

BOOTS on the ground



UNIVERSITY OF SASKATCHEWAN

Canadian Centre for Health
and Safety in Agriculture

CCHSA-CCSSMA.USASK.CA



Issue 1 - December 2022



INTRODUCTIONS

*INTERESTED IN THE PAST YEARS'
ACTIVITIES AT THE CCHSA?
CHECK OUT OUR ANNUAL REPORTS
AT CCHSA-CCSSMA.USASK.CA*

The Canadian Centre for Health and Safety in Agriculture (CCHSA) is proud to launch of this first edition of the Boots on the Ground newsletter. The newsletter is a vehicle to showcase what is happening to advance rural and agricultural health and safety in Saskatchewan, Canada, and internationally.

The newsletter will highlight CCHSA research, service, knowledge translation, and extension activities, as well as what is happening with our collaborators and partners. The newsletters' success requires an active process. Please share recent news in research, service, knowledge translation, or extension activities in rural and agricultural health and safety; highlight upcoming events (conferences, meetings, etc); share stories, results, activities, and funding successes; share pictures, references to papers, student defences, student presentations, etc. You will receive a monthly reminder from us. Please respond to the request and regularly share what is happening by emailing items to sueli.bizetto@usask.ca or cchsa.ccssma@usask.ca.

CCHSA - Who are we?

The CCHSA is an embodiment of research to action in the health and safety of rural and agricultural populations.

Our Mission

Development and dissemination of research, services, resources, and knowledge for the health and safety of rural and agricultural populations and professionals.

Our Strategy

We are a developer, collaborator, source, connector, and catalyst to advance research, knowledge translation, extension, and service in the health and safety of rural and agricultural populations

Our Programs:

- Rural Dementia
- Musculoskeletal Health and Ergonomics
- Environmental Exposures in Rural and Agricultural Populations
- Omics in Rural and Agricultural Health
- Epidemiology and Biostatistics in Rural and Agricultural Health
- Rural Population Health
- Farmers, Farm Worker, and Farming Health and Safety
- Enhancing Rural Access to Health Professionals
- Innovation and Advancement for Rural and Agricultural Health and Safety

Highlights

MEET OUR NEW DIRECTOR



*Shelley Kirychuk, PhD.
CCHSA Interim Director*

*"If you want to build a ship,
don't drum up people to
collect wood and don't
assign them tasks and work,
but rather teach them to
long for the endless
immensity of the sea."
Antoine de Saint-Exupery*

On November 1st, 2022 I took on the role of Interim Director of CCHSA. Prior to agreeing to take on this role I spent time walking and talking with trusted mentors. These mentors are very knowledgeable about CCHSA and the University of Saskatchewan administrative roles and structures. These discussions were very important to my decision. I want to thank them for their time, advice, and support.

Prior to taking on this role I also took some time to vision. If I were to take on the role I needed to understand why.

I asked myself "If I were to take on this leadership role, what are my plans?"

What do I want to achieve?
How can it be achieved?

What are the immediate, mid-term, and long-term steps to achieving the vision?" I documented my thoughts and therein began a vision plan. Importantly, I was excited and eager to bring my vision to life!

*He who has a "why"
can endure any
"how."*

Friedrich Nietzsche

The premise is positive movement, sparked by what works now and what makes success possible. The book “The Surprising Power of Liberating Structures – Simple Rules to Unleash a Culture of Innovation” (2014) outlines a foundation for this process:

- Include and unleash everyone
- Practice deep respect for people and local solutions
- Build trust as you go
- Learn by falling forward
- Practice self-discovery
- Amplify freedom and responsibility
- Emphasize possibilities: believe before you see
- Invite creative destruction to enable innovation
- Engage in seriously playful curiosity
- Never start without a clear purpose

These principles are a guiding framework for my vision and leadership. Some amazing staff are working to bring some of the visioning steps to action, starting with the launch of this first edition of the Boots on the Ground newsletter.

My next few months will be spent appreciatively inquiring with CCHSA faculty and staff, partners, collaborators, UofS leadership, and the CCHSA Boards, to understand and amplify the strengths-filled, opportunity-rich, possibilities for CCHSA. My door is always open. Feel free to reach out.

My boots are on the ground! I look forward to the journey.

