
Jubilee Elementary School	September 24, 2025	RM of Meadow Lake #588	6	135
Lafleche Central School	October 21, 2025	RM of Wood River #74	2	90
Newmark Colony School	November 27, 2025	RM of Reford #379	6	15
Hillsvale Colony School	November 27, 2025	RM of Cut Knife #439	6	25
North Valley Elementary School	January 21, 2026	RM of McLeod #185	1	45
Preeceville School	January 22, 2026	RM of Preeceville #334	4	60
Hofer Colony School	January 23, 2026	RM of Keys #303	4	16
Prairie Grove Colony School	January 26, 2026	RM of Loreburn #254	5	17
Ituna School	January 28, 2026	RM of Ituna Bonne Accord #246	4	55
West Bench Colony School	March 11, 2026	RM of White Valley #49	3	15
McGee Colony School	March 17, 2026	RM of Pleasant Valley #288	6	6
Consul School	March 20, 2026	RM of Reno #51	3	20
Quill Lake School	March 2026	RM of Lakeside #338	4	45
Bulyea Elementary School	March 2026	RM of McKillop #220	2	40

Agricultural Safety Discovery Days



BOOK NOW

 (306) 966-6644

OR

 shs954@mail.usask.ca



ONE2ONE

What is One2One?

One2One Respiratory and Hearing Clinics are for Saskatchewan farmers/ranchers, their families and agricultural workers. Participants have the unique opportunity to meet with a trained agricultural occupational health nurse in a confidential setting to address their health and safety concerns. Our program offers personalized screenings and assessments tailored to the specific hazards, risks and exposures associated with their specific agricultural work. Our agricultural health nurse provides resources and referrals to optimize the personal health and safety of each participant. The clinics are held either in a local RM or at our clinic at the USask campus.




ONE2ONE HEARING HEALTH CLINIC FOR FARMERS



UNIVERSITY OF SASKATCHEWAN
Canadian Centre for Rural
and Agricultural Health
CCSRA.CCSRA.USASK.CA

STRONGER TOGETHER IN
AGRICULTURAL HEALTH AND SAFETY

CLINIC PARTICIPANTS WILL:

- Complete a hearing health questionnaire and review personal agriculture hazards.
- Participate in audiometric (hearing) testing.
- Receive copy and interpretation of test results.
- Instruction will be given on proper use and care of hearing protection for the workplace.
- Referrals made for follow-up if necessary.
- Increase awareness of Agricultural Health and Safety Resources/Programs

WHEN:

WHERE:

HOSTED BY:

FOR APPOINTMENTS CALL:



Are you interested in hosting a hearing or respiratory clinic for your farm families and RM Employees?

Contact (306) 966 - 6643 or aghealthandsafety@usask.ca

If your RM is interested in offering a Hearing Loss Prevention Clinic for RM employees, please reach out! Many RMs request to hold a clinic for RM employees and farmers on the same day. We look forward to working with your RM!



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Canadian Centre for Rural
and Agricultural Health
CCSRA.CCSRA.USASK.CA



List of One2One Clinics April 2025 - March 2026



**249 Ratepayers and
RM Employees**
were screened in
20 Rural Municipalities

Thank you to the following communities for partnering with us to host a One2One Hearing Loss Prevention Clinic for farm families and RM Employees

Clinic Date	RM No.	Location	Div	Ratepayers Screened
June 23, 2026	RM of Viscount #341	Viscount	6	0
July 3, 2025	RM of Eldon #471	Maidstone	6	0
July 9, 2025	RM of Saskatchewan Landing #167	Stewart Valley	3	2
August 6-7, 2025	RM of Blucher #343	Bradwell	5	5
October 23, 2025	RM of Miry Creek #229	Abbey	3	2
October 27, 2025	RM of Pleasantdale #398	Naicam	4	3
November 17, 2025	RM of Tecumseh #65	Stoughton	1	5
November 26, 2025	RM of Gull Lake #139	Gull Lake	3	19
November 27, 2025	RM of Maple Creek #111 and RM of Piapot #110	Maple Creek	3	10
January 20, 2026	RM of McCraney #282	Kenaston	5	7
January 29, 2026	RM of Britannia #502	Lloydminster	6	2
February 3 & 4, 2026	RM of Tisdale #427 and RM of Connaught #457	Tisdale	4	4
February 12, 2026	RM of Glen Bain #105	Glen Bain	3	7
February 23, 2026	RM of Rosedale #283	Hanley	5	6
February 25, 2026	RM of the Gap #39	Ceylon	2	7
March 6, 2026	RM of Dundurn #314	Dundurn	5	7
March 17-18, 2026	RM of Orkney #244	Yorkton	4	25
March 25, 2026	RM of Elmsthorpe #100	Avonlea	2	8
March 26, 2026	RM of Longlaketon #219	Earl Grey	2	8
March 31, 2026	RM of Leroy #339	Leroy	5	8



CANWORKSAFE

What is CANWORKSAFE?

