



# THE NETWORK

**SUMMARY OF ACTIVITIES**  
April 2014 - March 2015



## MESSAGE FROM THE DIRECTOR



*Dr. Niels Koehncke, Acting Director,  
Canadian Centre for Health and Safety in  
Agriculture; Specialist in Occupational  
Medicine, Network Faculty Advisor*

The 2014-2015 year has turned out to be a productive and growth year for the Network. Our membership is up to 217 RM's (the highest ever) and we look forward to recruiting even more this year. We have been very busy attending and participating in trade shows, workshops, clinics and division meetings. We received an increase in funding from the Ministry of Agriculture (thank you again) and have been humbled by the continued and strong support from SARM for the Network and it's activities.

On October 17th 2014 CCHSA had it's grand opening for our new location in the Health Sciences E-Wing on the U of S campus. We were honored to have Honorable Minister Lyle Stewart attend and speak and help cut the opening ribbon, and we were delighted to tour Minister Stewart around our new facilities afterwards. Dr. James Dosman provided a historical overview of the Centre and the Network, and we had greetings from David Anderson MP for Cypress Hills-Grasslands, Dr. Ernie Barber Interim Provost and VP Academic, Dr. Preston Smith Dean of Medicine, Dr. John Gordon former CCHSA Director, Judy Harwood Division 5 Director and Corman Park Reeve, and Jennifer Miller VP Lung Association

of Saskatchewan. It was a tremendous event and we were delighted and appreciative of the support and turn-out. Thank you to all of our CCHSA staff for their hard work making this happen.

Two days after the grand opening, starting on October 19th through the 22nd 2014, CCHSA hosted it's 7th International Symposium (Safety and Health in Agricultural and Rural Populations: Global Perspectives). This scientific conference brought in almost 300 delegates from approximately 20 countries around the world to Saskatoon to share and discuss research and innovations in agricultural health and safety and rural health. Our Network team presented and participated heavily in this event and again a huge thank you to CCHSA staff, students and faculty for making the Symposium a huge success.

We are pleased to say we have either met, or are on our way towards meeting, many of the 1-2 year goals outlined in our 5 year strategic plan for the Network, and I am writing this only 10 months into our first year of the plan. The plan has outlined a number of goals to help increase our funding and partners, reach and visibility, activities and outputs, and effectiveness. This plan is literally on the wall in our offices and helps guide our decisions and strategies on a regular basis.

We remain very grateful for the support from our member RMs, SARM and the Ministry of Agriculture towards the ongoing success of the Network, and to granting partners like CASA and industry providing support for specific workshops and activities. Thank you again to our Network staff for their relentless dedication to the cause! Let's look forward to making 2015-2016 a very healthy and safe year for Agriculture in Saskatchewan.

Sincerely,

A handwritten signature in blue ink, appearing to read 'N. Koehncke', with a stylized flourish at the end.

*Dr. Niels Koehncke, Acting Director*

## **Canadian Centre for Health & Safety in Agriculture - CCHSA Research and the Network**

CCHSA was founded in 1987 and is located at the University of Saskatchewan. The Network began shortly after when research indicated that respiratory hazards on the farm needed to be addressed. Research guides the Network's focus on various agricultural health and safety concerns. CCHSA's researchers and extensive network of international researchers and collaborators investigate a broad range of topics that can potentially impact the health and safety of Saskatchewan farm families.

Some of the current CCHSA research projects at CCHSA include:

- Saskatchewan Injury Cohort - examining the types of injuries and fatalities that are occurring to which population of Saskatchewan farmers
- Saskatchewan Rural Health Study - Respiratory health
- Low back disorder - related pain and disability experienced by Saskatchewan farmers
- Dementia care: Rural and Remote memory clinic
- Saskatchewan First Nations lung Health Study

## **The Agricultural Health and Safety Network**

### **History**

The Canadian Centre for Health and Safety in Agriculture (CCHSA) partnered with the Saskatchewan Association of Rural Municipalities (SARM) and six Rural Municipalities in 1988 and founded the Agricultural Health and Safety Network with the mission to improve health and safety on the farm through education, service, and evaluation research. This organization is now in its 27th successful year and is providing occupational health and safety services to 217 RMs that are members of the Network. The Network continues to grow with a list of approximately 30,000 farm families. The increase of RM membership attests to the viability and success of an agricultural health and safety program that is unique to Saskatchewan.

## **Membership & Recruitment**

The current membership of the Agricultural Health and Safety Network is 217 RMs. Each of these RMs pay an annual fee of \$3.75 per active farm family to benefit from the Network resources and services. The maximum RM membership fee continues to be capped at \$1200 per RM. The partnership that member RMs provide is truly the foundation of the Network as leverage to attract additional resources to better serve Saskatchewan farmers, their families and their workers.

In efforts to increase Network RM membership an annual recruitment package is mailed to non-member RMs in addition this year four visits were made to RMs council meetings to encourage and promote Network membership as a valuable opportunity for farm families in their community.