Shelley

QUEEN'S PLATINUM JUBILEE MEDAL

This award honours contributions and commitments to Saskatchewan

Sueli Bizetto de Freitas, QPJM-SK, Public Relations Officer at CCHSA, Terry Baker, QPJM-SK, Board Member of CCHSA; and Dr. James A. Dosman, Agrivita CEO, were recipients of the Queen Elizabeth II Platinum Jubilee Medal (Saskatchewan) at a ceremony on September 29th, 2022 and November 19 respectively.

The medal was created to celebrate the 70th anniversary year of Her Majesty Queen Elizabeth II's Accession to the Throne. Her Majesty The Queen approved the design of the medal in May 2022.

The medal is a tangible way for the Province of Saskatchewan to honour Her Majesty for her lifetime of service. It

also recognises Saskatchewan citizens of all ages, and from all walks of life, who have made contributions to our country, our province, or a particular community. This medal recognises what those citizens have done to make Saskatchewan a better place.



Sueli B. de Freitas



Terry Baker



J.A. Dosman

Extension

DISCOVERY DAYS

What are they?



Hi, I'M TODD! I COME ALONG TO ALL THE NETWORK'S DISCOVERY DAYS PRESENTATIONS AT YOUR SCHOOLS. I LOVE TO SHARE FARM SAFETY TIPS WITH THE CHILDREN AND TO REMIND THEM THAT SAFETY IS AN EVERYDAY TASK. CANNOT WAIT UNTIL WE MEET AGAIN!

Discovery Days are farm safety presentations tailored for children in grades 4-6 who are immersed in agriculture at home or in their community.

The Agricultural Health & Safety Network delivered 6 presentations in rural schools across Saskatchewan in the month of November:

- Edenwold School, RM of Edenwold No. 158, Div 2
- Emerald Ridge School, RM of Edenwold No. 158, Div 2
- William Mason School, RM of Torch River No. 488, Div 4
- Naicam School, RM of Pleasantdale No. 398, Div 4
- Miller Elementary School, RM of Cana No. 214, Div 1
- Nokomis School, RM of Wreford No. 280, Div 5

Since 2016



162

Schools



7,500

Students



7,823

KMs

AHSN ACTIVITIES

November 3 & 4:

Attendance at Saskatchewan Women in Agriculture conference in Saskatoon

November 16 & 17:

Attendance at the SARM Mid-Term Convention in Saskatoon

November 16 & 17:

Network Steering Committee Meeting

November 30:

"Gear Up for Ag Program"-

Focusing on the health and safety of the next generation of

Agriculture - Delivered to Sask Polytech Students (26) in Moose Jaw SK. Delivered in partnership with Ag Health and Safety Alliance.