CANWORKSAFE has been providing occupational health and safety screening and services to companies across Saskatchewan since 1987. This program offers a range of services, including:

- Respirator fit testing
- Respiratory testing
- Audiometric testing
- And many more specialized health and safety services

These services are available for a fee. However, rural municipalities that are members of our network are eligible for a discounted rate.

CANWORKSAFE services are offered both to industry clients and locally in RM offices for RM employees during our One2One Respiratory and Hearing Clinics.

Clinic Date	RM No.	Location	Div	RM Employees Screened
June 23, 2026	RM of Viscount #341	Viscount	6	6
July 3, 2025	RM of Eldon #471	Maidstone	6	11
July 9, 2025	RM of Saskatchewan Landing #167	Stewart Valley	3	5
August 6-7, 2025	RM of Blucher #343	Bradwell	5	14
October 23, 2025	RM of Miry Creek #229	Abbey	3	5
October 27, 2025	RM of Pleasantdale #398	Naicam	4	0
November 17, 2025	RM of Tecumseh #65	Stoughton	1	5
November 26, 2025	RM of Gull Lake #139	Gull Lake	3	5
November 27, 2025	RM of Maple Creek #111 and RM of Piapot #110	Maple Creek	3	13
January 20, 2026	RM of McCraney #282	Kenaston	5	1
January 29, 2026	RM of Britannia #502	Lloydminster	6	5
February 3 & 4, 2026	RM of Tisdale #427 and RM of Connaught #457	Tisdale	4	11
February 12, 2026	RM of Glen Bain #105	Glen Bain	3	0
February 23, 2026	RM of Rosedale #283	Hanley	5	4
February 25, 2026	RM of the Gap #39	Ceylon	2	0
March 6, 2026	RM of Dundurn #314	Dundurn	5	5
March 17-18, 2026	RM of Orkney #244	Yorkton	4	8
March 25, 2026	RM of Elmsthorpe #100	Avonlea	2	4
March 26, 2026	RM of Longlaketon #219	Earl Grey	2	4
March 31, 2026	RM of Leroy #339	Leroy	5	8

GEAR UP FOR AG HEALTH & SAFETY

What is Gear Up for Ag Health & Safety?



Gear Up for Ag Health & Safety trains the next generation in agricultural health & safety practices: post-secondary ag students attending trade schools, colleges and universities. Students are encouraged to share safety practices with family and friends, reaching multiple generations living and working together in agriculture. These students go on to work in many parts of agriculture including ag business, ag extension, ag education, ag trades, on farm operations, public health, veterinary medicine, and more.

Date	Location	# Students
January 28, 2026	Assiniboine College – Brandon, Manitoba	72
TBD	Saskatchewan Polytechnic - Moose Jaw	TBD

72 Students
received PPE - eyewear, respirators, gloves, coveralls, hearing protection, and Gear Up For Ag bags.



FARM SAFETY PLAN

PROTECTING OUR FARMS, FAMILIES, WORKERS, AND FUTURE

In late 2025, we relaunched our three-phase Farm Safety Plan workshop series, providing farmers with structured, hands-on support in developing comprehensive safety plans for their operations. Over the past several months, these workshops have assisted more than 17 farms in strengthening on-farm safety practices and building a safer future for their families, workers, and communities.



Whitney Harder (left), Joan Ulmer (middle) and Karen Marcinkiw (right) at the Western Canadian Crop Production Show with the new Farm Safety Plan banners.

To further enhance program visibility, we actively promoted the Farm Safety Plan at trade shows and community events. This included the introduction of two newly designed banners created by CCRAH’s communications team. The banners highlight the key benefits of implementing a farm safety plan and have effectively captured the attention of attendees, reinforcing our commitment to advancing farm safety for Saskatchewan farmers and ranchers.