### **Welcome New RMs!**

As a result of recruitment efforts we would like to welcome the following new RM Network members: RM of Bone Creek #108, RM of Big Stick #141, RM of Wheatlands #163, RM of Sarnia #221, RM Hillsborough #132, and RM of Rodgers #133.

Support of the Network allows for a unique viable program to potentially benefit collectively all farm families and agricultural workers in Saskatchewan.

### **Funding**

The Network funding is received from RM fees, the Saskatchewan Ministry of Agriculture, the Canadian Center for Health and Safety in Agriculture and other grants.

## Network Team

The Network team is comprised of CCHSA faculty and staff. Some members of the Network team spend all of their time on Network activities while other members spend a portion of their time. Each member of the Network team brings expertise and experience for their respective disciplines.

- Niels Koehncke**, Acting Director, CCHSA, Associate Professor, Dept. of Medicine U of S (1)  
**Dr. Donna Rennie**, Professor, College of Nursing, Network CCHSA Faculty Advisor (2)  
**Bonita Mechor**, Knowledge Translation Specialist (3)  
**Cheryl Leuschen**, Registered Nurse (4)  
**Kendra Ulmer**, Registered Nurse (5)  
**Sueli de Freitas**, Communications Coordinator (6)  
**Anna-Marie Mechor**, Network Administrative Assistant (7)  
**Iris Rugg**, Network Finances (8)  
**Louise Hagel**, Saskatchewan Injury Surveillance (9)



## Steering Committee

The Steering Committee is an advisory group composed of RM councilors and a Saskatchewan Ministry of Agriculture representative. These committee members represent the voices of Saskatchewan farmers, their families and their workers to provide direction and feedback on programs delivered in the Network. The members support and input are invaluable to the Network. The members of the Steering Committee are as follows:

Division 1	Stanley Lainton	RM of Coalfields #4
Division 2	Duane Filson	RM of Wood River #74
Division 3	Floyd Thunstrom	RM of Coteau # 255
Division 4	Brenda Zemluk	RM of Elfros #307
Division 5	Eugene Matwishyn	RM of Prince Albert #461
Division 6	Gary Hoppe	RM of Glenside #377
Ministry of Agriculture	Andre Bonneau	

## Students at the Network

The Network hosts a variety of university students from the College of Nursing, School of Public Health, College of Medicine and Saskatchewan Collaborative Bachelor of Science in Nursing Program. The student's practicums are in the study of community health and/or occupational health. Students assist the Network staff with writing articles, updating resources, helping at tradeshow and attending rural health clinics. Our students this year included: Lanre Medu (Nov 2014-Jan 2015) Brooke Burletoff (Jan 2015) and Kerry Garner (Feb 2015).





## Partnerships

The Network works to develop community partnerships and relationships with local RMs and various organizations to increase awareness of farm health and safety. Some examples of partnerships include: working with RMs to host health clinics for farmers, attending community farm safety days, collaborating with researchers to produce applicable resources for farm families, and being present at a variety of tradeshow and presentations where the agriculture community is present. In addition, the Network also continues to partner with organizations to increase the effectiveness of the program.

The Saskatchewan Alliance for Safety and Health in Agriculture (SASHA) is a provincial group that meets 1-2 times per year to provide collaborative opportunities for the organizations that participate. It is an opportunity to work with other SK organizations that are interested in farm safety, to prevent overlap of services and resources, and to make best use of financial and human resources. CCHSA hosted SASHA meetings in April and November 2014.

## Network Newsletters

The Network newsletter is delivered to the farm gate of 30,000 Saskatchewan farm families who are enrolled in the Network by their RM. The newsletter is a form of knowledge translation in which applicable research findings, farm health and safety tips, scholarship information, upcoming events and contact information is distributed to farm families.

## Network Mailing List

The Network mailing list is updated twice a year before the mail outs to be as accurate as possible, to prevent overlap, and to prevent unnecessary expenditure for both the Network and the RMs. RM administrators are encouraged to notify the Network of changes to their current active farm family ratepayer's mailing list.

As there are a significant number of people who still prefer paper copies of newsletters, resources, etc, we will continue to provide farm families with this service in addition to providing electronic access to resources on our website.

## Fall Issue 2014 & Annual Package



As the 2014 Network theme focused on back safety, the Network is promoting exercise and ergonomically correct farming practices with the goal preventing back strain and injuries that are common in the agricultural industry. We also intended to help producers improve their current back conditions and quality of life to reduce costs associated with injury and time away from work.

The Fall issue focused on: back safety, current Network activities, International Safety and Health Symposium, Canada Farm Safety Plan, Exterior grain bin hazards, SK Crime stoppers, SK farm girl invents safety feature, CCHSA research updates and scholarship information.

The 2014 fall issue of the Network News was delivered to close to 30,000 Saskatchewan farm families with the **SAVE YOUR BACK: Prevention of Agricultural Related Back Strain and Injury** resource. When appropriate, the Network plans to continue distribution of the annual package within the Network newsletter due to the large financial savings. See the description of this resource on the next page.