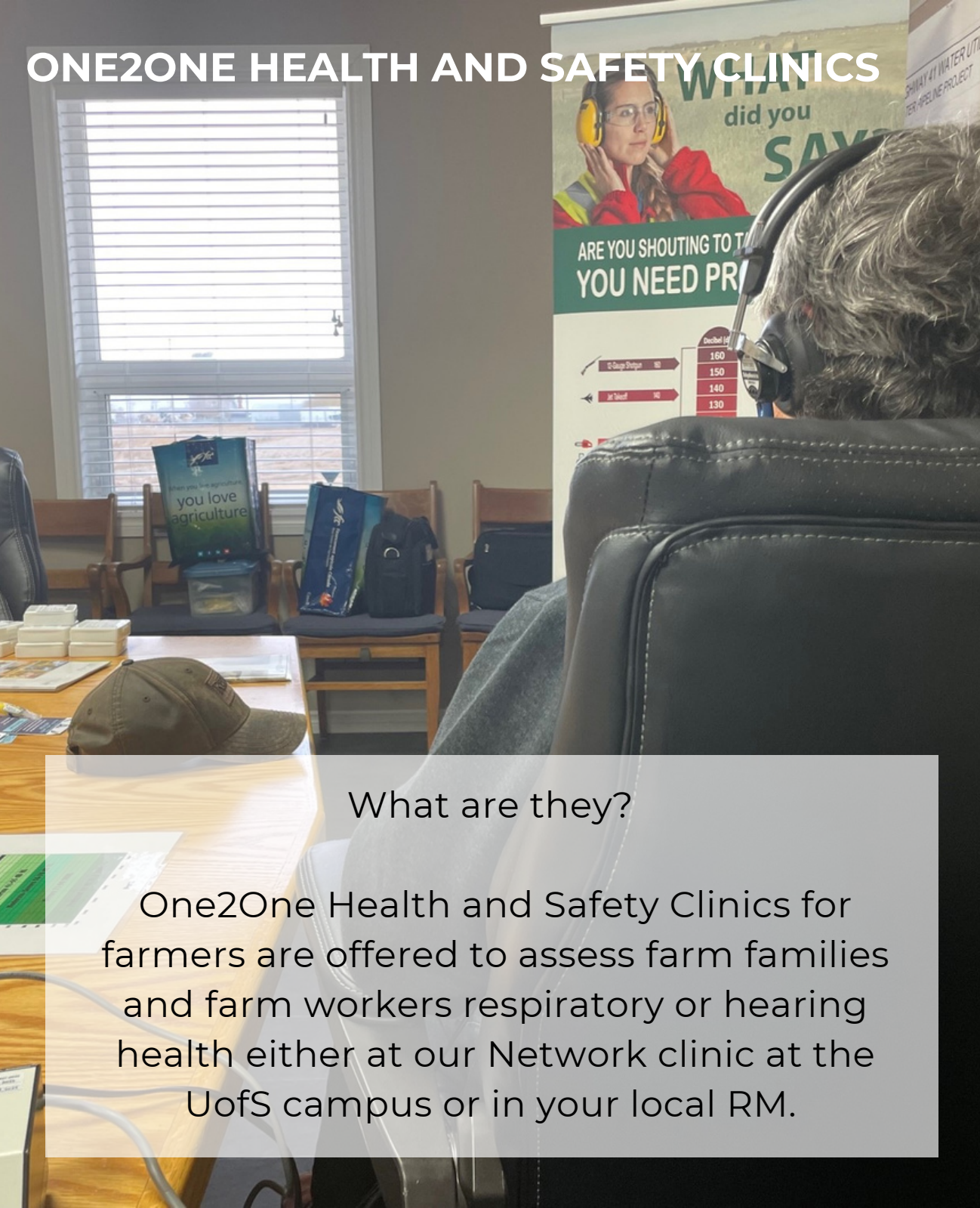
AHSN Resources:

<https://aghealthandsafety.com/programs/>



Service

ONE2ONE HEALTH AND SAFETY CLINICS



What are they?

One2One Health and Safety Clinics for farmers are offered to assess farm families and farm workers respiratory or hearing health either at our Network clinic at the UofS campus or in your local RM.

HEARING CLINICS

November 1 and 2:
RM of Aberdeen, RM # 373

November 22:
RM of Fillmore, RM # 96



3 Day Hearing Clinics
30 employees & farm families

Contact us by email at:
aghealthandsafety@usask.ca

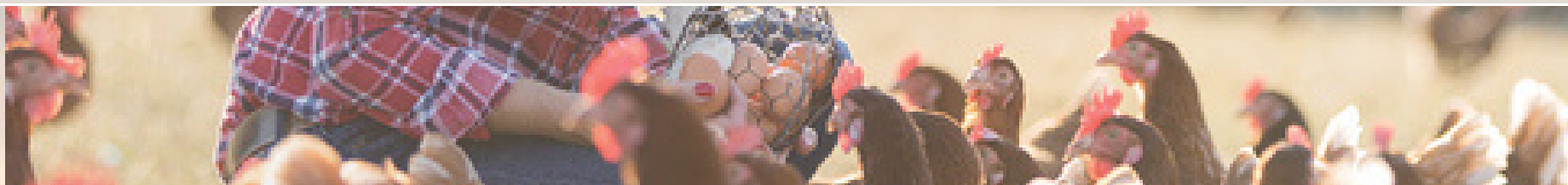
Knowledge Transfer

- Morgan D. (Editor). Rural Dementia Care: Strategies to Improve the Care of Persons with Dementia in Rural and Remote Areas (<http://www.cchsa-ccssma.usask.ca/ruraldementiacare>). A website highlighting team-based research in rural and remote dementia care. April 2008 to present.
- Morgan D. (Editor). Rural PHC Memory Clinics (https://cchsa-ccssma.usask.ca/ruraldementiacare/PHC_Clinics.php). A website highlighting RaDAR memory clinics currently provided by primary health care teams in four rural Saskatchewan communities. May 2021 to present.
- Elliot, V., Morgan, D., and Kosteniuk, J. (Co-editors). (2022, June). RaDAR Newsletter: Summer 2022, available online <https://cchsa-ccssma.usask.ca/ruraldementiacare/radar-newsletters.php>