*We received **53 registrations** from farmers/ranchers interested in taking FSP workshops. Additional workshops planned for fall 2026.*

3-PHASE WORKSHOPS

Date	Location	# Participants
December 16, 2025	Phase I (virtual)	4
January 7, 2026		4
January 20, 2026		5
January 29, 2026		4
January 21, 2026	Phase II (virtual)	6
February 3, 2026		5
February 4, 2026		3
March 24, 2026	Phase III (In Person)	15
March 25, 2026		

PHASE	FORMAT & TIME	WHAT'S COVERED	OUTCOME
PHASE 1 FARM SAFETY PLAN CONTENT	Virtual 5-6 Hours Beginners Welcome	Learn legislation, roles, hazard ID, emergency planning.	Foundational knowledge - ready to start your plan with confidence.
PHASE 2 INTRO & NAVIGATION OF RESOURCES	Virtual 4-5 Hours Builds on Basics	Navigate templates and customize your plan.	Comfortable editing materials for your unique operation.
PHASE 3 WORKBOOK ADAPTATION & FEEDBACK	In Person 5-6 Hours Hands-on	Adapt templates with expert feedback.	Fully equipped to build, maintain, and live your plan.



FSP Phase 3 Workshop delivery on March 24th and 25th, 2026 at CCRAH

Thank you to Vital Insight for your consultation services on this project to date!

Thank you to our partners for your continuous support!



OF SASKATCHEWAN
ian Centre for Rural
gricultural Health



OUTREACH

TRADE SHOWS

Our team is committed to connecting directly with rural and agricultural people by staying active at trade shows. These events give us valuable opportunities to share important ag health and safety resources with farm families and collaborate with fellow agricultural professionals. Each show helps us strengthen our reach and ensure that vital safety information is accessible where it's needed most.

Date	Event	Location
June 8, 2025	Saskatchewan Stock Growers Association AGM and Convention	Moose Jaw, SK
June 15-17, 2025	Ag in Motion	Langham, SK
October 23-24, 2025	Saskatchewan Hutterian Educators Association Conference	Saskatoon, SK
November 6-7, 2025	SK Women in Ag: Connect - The Heart of the Farm Conference	Saskatoon, SK
January 13-15, 2026	Western Canadian Crop Production Show	Saskatoon SK
February 5-6, 2026	Celebrating Rural Ranching Women	Maple Creek, SK
March 10-12, 2026	SARM Annual Convention and Trade Show	Regina, SK
March 17-19, 2026	Canada's Farm Show	Regina, SK



New Trade Show Items

The sun is a major occupational hazard for anyone who works outdoors. With the amount of time spent outside, Canadian agricultural workers are in the highest risk category for sun exposure.



To support farmers and ranchers, we designed and distributed hats and our Sun Safety in Agriculture resource over the last six months, developed in partnership with SunSmart Saskatchewan, at trade and farm shows to highlight the importance of being safe when exposed to UV rays.

Thank You

to the farm families and industry professionals of Saskatchewan and Canada for visiting our trade show booth and to the show organizers for putting on amazing shows!



2026 SARM
Annual Convention
& Trade Show

MARCH
10-12




Ag in Motion™
Western Canada's Outdoor Farm Expo



CONNECT
The Heart of the Farm Conference

WESTERN CANADIAN
CROP
PRODUCTION SHOW

SASKATCHEWAN
STOCK GROWERS
Association
#ssgd12

FOCUSING
ON THE
FUTURE

CONVENTIONS, CONFERENCES, AND SYMPOSIA

We are dedicated to connecting with rural and agricultural health and safety professionals to share knowledge and build meaningful connections. By fostering these relationships, we aim to enhance the well-being of rural and agricultural people in Saskatchewan and create a supportive environment that promotes safety, innovation, and prosperity for everyone living and working in rural areas.

Date	Event	Location
June 23-25, 2025	International Society for Agricultural Safety and Health (ISASH) 2025 Annual Conference	Portland, Maine, USA
October 22-24, 2025	People Around the World (PAW) International Congress	Saskatoon, SK
November 6-7, 2025	SK Women in Ag: Connect - The Heart of the Farm Conference	Saskatoon, SK
February 3, 2026	Northeast AgUpdate Conference	Melfort, SK
February 3-5, 2026	Saskatchewan Safety Council Safety Seminar	Saskatoon, SK
February 10, 2026	Future of Food	Ottawa, ON
March 8-10, 2026	Advancing Women in Agriculture	Calgary, AB



PRESENTATIONS AND MEETINGS

We are committed to sharing and expanding our knowledge with individuals dedicated to the health and safety of rural and agricultural communities from around the globe. By collaborating and exchanging insights, we aim to foster a safer and healthier environment for rural families in Saskatchewan.