## Other Publications

The Network provides health and safety articles for other magazines and newsletters. This is a valuable opportunity to promote the Network and provide outreach beyond our membership. The Network contributes an article to the Rural Councilor (SARM's publication with a readership of 2,000) as well as provides interviews with various agricultural publications/media such as Country Guide, The Western Producer, and CJWW radio "Let's talk Agriculture".

## New Resources

### SAVE YOUR BACK: Prevention of Agricultural Related Back Strain and Injury

This new resource will inspire you to take care of your back and encourage your family members and workers on your farm to also take steps to promote back safety. By learning why we promote back safety and identifying activities (risk factors) that exist in our work that could cause back injury such as lifting, repetitive strain injury and machinery operation we are better equipped for prevention of the injury. The importance of taking a stretch breaks is highlighted with a simple easy to follow routine. Daily exercises for fall prevention in older farmers are also featured in this resource. *A new five- year study at CCHSA is in progress to examine how to prevent aches and pains from developing in to more serious, long-term injuries for farmers and agricultural workers in Saskatchewan.* As the Network is the link between CCHSA research and distributing health and safety information in rural Saskatchewan we will be sure to get study findings out when available.

### Take a Stretch Break Poster



This poster was created to encourage back safety and will be used at tradeshows, presentations, and health clinics. Farmers, their families and workers will be encouraged to post this poster in their workplaces and home. Pictures and descriptions of the stretches will assist producers in learning the proper techniques to practice the stretches daily to promote prevention of agricultural related back strain and injury.

Visit us on Campus During  
Canadian Agricultural Safety Week



## Workshops

The Network hosted a one day training event in Saskatoon on November 12, 2014 focusing on the Canada FarmSafe Plan developed by the Canadian Agricultural Safety Association and presented by Glen Blahey. This training program was very successful in giving leaders and producers in the agricultural industry the tools they needed to help producers develop and implement a customized Canada FarmSafe Plan. This plan is a valuable business risk management tool. A grant of \$10,000 from Farm Credit Canada and the Canadian Agriculture Safety Association helped support this workshop.



## 7th International Symposium: Safety & Health In Agricultural & Rural Populations



The Network staff was involved as part of CCHSA in the planning and hosting of the 7th International Symposium "The Safety & Health in Agricultural & Rural Populations: Global Perspectives (SHARP) October

19-22, 2014 in Saskatoon, Saskatchewan. This symposium captured the impact of global issues and challenges that face the health and safety of rural people seeking to bridge gaps that occur between research and the community. The Network had a booth display of resources and personnel to answer any international inquiries about our program. The Network also presented on best practices during one of the concurrent sessions.

**New!**

### Respiratory Education Package

The Network has grouped together our "Save Your Breath: Respiratory Safety in Agriculture" dvd and resource booklet, background material and a viewing guide in a package for those who wish to present it to a group. CCHSA research recognizes that respiratory hazards on the farm are a major concern for the agricultural industry and this teaching tool will assist farmers to better understand farming related respiratory health issues.



## CCHSA's Official Grand Opening

The Official Opening of The Canadian Center for Health and Safety in Agriculture & The National Agricultural Industrial Hygiene Laboratory and the new home for The Network took place on October 17, 2014. We were delighted to have Honourable Minister of Agriculture Lyle Stewart and other dignitaries to open the Centre.



## Tradeshows

Tradeshows are a venue for promotion of the Network and to bring awareness of current agricultural health and safety information, resources, workshops and clinics available. At tradeshows staff are able to communicate with farmers, their families, their workers and the general community to promote injury prevention and health promotion.



### TRADESHOWS

July 24 2014	APAS Midterm Convention
November 13, 14 2014	SARM Midterm Convention
November 16 2014	Saskatoon Co-op Seed Launch
January 12, 13, 14, 15 2015	Crop Production Show, Saskatoon
February 17, 18, 19 2015	Agri-Visions Show, Lloydminster
March 9, 10, 11 2015	SARM Convention Tradeshow, Saskatoon



### SARM ACTIVITIES - June 2014 Division Meetings

June 17 - Division 3	Swift Current
June 18 - Division 2	Moose Jaw
June 19 - Division 1	Kipling
June 24 - Division 4	Kelvington
June 25 - Division 5	Saskatoon
June 26 - division 6	North Battleford