Agricultural Health and Safety Network Resources:

<https://aghealthandsafety.com/programs/>

- Farm Safety Plan
- Mental Health in Agriculture
- Fostering Resiliency in Agriculture
- Mental Wellness Short Videos
- COVID-19 Resources for Farmers
- Save your Breath: Respiratory Health in Agriculture (2nd Edition)
- Electrical Safety on Saskatchewan Farms



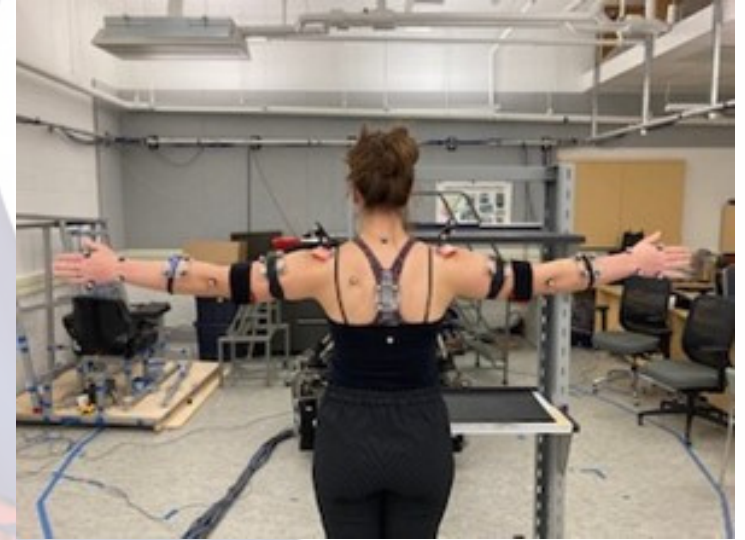
Research

MUSCULOSKELETAL HEALTH AND ERGONOMICS

CCHSA's faculty members, Dr. Angelica Lang, and Dr. Soo Kim, from the School of Rehabilitation Science at the University of Saskatchewan are addressing the *Long-Term Effects of Reconstructive Surgery on Breast Cancer Survivors* to restore shoulder function in women with breast cancer after rehabilitative surgery.

Dr. Lang says that “by identifying and acknowledging the challenges they face after surgery, both researchers hope that their investigation will help to improve quality of life for breast cancer survivors and that steps can be made to better rehabilitate their shoulder function.

Dr. Lang provided an interview on CTV and the results of this research have been published in the *Plastic and Reconstructive Surgery, Journal of the American Society of Plastic Surgeons*.



DO YOU HAVE SHOULDER PAIN?

The Musculoskeletal Health & Ergonomics Lab is currently recruiting for their SHRF-funded research, title “How do time and rural residence affect upper limb biomechanical alterations in rotator cuff disease?”



If you know someone with shoulder pain who would be willing to volunteer, please email angelica.lang@usask.ca.

For more information:

<https://research-groups.usask.ca/ergolab/our-research/shrf-shoulder-pain.php> .

RURAL DEMENTIA ACTION RESEARCH - RaDAR

The RaDAR research program is led by Dr. Debra Morgan and guided by The Knowledge Network in Rural and Remote Dementia Care. The Network includes front-line health care providers and managers, people living with dementia and family members, health region representatives, international researchers, and individuals from governmental and community-based organizations.

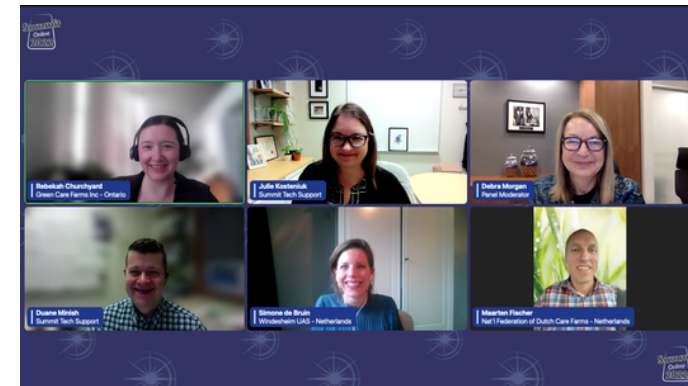
In November the RaDAR team hosted the 15th annual Summit and the third to be held in a virtual format! One hundred thirty-two attendees logged in to attend the two-day event that included an evening poster session and both live and pre-recorded presentations on a variety of topics from a diverse group of presenters.