Date	Event	Location
April 10, 2025	RM of Wood Creek #281 Council Meeting	Simpson, SK
May 10, 2025	Emergency Awareness Family Fun Event	Hillmond, SK
May 14, 2025	Ministry of Agriculture Programs Specialists Spring Planning Session	Regina, SK
May 21, 2025	Saskatchewan Workers' Compensation Board's Compensation Institute	Saskatoon, SK
June 3, 2025	Farm Health and Safety Council Meeting	Saskatoon, SK
June 16, 2025	SARM Division Meetings Presentations and Facilitate Groups	North Battleford, SK
June 17, 2025		Swift Current, SK
June 19, 2025		Kelvington, SK
June 23-25, 2025	International Society for Agricultural Safety and Health (ISASH) 2025 Annual Conference	Portland, Maine, USA
August 20, 2025	RM of Meeting Lake #466 Council Meeting	Mayfair, SK
Sept 18, 2025	RM Administrators Division 4 Meeting	Kelvington, SK
October 7, 2025	CelebrateAg Luncheon	Saskatoon, SK
October 22-24, 2025	People Around the World (PAW) International Congress	Saskatoon, SK
February 3, 2026	Northeast AgUpdate Conference (Agrologists)	Melfort, SK
March 10-12, 2026	SARM Annual Convention and Trade Show	Regina, SK



IN THE MEDIA



2,928 Total Followers | on all CCRAH and AHSN social media platforms.

Our AHSN and CCRAH Communications team continues to grow our social media presence. We've been actively sharing our achievements, travels, and key updates across our platforms to connect with rural and agricultural people in Saskatchewan and across Canada.

Since March 2025, our combined CCRAH and AHSN channels have welcomed nearly 500 new followers, generated more than 135,000 impressions, and received close to 4,200 engagements on our posts.



Kendra Ulmer, manager of the Agricultural Health and Safety Network, discussed the critical role of grain safety with the Canadian Agricultural Safety Association (CASA) in the Better Farming Prairies magazine. Better Farming magazine is the largest editorial agriculture magazine in Canada, and is distributed to over 45,000 farms in Manitoba, Saskatchewan, and Alberta.



We aired radio ads on 620 CKRM during the 2025 harvest season to thank Saskatchewan farmers and share health and safety tips. Scan the QR Codes to hear them!



Canadian Centre for Rural and Agricultural Health

Thank You
RM OF GLEN BAIN #105
for your partnership in hosting a One2One Hearing Loss Prevention Clinic for farm families and RRA Employees on February 12th, 2020!

ONE2ONE
RESPIRATORY & HEARING CLINICS FOR FARMERS

Canadian Centre for Rural and Agricultural Health

Farm & Food Care

#CelebrateAg Luncheon
October 7th, 2020

www.agsafety.usask.ca

Canadian Centre for Rural and Agricultural Health

FARM SAFETY DRAWING CONTEST

SHOW US HOW YOU STAY SAFE ON THE FARM!

FOR AGES 5-8 AND 9-13 SUBMISSION DEADLINE DECEMBER 15TH

DRAW A PICTURE ABOUT SAFETY ON THE FARM FOR A CHANCE TO WIN A NEW IPAD!

TO LEARN MORE OR TO ENTER, VISIT AGHEALTH.USASK.CA

Canadian Centre for Rural and Agricultural Health

Thank You
RM OF ROSEDALE #283
for your partnership in hosting a One2One Hearing Loss Prevention Clinic for farm families and RRA Employees on February 23rd, 2020!

ONE2ONE
RESPIRATORY & HEARING CLINICS FOR FARMERS

Canadian Centre for Rural and Agricultural Health

Celebrating RURAL RANCHING WOMEN

Ag in Motion

Canadian Centre for Rural and Agricultural Health

BeGrainSafe

To learn more about the Canadian Centre for Rural and Agricultural Health (CCRAH), visit our website! cchsa.usask.ca

To learn more about the CASA's (Canadian Agricultural Safety Association) National Safety and Health Programs, visit their website! planformsafety.ca

Canadian Centre for Rural and Agricultural Health

New Resource!

SUN SAFETY in Agriculture

SunSmart

Ag in Motion

Canadian Centre for Rural and Agricultural Health

THANK YOU!

Canadian Centre for Rural and Agricultural Health

FARM SAFETY TIPS

WHEN OPERATING AN ATV ON THE FARM, CONSIDER THESE TIPS:

- WEAR APPROPRIATE GEAR
- PERFORM A PRE-TRIP CHECK TO ENSURE THE ATV IS IN SAFE WORKING ORDER
- KNOW HOW TO SAFELY OPERATE AN ATV

See Safety Harvest Life

WE'LL BE AT WESTERN CANADIAN CROP PRODUCTION SHOW JANUARY 13-15, 2026

Booth 150 - Corvea Hall A

Stop by our booth to grab all of your essential agricultural health and safety resources and learn about our Farm Safety Plan Program!