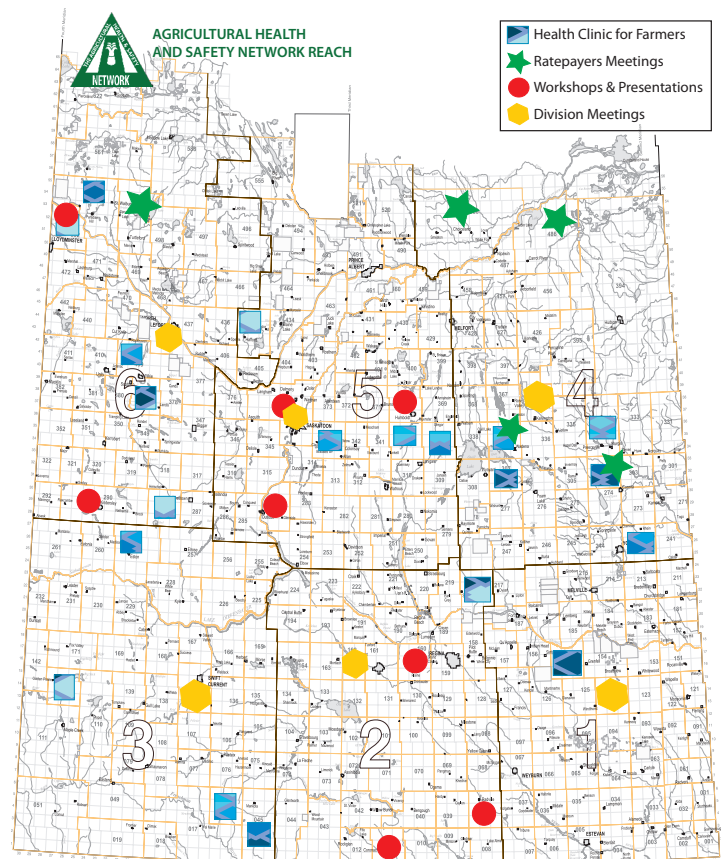
### Ratepayers Presentations & Meetings

April 2, 2014	Turtleford Rate Payers' Supper RM #499
April 7, 2014	Wadena Rate Payers' Supper RM #337
April 9, 2014	Buchanan Rate Payers' Supper RM #304
February 11, 2015	Torch River Rate Payers' Supper RM #488



### Workshops & Presentations

April 15, 2014	Agriventure Safety Presentation, Saskatoon RM #344
June 12, 2014	Belle Plaine Colony Safety Fair & Workshop RM #160
June 13, 2014	RM of Hart Butte #11 Safety Fair
October 1, 2014	Humboldt Farm Safety Day Camp
November 12, 2014	Canada FarmSafe Workshop
December 9, 2014	Network overview and Back Safety presentation @Ministry of Agriculture: Succession Planning workshop in Outlook
February 10, 2015	Radville Back Safety Presentation
February 12, 2015	Kindersely Ministry of Agriculture Regional office



## ONE2ONE Respiratory and Hearing Clinics For Farmers

**One2One** Health Clinics for Farmers are offered to assess farm families and farm workers respiratory or hearing health either at our new Network clinic on the UofS campus or in your local RM. Network member RMs are invited to host either a Respiratory Clinic or Hearing Loss Prevention Clinic for active farm family ratepayers. Farmers also have the option to phone the Network to visit our clinic for screening at CCHSA. This year we will launch our “in house” clinic promotional campaign with RMs and media to increase awareness of the “**One2One** Health Clinics” offered at CCHSA located in Saskatoon at the University of Saskatchewan.

Many farmers overlook the most important element in their farming operation- their human resources!



Farmers, their families, and their workers' health and safety is critical to the economic success and sustainability of the farming operation.

## TOP TEN REASONS TO ATTEND NETWORK CLINICS

1. PREVENTION! Agricultural related illnesses, injuries and fatalities are predictable and preventable.
2. Establish a personal baseline health profile.
3. Learn how your lungs are functioning or how well you can hear!
4. Improve your physical and mental health.
5. Referrals and follow-up with Agricultural Occupational Health Specialists if needed.
6. Takes only 30 minutes.
7. Clinic is 1:1 with Registered Nurse in a private confidential environment
8. The Agricultural Occupational Health nurse will personalize your clinic time to meet your current health and safety concerns.
9. Identify agricultural hazards and effective ways to reduce exposures.
10. Selection and fit testing appropriate PPE (ie: respirators and ear plugs) the will work best for you and your work on the farm.

# RESPIRATORY CLINICS FOR FARMERS

Nothing can restore lost hearing  
Once it's gone, it's gone

Do you know how your lungs are functioning?

Am I using the best fit respirator for my work?

Agricultural related illnesses and injuries are predictable and preventable

Health and safety are critical to the economic success and sustainability of the farming operation

**NETWORK CLINIC LOCATION**

Canadian Centre for Health and Safety  
104 Clinic Place, Health Sciences Building  
University of Saskatchewan



# WE DNE

## PIRATORY & HEARING CLINICS FOR FARMERS

restore lost hearing.  
if it's gone, it's gone!

now how your lungs are  
functioning?