Dr. Nicole Ruggiano, PhD, MSW. Professor and Director of the Doctor of Social Work Program, University of Alabama School of Social Work joined Summit as keynote presenter. She presented on Advancing Evidence-based Technologies to Support Dementia Care and Caregiving: Challenges, Opportunities, and Directions Forward.

For more about RaDAR Summits: <https://cchsa-ccssma.usask.ca/ruraldementiacare/summit/previous-summits.php>



Indigenous Dem Sur presentation



Care Farm Panel

FIRST NATIONS SLEEP HEALTH STUDY: UPDATE

We have started the second phase of the First Nations Sleep Health Study in May 2022 and the data collection will continue until December. In July, we had a community gathering BBQ in Beardy's & Okemasis Cree Nation to recruit participants for the study.”



FIRST NATIONS HOUSE, HOME AND MENTAL HEALTH STUDY

This new CIHR project funded early this year is based on the Cree people’s traditional Tipi Teachings. The 15 poles that provide the internal structure of the tipi represent a set of universal values and the project team are planning to relate these values with house, home and mental health of First Nations people. A survey questionnaire is being produced with input from community members to ensure sensitivity to cultural and linguistic factors. Data collection is planned for Summer 2023.”

TRENDS IN WORK-RELATED FATAL FARM INJURIES

Saskatchewan, Canada: 2005-2019

This study was conducted to estimate farm fatality rates and to describe patterns of fatal agricultural injuries on Saskatchewan farms from 2005-2019 from the data collected for the Canadian Agricultural Injury Reporting (CAIR) program. The overall work-related fatality rate was 10.5 (95% CI: 8.9-12.1) per 100,000 farm population. The work-related fatality rate in all cases showed a non-significant average annual decline of 2.6%. Rollover injuries contributed to a high proportion of fatalities in children (30.0%) and the elderly population (14.9%). The most of frequent type of equipment involved in fatal injuries for all age groups was the tractor (31.4%), with more than half of the runovers (59.3%) and 31.8% of rollovers.

More than half of the victims were owner/operators with the next highest proportion of victims being hired workers (13.9%). The paper provides an important update on the farm fatality picture in Saskatchewan and reminds us of the critical need to incorporate of the hierarchy of control in agriculture and in particular, engineering controls such as Roll-Over Protective Structures (ROPS) to help prevent tractor rollover fatalities.

LINK TO THE RESEARCH: <https://cchsa-ccssma.usask.ca/mhac/documents/mobilizing-rural-remote-and-urban.pdf>

Link to register: <https://usask-ca.zoom.us/meeting/register/tJcvf--rqzktE9xRPBiYEgo7f3UspUj-ZSmA>

WEBSITE LINK: <https://cchsa-ccssma.usask.ca/mhac/index.php>

MOBILIZING RURAL, REMOTE AND URBAN PATIENT PERSPECTIVES TO ENHANCE ACCESS TO CHRONIC BACK PAIN CARE

Little is known about barriers and facilitators to health care access among rural, remote and Indigenous people with back pain compared to urban and/or non-Indigenous people. With approximately 30% of Saskatchewan's population living in rural and remote settings and 16% of the province's population being Indigenous, this is a critical gap to address.

The main goal of this project CIHR funded project led by CCHSA faculty, Dr. Brenna Bath, is to explore and apply the experiences of rural, remote and urban Indigenous and non-Indigenous people with chronic back pain to develop a deeper understanding of health care access barriers and facilitators across rural, remote, and urban communities.

Free Virtual Event Access to Low Back Pain Care: The Saskatchewan Landscape

Date and Time:
Thursday Feb 9th
6:30-8:30PM CST

***open to anyone interested**

Research Presentations & Interactive World Café

[**Register Here**](#)

Summary of findings from interviews with over 40 people with chronic low back pain and health care providers as well as a survey of nearly 400 Saskatchewan residents with chronic low back pain. Following will be an interactive World Café facilitated discussion. Come learn, share, and engage!