See you there!

Canadian Centre for Rural and Agricultural Health

MENTAL HEALTH AWARENESS MONTH

Canadian Centre for Rural and Agricultural Health

Thank You! WYMARK SCHOOL

RM OF SWIFT CURRENT NO. 137, DIV. 3

for a wonderful Discovery Days presentation!

agsafety.usask.ca

Canadian Centre for Rural and Agricultural Health

SASKATCHEWAN SAFETY SEMINAR

3RD Saskatchewan Safety Seminar

Make Safety Right. In Every Day.

Canadian Centre for Rural and Agricultural Health

Thank You! RM OF BLUCHER #343

for your partnership in hosting a One2One Hearing Loss Prevention Clinic for farm families and RRA employees on August 18th, 2020!

ONE2ONE
RESPIRATORY & HEARING CLINICS FOR FARMERS

Canadian Centre for Rural and Agricultural Health

DON'T PASS ON FIRE SAFETY

How to use a fire extinguisher with the P.A.S.S. method

- Pull** - Pull the pin.
- Aim** - Aim the nozzle or hose at the base of the fire.
- Squeeze** - Squeeze the handle slowly and evenly.
- Sweep** - Sweep from side to side at the base of the fire.

#FarmSafetyEveryday

Canadian Centre for Rural and Agricultural Health

5 S'S OF SUN SAFETY

Make sun safety part of your daily routine! Sun Safety in Agriculture

- S** - Stay in a safe, shaded, covered area and wear protective clothing.
- S** - Seek shade between 10am and 4pm.
- S** - Squeeze - wear sunglasses that block 100% of UVA and UVB rays.
- S** - Slip - slip on a hat.
- S** - Squeeze - wear sunscreen.

Visit AgInMotion.usask.ca

Canadian Centre for Rural and Agricultural Health

MENTAL WELLNESS IN AGRICULTURE

New Resource! Mental Wellness for Saskatchewan Farmers & Ranchers: Immediate Support

Partnership Program! Saskatchewan AgAgMatters

Canadian Centre for Rural and Agricultural Health

Ag in Motion

STARTS TOMORROW! See you there!

We're providing QR Damage Recognition at our booth in partnership with SunSmart

Visit our trade show booth! Scotiabank Farm Pavilion - S81

"WHAT DID YOU SAY?"

HOW TO PREVENT NOISE INDUCED HEARING LOSS IN AGRICULTURE

Save Your Breath:

Respiratory Health in Agriculture

2nd Edition

Canadian Centre for Health and Safety in Agriculture
aghealthnetwork.ca

Ag Health & Safety GearUp
aghealthnetwork.ca

Together we can make it safer.

Electrical Safety on Saskatchewan Farms

SaskPower.

Musculoskeletal Health and Safety in Agriculture

Canadian Centre for Health and Safety in Agriculture
aghealthnetwork.ca

WBV Risks

Shaken, not stirred

Whole body vibration (WBV) is known to be associated with back and hip disorders, but it can also contribute to the risk of falls and collisions (accidents).

The short-term effects of WBV include:

- Cognitive impairment (memory difficulties, for example)
- Stress
- Loss of balance
- Reduced sense of body position and self-movement
- Reduced sensory and motor responses

With long-term exposure to WBV, the effects are cumulative and can contribute to the development or aggravation of low-back injuries.

Additional Resources

Scan the QR codes with your phone camera

Gov. of Ontario: CCCHS: OHS:

Dr Dena Burnett
dena.burnett@sask.ca
308-241-8727

Canadian Centre for Health and Safety in Agriculture
aghealthnetwork.ca

This resource was made possible by the Canadian Agricultural Safety Association and the Canadian Agricultural Partnership.

CANADIAN AGRICULTURAL PARTNERSHIP
CASA | ACSA
Canada

Take a Break from the Shake

That's right! Something as simple as taking a break during your workday can help reduce some of the negative effects from whole-body vibration (WBV) when operating farm machinery.

Learn more inside about some of the risks of WBV, along with practical tools and strategies to help reduce the adverse health effects.

Get up and move!