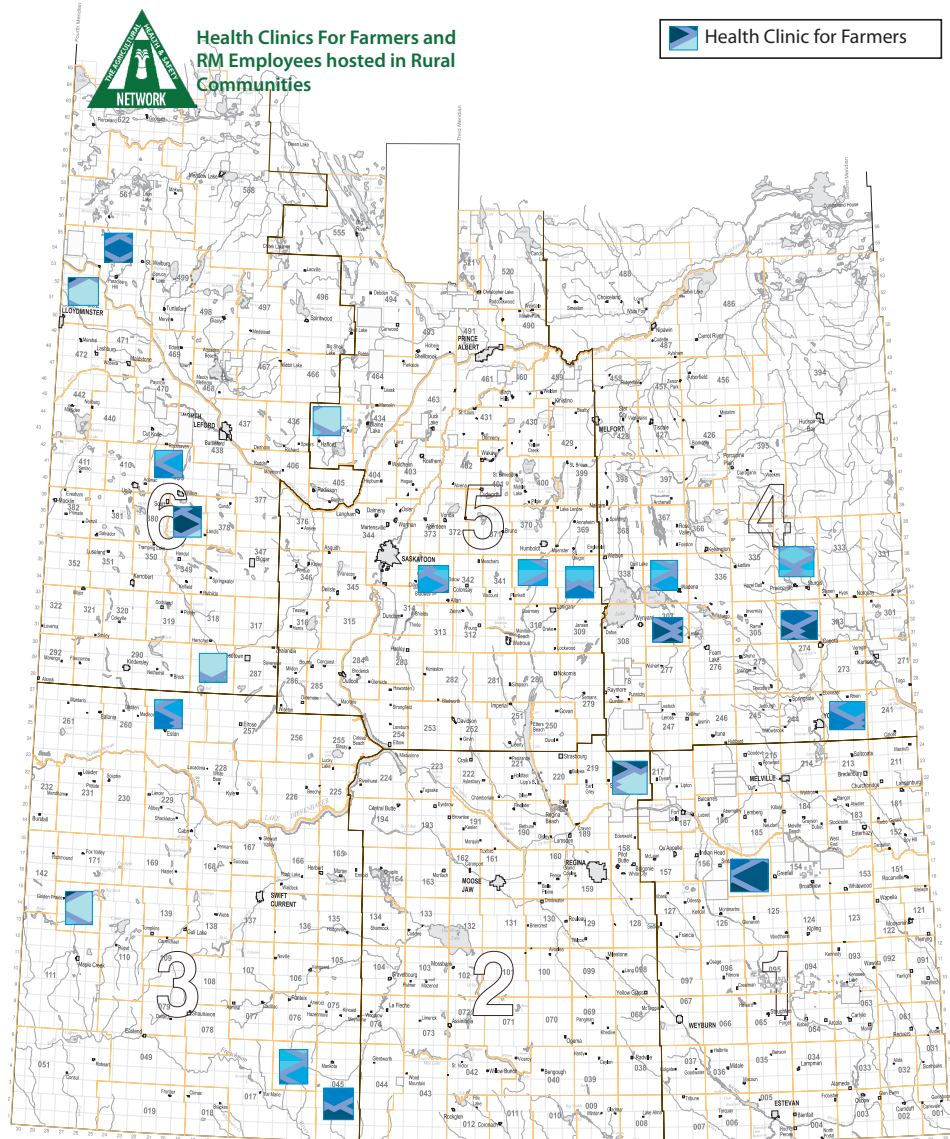
the best fit respirator  
for my work?

al related illnesses and injuries  
predictable and preventable.

and safety are critical to the  
success and sustainability  
of the farming operation.

### WORK CLINIC LOCATION:

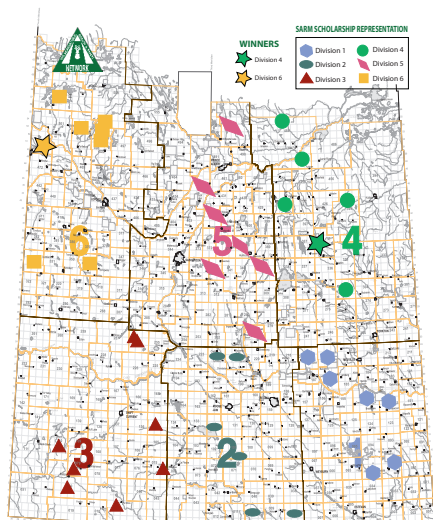
for Health and Safety in Agriculture  
Space, Health Science Building  
University of Saskatchewan



### Health Clinics for Farmers and RM Employees hosted in Rural Communities

October 8, 2014	Hearing Clinic with RM #304 & #334	Preeceville
November 5, 2014	Respiratory Clinic with RM #243	Yorkton
November 6, 2014	Respiratory Clinic with RM #343	Bradwell
November 20, 2014	Hearing Clinic with RM #45 & #46	Mankota
November 25, 2014	Hearing Clinic with RM #141	Golden Prairie
December 9, 2014	Hearing Clinic with RM #501	Paradise Hill
December 15, 2014	Hearing Clinic with RM #409	Wilkie
February 10th, 2015	Hearing Clinic with RM #218	Cupar
February 17th, 18th, 19th, 2015	Respiratory Clinic	Lloydminster
February 26th, 2015	Hearing Clinic with RM #339	LeRoy
March 2, 2015	Hearing Clinic with RM# 434	Blaine Lake
March 4, 2015	Hearing Clinic with RM #307	Elfros
March 5, 2015	Hearing Clinic with RM #337	Wadena
March 26, 2015	Hearing Clinic with RM #379	Wilkie
TBA	Respiratory Clinic with RM # 288	Fiske
March 31, 2015	Hearing Clinic with RM #259	Easton
April 2, 2015	Hearing Clinic with RM #340	Burr
April 2015	Hearing Clinic with RM # 435	Hafford