For more information about our research project, please check out our [website](#) or email back.research@usask.ca



GRANT FUNDING:

July 2022-December 2022

- Bath B (NPI), Groot G (Co-PI), King A (Co-I), Gyurcsik N (Co-I). Feasibility and Acceptability of a Physical Therapist Led Education and Exercise Program for People Living with Osteoarthritis Awaiting Hip or Knee Total Joint Arthroplasty. \$30,000. CoMRAD, College of Medicine, University of Saskatchewan (January 2023-December 2023)
- Bath B (NPI), Lovo S (Co-PI), Crockett K (Co-I). Enhancing Access to Chronic Back Pain Care in Saskatchewan: Mobilizing Rural, Remote and Urban Perspectives. \$10,000. Research Connections. SHRF. (Aug 2022-July 2023)
- Bourgeault I (NPI), Cohen D (Co-PI), Bartram M (Co-I), Bath B, (Co-I) Chamberland-Roe C (Co-I), Gupta N (Co-I), Hedden L (Co-I), Leslie K (Co-I), Mashford-P A (Co-I), Mathews M, Salami B (Co-I), Simkin S (Co-I), Sweetham L (Co-I), Walton-Roberts M (Co-I). Inclusive, Integrated and Enhanced Data & Digital Infrastructure Platforms for more Timely and Responsive Health Workforce Planning and Decision-Making. \$377,560 CIHR Project Grant 2021-10-01 to: 2025-09-30
- Bradford, L, Co-investigators: Kirychuk S, Martin W, McPhedran K, Kahan T, Brinkman M, Bharadwaj L, Soltan J, Fonstad T. SSHRC PDG pilot program grant. \$20,000. 10-2022 to 09-2024.
- Kirychuk S., Rabbitskin N, Ramsden V (Co-PIs). Co-applicants: Karanunyake C., Bighead S. Mamawohkamatowin: working together to understand the house and COVID-19 in a Saskatchewan First Nation Community. CIHR. Operating Grant. Emerging COVID Research Gaps & Priorities. \$272,415. 01-2022-02-2023

- Legg H (PI), Craven B (Co-I), Farthing J (Co-I), Oates A (Co-I), Gyurcsik N (Co-I), Lanovaz J (Co-I), Bath B (Co-I). Lower limb asymmetry during functional tasks in relation to measures of strength and pain in older adults with hip and knee osteoarthritis. \$18681.60 (AUD) Applied Research Initiative VALD. (Aug 2022-July 2023)
- Martin, W., Kirychuk S., McPhedran K. (co-PIs). Co-applicants: Bradford, L, Soltan J. Kisêwâtisiwin for the Home. SSHRC. Exchange Grant. \$5,000. 07-2022-06-2024
- Martin, W., Kirychuk S., McPhedran K. (co-PIs). Co-applicants: Bradford, L, Soltan J. Kisêwâtisiwin for the Home. SHRF. Connections Grant. \$10,000. 07-2022-06-2023
- Morgan, D. (PI), Kosteniuk, J. (Co-I). Scaling up RaDAR Primary Health Care Memory Clinics in Rural Saskatchewan, 2022-2024, \$98,157 funded by Interventions to Enhance Social Inclusion for Older Adults with Dementia in Saskatchewan, New Horizons for Seniors Program, Employment and Social Development Canada, 2019-2024, \$3,000,000, Bonnie Jeffery, Principal Investigator