Fostering Resiliency in Agriculture

The Importance of Self-Care & Stress Management to Maintain Mental Health

BRIDGES HEALTH | Canadian Centre for Health and Safety in Agriculture | Saskatchewan | Canada

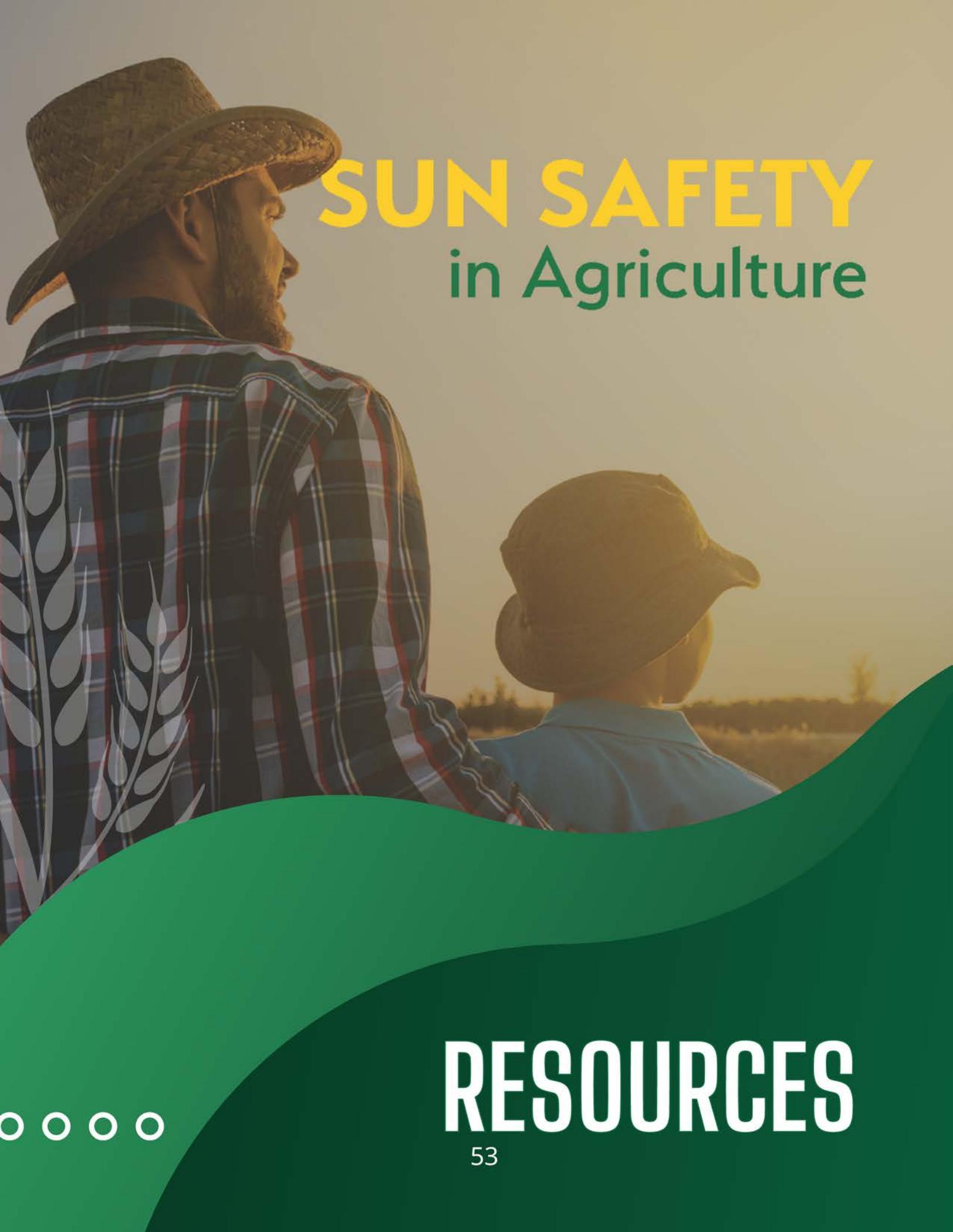
LOW-STRESS CATTLE HANDLING

For Productivity and Safety

Canadian Centre for Health and Safety in Agriculture

GROWING forward

with a Farm Safety Plan



SUN SAFETY

in Agriculture

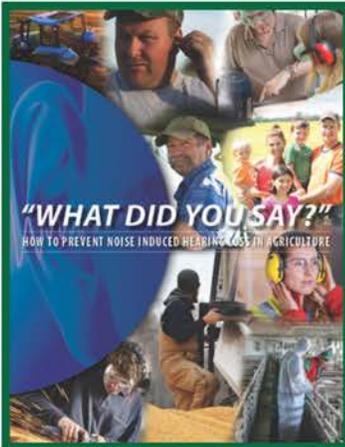


RESOURCES

UPCOMING RESOURCES



All current and upcoming resources are available for download and print on our website!