## SARM Scholarship



History: In 1995, the Saskatchewan Association of Rural Municipalities (SARM) actioned off the first copy of its history book "The Building of a Province: Commemorating the 90th Anniversary of the Saskatchewan Association of Rural Municipalities." This auction netted the sum of \$2,600 which the SARM Board of Directors contributed to the Canadian Center for Health and Safety in Agriculture (CCHSA). These funds initiated the SARM 90th Anniversary \$1,000 Student Scholarship in Agricultural Safety and Rural Health. The Founding Chairs Program at CCHSA now maintains the scholarship.

This year two scholarships of \$1500 were awarded to grade 12 students, *Alysandria Harland from the RM of Britannia # 502* and *Cameron Choquette from the RM of Kelvington # 366*. They submitted excellent essays about (a) The importance of safety and health on our farm or (b) Safety and health hazards on our farm.



*"Using the proper equipment keeps all people safe when working on the farm because unsafe workers are a hazard to not only themselves but to everyone."*

*Cameron Choquette  
RM of Kelvington # 366*



*"Farm safety has become a more common topic in Grandma's kitchen these days. With sixteen family members working together the odds of an accident are greater than a farm with only two experienced adults. By developing a series of rules and a safety plan specific to our farm, we are hopeful that we have eliminated most hazards and have achieved a safe work environment. Little Willow Creek now has the mantra "No harm to grandparents, uncles, aunts, cousins and visitors - everywhere, every time and all the time."*

*Alysandria Harland, RM of Britannia # 502*

## Electronic Education

Member RMs receive periodic emails to keep them up to date with upcoming event, and opportunities that they may have through their Network membership. Our electric reach is a nice addition to our current themes as we can post safety information and our activities that follow our themes.

### Website

The Network website provides a place to access our electronic resources, and learn about upcoming Network events. On our website we have information about the Network, how to contact us, a library of network newsletters and fact sheets, locations of upcoming health clinics/presentations/workshops for farm families, and updated feature articles. Our website continues to receive over 7,500 hits per month.

### Facebook



Social media is a great way for people to connect and be heard, as well as a way to learn. The Network will link you to educational safety resources

that are relative to your farming operation. The Network Facebook has 108 likes and reach is sometimes as much as 369 for an individual post.

### Twitter **New!**

The Network is now active on Twitter! Follow us @ SaskAg-Safety

## Agricultural Health and Safety Theme for 2015/2016

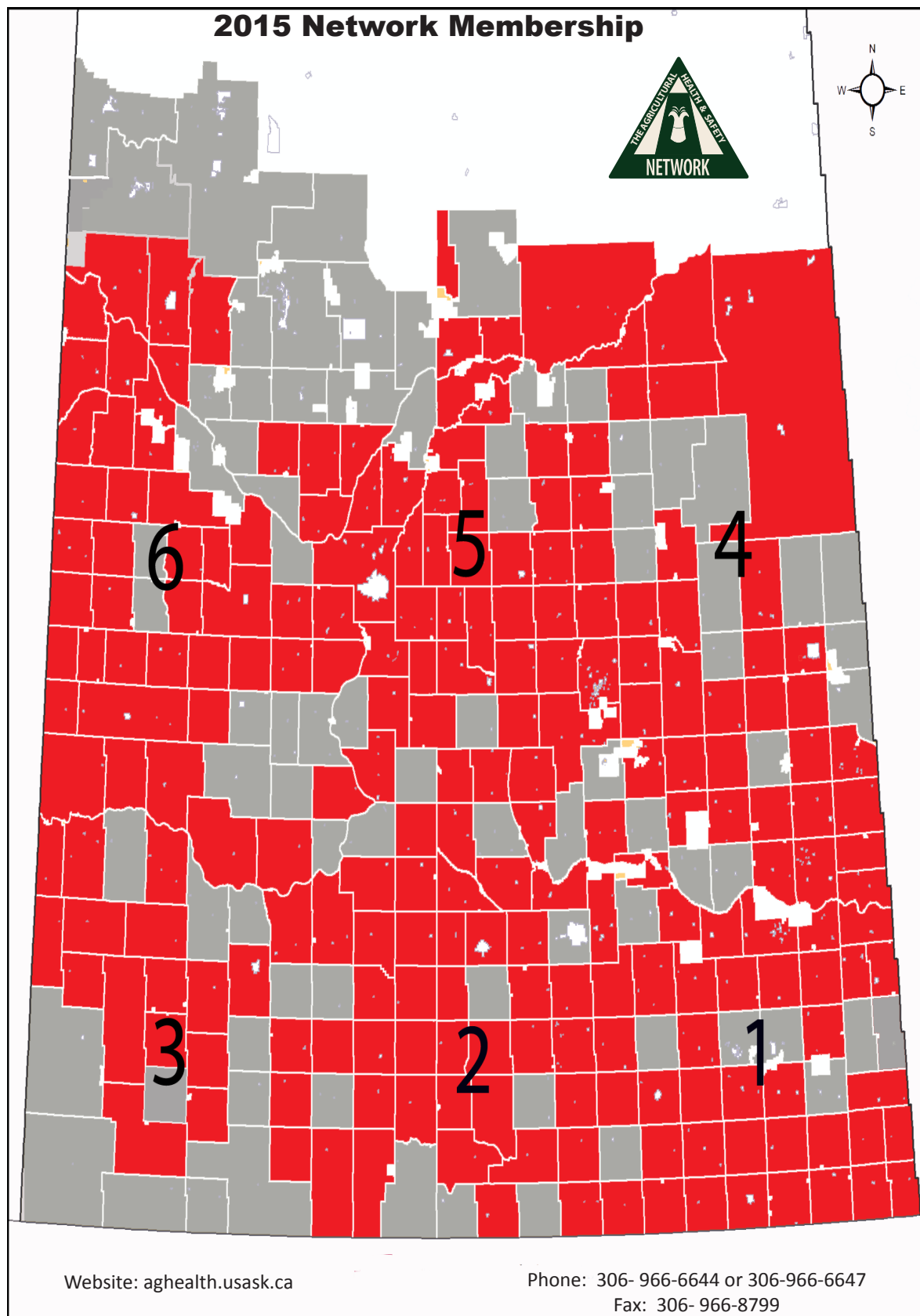
Watch for our  
"Focus on Family Farm Safety"  
Promotions and Resources In The Upcoming Year!

