



June 2015 Newsletter

RaDAR in Sun Country Health Region

Research participants needed (Phase 1 – Baseline):

- 1. We invite patients and caregivers – or caregivers on their own – from every PHC site to take part in a telephone interview.** The interview will take 30-35 minutes to complete.
- 2. We invite Family Physicians, Nurse Practitioners, Occupational Therapists, and Home Care Nurses from every PHC site to take part in a telephone interview.** The telephone interview will take approximately 45 minutes.

Interview topics will cover experiences with dementia assessment, diagnosis, and management.

We are currently seeking research participants from all PHC sites. Please contact Julie Kosteniuk at 1-306-966-8773 or julie.kosteniuk@usask.ca to arrange an interview.

Progress to date: We have completed 13 interviews to date for Phase 1 Baseline in Sun Country, with 9 decision-makers, 3 patients/caregivers, and 1 PHC team member. Thank you to everyone who has participated so far!

RaDAR Rounds offered by skype

Upcoming presentations – contact duane.minish@usask.ca to register at no charge

Thursday, May 28, 2015. 12 noon to 1:00 pm CST

Presenter: Rachel Burton

Developing and Delivering Cognitive Rehabilitation for dementia due to Alzheimer's Disease to Rural Communities.

Location: CCHSA Board Room – 1254 E-wing Health Sciences

Thursday, June 25, 2015. 12 noon to 1:00 pm CST

Presenter: Joe Enright

Reminiscence Therapy for Caregivers of Persons with Dementia: A Theoretical Model and Evaluation of In-person and Telehealth Delivery.

Location: CCHSA Teletransmission Room – 1202 E-wing Health Sciences

Watch for **Fall 2015** dates in RaDAR's September newsletter or contact debra.morgan@usask.ca

Save the date for the 8th Annual Summit of the Knowledge Network in Rural and Remote Dementia Care!



Oct. 27 – Wine & cheese poster session (7-9 pm)

Oct. 28 – Conference (8 am-4 pm)
Saskatoon, SK



Summit Keynote Speaker

Dr. Dallas Seitz MD FRCPC
Assistant Professor and Clinician Scientist, Department of Psychiatry, Queen's University.
Dr. Seitz is the developer of Primary Care – Dementia Assessment and Treatment Algorithm (PC-DATA)

Please note that there is no charge to register and attend. There is finite funding available for some Summit attendees who have no other available travel supports. Contact debra.morgan@usask.ca for more details.



Dr. Debra Morgan (right) is the RaDAR team lead and co-lead of CCNA Team 20 focused on dementia care in rural and indigenous populations. CCNA (**Canadian Consortium in Neurodegeneration in Aging**) is based at the Lady Davis Institute of the Jewish General Hospital, McGill University. CCNA brings together 340 researchers across 20 research teams, organized into 3 themes (prevention, treatment, care). Other care-oriented CCNA teams are examining issues of dementia and multi-morbidity, gerontechnology, driving, caregiving, and the health care system.



Recent publications by RaDAR team members

Informal caregivers' hopes and expectations of a referral to a memory clinic. *Social Science and Medicine* (Debra Morgan et al. 2014)

Rural caregivers for a family member with dementia: Models of burden and distress differ for women and men. *Journal of Applied Gerontology* (Norma Stewart et al. 2014)

Rural and remote dementia care challenges and needs: perspectives of formal and informal care providers residing in Saskatchewan, Canada. *Rural and Remote Health* (Vanina Dal Bello-Haas et al. 2014)

Coping with cognitive impairment and dementia: Rural Caregivers' Perspectives. *Dementia: The International Journal of Social Research and Practice* (Camille Branger et al. 2014)

The hidden complexity of long-term care: How context mediates knowledge translation and use of best practices. *The Gerontologist* (Allison Cammer et al. 2014)

Contact rural.dementia@usask.ca if you are not able to access any of these publications online.

Spotlight on Dr. Megan O'Connell

As part of the national **AGE-WELL NCE**, Megan O'Connell is the Project Lead for Rural/Remote Indigenous Technology needs Exploration (RRITE). Project co-lead and co-applicants are: Debra Morgan, Carrie Bourassa, Kristin Jacklin & Wayne Warry. AGE-WELL explores technologies that can support older adults to maintain independence and health. Understanding user needs is fundamental to development of technology that individuals will try and continue to use. We will explore what rural/remote and Indigenous older adults find to be personally relevant goals for technology to support them while they age. Finally, we will explore how residing in rural/remote locations has unique implications for training to use new technology and how technologies developed in AGE-WELL can be adapted to increase cultural relevance for Indigenous older adults.



Dr. Megan O'Connell
Clinic Neuropsychologist



Dr. Andrew Kirk
Clinic Neurologist

The Saskatoon-based **Rural and Remote Memory Clinic** is a major part of the RaDAR team. The focus of the clinic is on diagnosis and management of atypical and complex cases of suspected dementia, where an interdisciplinary team assessment is most needed. The clinic is located in the new Health Sciences E-Wing of the University of Saskatchewan.

What's new online?

An abundance of useful links and resources about dementia care can be found on **RaDAR's website**. One such resource is **GRIID** (Gateway to Rural International Initiatives in Dementia), which is a website to *advance the provision of dementia care support and services in rural areas around the globe*. Another excellent resource is **brainxchange**, a Toronto-based site featuring up-to-date and interactive information for the public and health care providers.

Alzheimer Society of Saskatchewan

First Link® for health care professionals

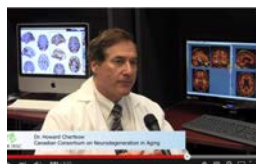
When patients give permission to their health care professionals to share their information with our First Link staff, we then contact patients directly. We immediately connect patients with a network of education and support services specific to their situation.

If you are a health care professional, please see our **First Link** information and download the **First Link Agency Referral Form**.



Karrie McFadden, First Link Coordinator
Sun Country Resource Centre
kmcfadden@alzheimer.sk.ca
1-306-842-2273
1-800-263-3367

Dementia Helpline: 1-877-949-4141
<http://www.alzheimer.ca/sk>



Dr. Howard Chertkow, CCNA Scientific Director, explains the goals of CCNA in this **YouTube** video.

The RaDAR newsletter is prepared by Julie Kosteniuk and Debra Morgan at the Canadian Centre for Health and Safety in Agriculture, University of Saskatchewan. Contact julie.kosteniuk@usask.ca (306-966-8773) or debra.morgan@usask.ca (306-966-7905) with inquiries.