“What Did You Say?” How to Prevent Noise Induced Hearing Loss in Agriculture

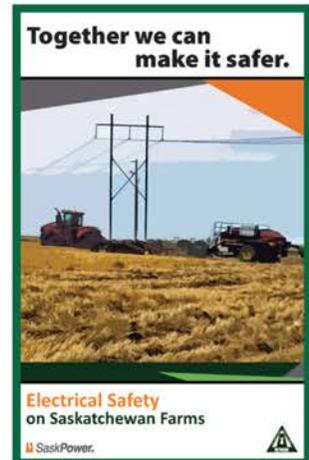
3rd Edition in progress!

Farming can be noisy, whether you are operating machinery like a tractor or combine, working in a livestock barn or near a grain auger. Consider the effects all of these noises can have on your hearing. Protect your hearing and prevent noise induced hearing loss, which is 100% preventable!

Electrical Safety on Saskatchewan Farms

2nd Edition in progress in partnership with SaskPower!

The Electrical Safety on Saskatchewan Farms resource was designed to fill an existing gap in knowledge in the Saskatchewan agricultural community and provide a comprehensive overview of farm electrical safety. The Agricultural Health and Safety Network collaborated with SaskPower for their expertise on the subject and development of this resource.



NEW! Women in Agriculture

Coming Summer 2026!

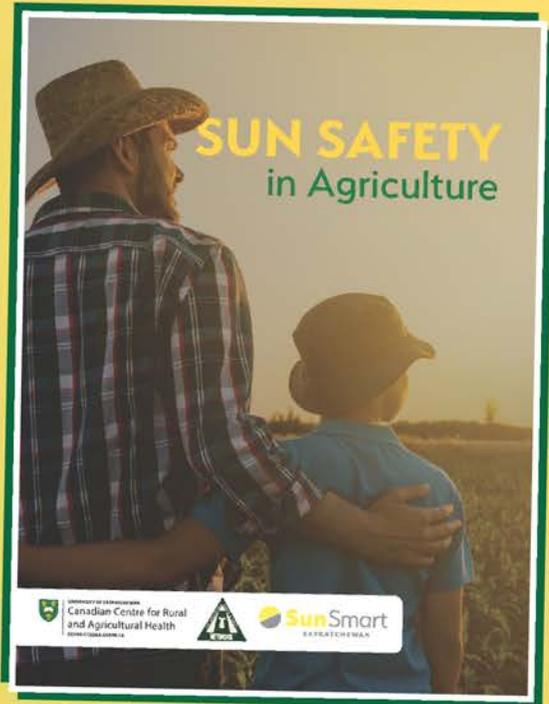
Women are the backbone of Canadian farming - planting, caring for livestock, managing operations, and supporting their families. But farm work brings unique health risks for women, especially when it comes to reproductive health, physical strain, and exposure to chemicals. With proper safety practices, well-fitting PPE, and support for women’s well-being, farms and families can thrive.

NEW RESOURCES

SUN SAFETY in Agriculture



The sun is a major occupational hazard for anyone who works outdoors. With the amount of time spent outside, Canadian agricultural workers are in the highest risk category for sun exposure. The Sun Safety in Agriculture resource helps producers understand UV rays and the types of damage sun exposure can cause. The resource also outlines practical, farm-friendly strategies to help reduce risk, including choosing appropriate protective clothing, using sunscreen, and recognizing early signs of heat-related illness. By understanding these risks and taking simple preventative steps, producers can create safer working conditions for themselves, their families, and their employees.



The Agricultural Health and Safety Network team and a representative from SunSmart Saskatchewan promoting sun safety at Ag in Motion 2025



NEW! Sow Safety Harvest Life Sun Hats. Available at the AHSN Trade Show booth!



All current and upcoming resources are available for download on our website!

NETWORK NEWS

Delivered to:
204 Member RMs

Reach of:
25,000 Farm Families



Network News - Edition 56

This issue of Network News is full of timely tips, heartfelt stories, and practical tools to support your health and safety on the farm.

Inside, we take a closer look at the emotional side of farm transition planning, share Karrie’s powerful story of finding purpose after tragedy, and highlight the importance of staying safe on ATVs and keeping immunizations up to date. There’s also a fun kids’ activity page to help spark safety conversations at home.

Network News - Edition 57

As the days grow shorter and the temperatures drop, winter naturally becomes a time to slow down, reflect on the past season, and plan for the one ahead. It’s an ideal time to take stock of safety on your farm. Whether it’s tuning up equipment, reviewing safety practices, or working toward a farm safety plan, even small changes can make a big difference. Not sure where to begin? This edition of the Network News includes an overview of the Saskatchewan Farm Safety Plan to help you get started.



Coming Soon! Network News Spring/Summer Edition #58 will be delivered in May/June 2026!