*If you would like to be on an email list to keep you connected to the Network throughout the year, please provide us with your email address.*

# NETWORK MEMBERS

R.M. of Argyle No. 1	R.M. of Chester No. 125	R.M. of Calder No. 241	R.M. of Biggar No. 347
R.M. of Mount Pleasant No. 2	R.M. of Montmartre No. 126	R.M. of Wallace No. 243	R.M. of Grandview No. 349
R.M. of Enniskillen No. 3	R.M. of Francis No. 127	R.M. of Garry No. 245	R.M. of Progress No. 351
R.M. of Coalfields No. 4	R.M. of Lajord No. 128	R.M. of Ituna Bon Accord No. 246	R.M. of Heart's Hill No. 352
R.M. of Estevan No. 5	R.M. of Bratt's Lake No. 129	R.M. of Kellross No. 247	R.M. of Kelvington No. 366
R.M. of Cambria No. 6	R.M. of Redburn No. 130	R.M. of Last Mountain Valley No. 250	R.M. of Spalding No. 368
R.M. of Souris Valley No. 7	R.M. of Hillsborough No. 132	R.M. of Big Arm No. 251	R.M. of St. Peter No. 369
R.M. of Lake Alma No. 8	R.M. of Rodgers No. 133	R.M. of Arm River No. 252	R.M. of Humboldt No. 370
R.M. of Surprise Valley No. 9	R.M. of Shamrock No. 134	R.M. of Loreburn No. 254	R.M. of Bayne No. 371
R.M. of Hart Butte No. 11	R.M. of Swift Current No. 137	R.M. of Coteau No. 255	R.M. of Grant No. 372
R.M. of Storthoaks No. 31	R.M. of Webb No. 138	R.M. of Snipe Lake No. 259	R.M. of Aberdeen No. 373
R.M. of Reciprocity No. 32	R.M. of Gull Lake No. 139	R.M. of Newcombe No. 260	R.M. of Glenside No. 377
R.M. of Moose Creek No. 33	R.M. of Big Stick No. 141	R.M. of Chesterfield No. 261	R.M. of Rosemount No. 378
R.M. of Browning No. 34	R.M. of Enterprise No. 142	R.M. of Sliding Hills No. 273	R.M. of Reford No. 379
R.M. of Benson No. 35	R.M. of Rocanville No. 151	R.M. of Good Lake No. 274	R.M. of Grass Lake No. 381
R.M. of Cymri No. 36	R.M. of Spy Hill No. 152	R.M. of Insinger No. 275	R.M. of Eye Hill No. 382
R.M. of Lomond No. 37	R.M. of Willowdale No. 153	R.M. of Foam Lake No. 276	R.M. of Hudson Bay No. 394
R.M. of The Gap No. 39	R.M. of Elcapo No. 154	R.M. of Emerald No. 277	R.M. of Pleasantdale No. 398
R.M. of Bengough No. 40	R.M. of Wolseley No. 155	R.M. of Mount Hope No. 279	R.M. of Lake Lenore No. 399
R.M. of Willow Bunch No. 42	R.M. of Indian Head No. 156	R.M. of Wreford No. 280	R.M. of Hoodoo No. 401
R.M. of Waverley No. 44	R.M. of Edenwold No. 158	R.M. of McCraney No. 282	R.M. of Fish Creek No. 402
R.M. of Mankota No. 45	R.M. of Pense No. 160	R.M. of Rosedale No. 283	R.M. of Rosthern No. 403
R.M. of Glen McPherson No. 46	R.M. of Moose Jaw No. 161	R.M. of Pleasant Valley No. 288	R.M. of Laird No. 404
R.M. of White Valley No. 49	R.M. of Caron No. 162	R.M. of Kindersley No. 290	R.M. of Great Bend No. 405
R.M. of Antler No. 61	R.M. of Wheat and No. 163	R.M. of Milton No. 292	R.M. of Buffalo No. 409
R.M. of Brock No. 64	R.M. of Chaplin No. 164	R.M. of Keys No. 303	R.M. of Round Valley No. 410
R.M. of Tecumseh No. 65	R.M. of Morse No. 165	R.M. of Buchanan No. 304	R.M. of Senlac No. 411
R.M. of Griffin No. 66	R.M. of Excelsior No. 166	R.M. of Elfros No. 307	R.M. of Flett's Springs No. 429
R.M. of Weyburn No. 67	R.M. of Pittville No. 169	R.M. of Big Quill No. 308	R.M. of Blaine Lake No. 434
R.M. of Brokenshell No. 68	R.M. of Fox Valley No. 171	R.M. of Prairie Rose No. 309	R.M. of Redberry No. 435
R.M. of Norton No. 69	R.M. of Langenburg No. 181	R.M. of Usborne No. 310	R.M. of Douglas No. 436
R.M. of Excel No. 71	R.M. of Fertile Belt No. 183	R.M. of Morris No. 312	R.M. of Cut Knife No. 439
R.M. of Lake Of The Rivers No. 72	R.M. of Grayson No. 184	R.M. of Lost River No. 313	R.M. of Hillsdale No. 440
R.M. of Stonehenge No. 73	R.M. of North Qu'Appelle No. 187	R.M. of Dundurn No. 314	R.M. of Manitou Lake No. 442
R.M. of Wood River No. 74	R.M. of Lumsden No. 189	R.M. of Montrose No. 315	R.M. of Arborfield No. 456
R.M. of Auvergne No. 76	R.M. of Dufferin No. 190	R.M. of Harris No. 316	R.M. of Connaught No. 457
R.M. of Grassy Creek No. 78	R.M. of Marquis No. 191	R.M. of Marriott No. 317	R.M. of Birch Hills No. 460
R.M. of Wawken No. 93	R.M. of Eyebrow No. 193	R.M. of Mountain View No. 318	R.M. of Prince Albert No. 461
R.M. of Fillmore No. 96	R.M. of Enfield No. 194	R.M. of Winslow No. 319	R.M. of Turtle River No. 469
R.M. of Scott No. 98	R.M. of Churchbridge No. 211	R.M. of Oakdale No. 320	R.M. of Paynton No. 470
R.M. of Caledonia No. 99	R.M. of Saltcoats No. 213	R.M. of Prairiedale No. 321	R.M. of Eldon No. 471
R.M. of Elmsthorpe No. 100	R.M. of Cana No. 214	R.M. of Antelope Park No. 322	R.M. of Wilton No. 472
R.M. of Terrell No. 101	R.M. of Stanley No. 215	R.M. of Preeceville No. 334	R.M. of Moose Range No. 486
R.M. of Lake Johnston No. 102	R.M. of Tullymet No. 216	R.M. of Sasman No. 336	R.M. of Nipawin No. 487
R.M. of Sutton No. 103	R.M. of Lipton No. 217	R.M. of Lakeview No. 337	R.M. of Torch River No. 488
R.M. of Gravelbourg No. 104	R.M. of Cupar No. 218	R.M. of Lakeside No. 338	R.M. of Garden River No. 490
R.M. of Glen Bain No. 105	R.M. of McKillop No. 220	R.M. of LeRoy No. 339	R.M. of Buckland No. 491
R.M. of Whiska Creek No. 106	R.M. of Sarnia No. 221	R.M. of Wolverine No. 340	R.M. of Parkdale No. 498
R.M. of Bone Creek No. 108	R.M. of Craik No. 222	R.M. of Viscount No. 341	R.M. of Mervin No. 499
R.M. of Carmichael No. 109	R.M. of Huron No. 223	R.M. of Colonsay No. 342	R.M. of Frenchman Butte No. 501
R.M. of Piapot No. 110	R.M. of Victory No. 226	R.M. of Blucher No. 343	R.M. of Britannia No. 502
R.M. of Moosomin No. 121	R.M. of Lacadena No. 228	R.M. of Corman Park No. 344	R.M. of District of Lakeland No. 521
R.M. of Martin No. 122	R.M. of Miry Creek No. 229	R.M. of Vanscoy No. 345	
R.M. of Silverwood No. 123	R.M. of Happyland No. 231	R.M. of Perdue No. 346	
R.M. of Kingsley No. 124	R.M. of Deer Forks No. 232		





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