Check out all editions of the Network News on our website!



SUPPORTING MENTAL WELLNESS FOR SK FARMERS AND RANCHERS

If your safety is at immediate risk, call 911	
SaskAgMatters - free counselling services	call 1-306-371-7644
Saskatchewan Farm Stress Line	call 1-800-667-4442
National Farmer Crisis Line - 24/7 support	call 1-866-327-6701
211 Saskatchewan	call or text 2-1-1
AgTalk - non-crisis peer to peer support platform	visit domore.ag/agtalk
Family Service Saskatoon	call 1-306-244-0127
Counselling Connect Saskatchewan	https://www.counsellingconnectsask.ca/
Kids Help Phone	text 686868 or call 1-800-668-6868
HealthLine	call 8-1-1
Suicide Crisis Helpline	call or text 9-8-8
Mobile Crisis Services	call 1-306-757-0127
Problem Gambling Helpline	call 1-800-306-6789
Adult Sexual Assault Helpline	call 1-800-214-7083
First Nations & Inuit Hope for Wellness Help Line	call 1-855-242-3310
Dementia Helpline	call 1-877-949-4141

Mental Wellness for Saskatchewan Farmers & Ranchers

Immediate Support

If you or someone you know is struggling with mental well-being, remember...
You are not alone—there is hope and there is help!



Supporting Rural People in Agricultural Health and Safety

SaskAgMatters Mental Health Network Inc.

Supporting the people who feed us.

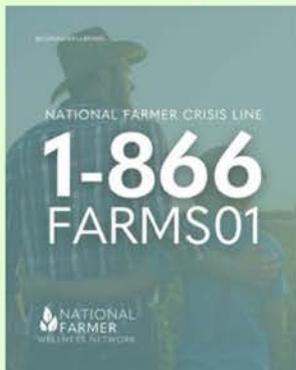
- FREE mental health services for SK ag producers, their family members, and agricultural workers
- 6 hours of free therapy available per year
- Registered mental health professionals with agricultural background/knowledge

saskagmatters.ca

SaskAgMatters was founded in response to research findings: from producers through the Saskatchewan Farmer and Rancher Mental Health (FARMh) Initiative



Contact us: saskagmatters@gmail.com | 1-306-371-7644





FARM SAFETY CALL FOR STORIES

SHARE YOUR STORY WITH US!

WE WELCOME YOUR STORIES AND LESSONS IN FARM SAFETY
TO SHARE ON OUR WEBSITE AND IN NETWORK NEWS
PUBLICATIONS

EMAIL

**AGHEALTHANDSAFETY@
USASK.CA**

CALL

**306-966-6644 OR 306-966-
6643**

THANK YOU TO OUR PARTNERS



CONTACT US

AGRICULTURAL HEALTH AND SAFETY NETWORK

 aghealthandsafety@usask.ca

 aghealth.usask.ca

 (306) 966 - 6644

Social Media

 [AgricultureHealthSafetyNetwork](https://www.facebook.com/AgricultureHealthSafetyNetwork)

 [@SaskAgSafety](https://twitter.com/SaskAgSafety)

CANADIAN CENTRE FOR RURAL AND AGRICULTURAL HEALTH

 ruralaghealth@usask.ca

 cchsa.usask.ca

 (306) 966 - 8286

Social Media

 [USaskCCRAH](https://www.facebook.com/USaskCCRAH)

 [@USaskCCRAH](https://twitter.com/USaskCCRAH)

 [Canadian Centre for Rural and Agricultural Health](https://www.linkedin.com/company/canadian-centre-for-rural-and-agricultural-health)

 [Canadian Centre for Rural & Ag Health \(@cchsa25\)](https://www.youtube.com/channel/UCcchsa25)

BOOTS on the Ground

Are you interested in staying up to date with all of our activities? Make sure to subscribe to the Boots on the Ground newsletter!

The Boots on the Ground Newsletter is CCRAH's newsletter reporting on all of our research, outreach, and services sharing highlights, updates, and events.

Sign up for the BOTG Newsletter by scanning the QR Code!



HAVE YOU HAD POSITIVE EXPERIENCES WITH THE NETWORK?

Encourage new membership in the Agricultural Health and Safety Network Network by sharing your experiences with your peers, neighbours, Councilors and other non-Network member RMs in your division.

HAVE YOU OR YOUR RM BEEN HELPED BY OUR PROGRAMS?

Share your views of the programs you and your RM receive directly or indirectly by the Network with non-Network member RMs in your division.

March 2026

Designed and collated by AHSN team and CCRAH Communications team



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(FarmPhotos.ca)