PUBLICATIONS

- Dosman JA, Karunanayake CP, Fenton M, Ramsden VR, Seesequasis J, Mike D, Seesequasis W, Neubuhr M, Skomro R, Kirychuk S, Rennie DC, McMullin K, Russell BP, Koehncke N, Abonyi S, King M, Pahwa P. STOP-Bang Score and Prediction of Severity of Obstructive Sleep Apnea in a First Nation community in Saskatchewan, Canada. *Clocks & Sleep* 2022; 4(4): 535-548. doi:10.3390/clockssleep4040042.
- Elliot, V., Morgan, D., Kosteniuk, J., Bayly, M., Froehlich Chow, A. Cammer, A. & O'Connell, M.E. (2022). An overview of the experiences, needs, and shortfalls of dementia-related palliative and end-of-life care services and supports in rural areas. In Chapter 9 Late Stage, page 181-82, of Gauthier S, Webster C, Servaes S, Morais JA, Rosa-Neto P. 2022. *World Alzheimer Report 2022: Life after diagnosis: Navigating treatment, care and support*. London, England: Alzheimer's Disease International. Available at: <https://www.alzint.org/resource/world-alzheimer-report-2022/>
- George P.B.L., Rossi F., St-Germain M-W., Amato P., Badard T., Bergeron M.G., Boissinot M., Charette S.J., Coleman B.L., Corbeil J., Culley A.I., Gaucher M-L., Girard M., Godbout S., Kirychuk S.P., Marette A., McGeer A, O'Shaughnessy P.T., Parmley E.J., Simard S., Reid-Smith R.J., Topp E., Trudel L., Yao M., Brassard P., Delort A-M., Larios A.D., Létourneau V., Paquet V.E., Pedneau M-H., Pic É., Thompson B., Veillette M., Thaler M., Scapino I., Lebeuf M., Baghdadi M., Castillo Toro A., Cayouette A.B., Dubois M-J., Durocher A.F., Girard S.B., Diaz A.K.C, Khalloufi A., Leclerc S., Lemieux J., Maldonado M..P, Pilon G., Murphy C.P., Notling C.A., Ofori-Darko D., Provencher J., Richer-Fortin A., Turgeon N., Duchaine C.. *Antimicrobial Resistance in the Environment: Towards Elucidating the Roles of Bioaerosols in Transmission and Detection of Antibacterial Resistance Genes*. 2022. *Antibiotics*, 11(7):974. <https://doi.org/10.3390/antibiotics11070974>

- Jahner, S., Penz, K., Stewart, N., Morgan, D., & Kulig, J. (accepted July 21, 2022). “Staying Strong”: A Constructivist Grounded Theory of How Registered Nurses Deal with the Impact of Trauma-Related Events in Rural Acute Care Practice. *Journal of Clinical Nursing*.
- Karunanayake CP, Koehncke N, Enebeli S, Ulmer K, Rennie DC. Trends in Work-Related Fatal Farm Injuries, Saskatchewan, Canada: 2005-2019. *Journal of Agromedicine* 2022. DOI: 10.1080/1059924X.2022.2134244
- Kirychuk S*, Russell E, Rennie D, Roberts C#, Seeseequasis J#, Karunanayake C, Thompson B, Pahwa P, McMullin K, Fenton M, Ramsden V, Abonyi S, Dosman JA. Housing Inadequacy in rural Saskatchewan First Nation Communities. 2022. *PLOS Global Public Health*, 2(8):e0000470
- Kosteniuk J., Acan Osman, B., Osman, M., Quail, J., Islam, N., O’Connell M.E., Kirk, A., Stewart, N., Morgan D. 2022. Health service use before and after dementia diagnosis: a retrospective matched case-control study. *BMJ Open*, 12(11):e067363. (DOI:10.1136/ bmjopen-2022-067363).
- Lang AE, Card A, Barden J, Kim SY. Effect of Breast Reconstruction on Kinematics and Performance during Upper Limb–Focused Functional Tasks. In: *Plastic and Reconstructive Surgery*: https://journals.lww.com/plasreconsurg/Fulltext/2022/10000/Effect_of_Breast_Reconstruction_on_Kinematics_and.10.aspx
- Morgan D, Kosteniuk J, O’Connell ME, Stewart NJ, Kirk A, Cammer A, Dal Bello-Haas V, Minish DP, Elliot V, Bayly M, Froehlich Chow A (2022) A stakeholder engagement strategy for an ongoing research program in rural dementia care: Stakeholder and researcher perspectives. *PLoS ONE* 17(9): e0274769. <https://doi.org/10.1371/journal.pone.0274769>

USASK VANIER SCHOLAR AWARDEE



*Pezhman Zolfaghari
Didani*

Building Air Purification Systems that Combat Viruses

The COVID-19 pandemic has shown that airborne viruses can rapidly cause widespread disease in large populations. Demonstrate excellence in research and leadership and with supervision from USask College of Engineering professor Dr. Jafar Soltan (PhD) and College of Medicine associate professor Dr. Shelley Kirychuk (PhD), the USask Engineering PhD student Pezhman Zolfaghari Didani is developing a high-performing air purification system that can remove tiny airborne pathogens from the air more efficiently than current air filters.

More information:

<https://news.usask.ca/articles/research/2022/four-new-usask-vanier-scholars-demonstrate-excellence-in-research-and-leadership.php>

BILOKRELY FAMILY TRUST FUND

The RaDAR team is the recipient of funding to support Summit and the team's activities, generously provided by the Bilokreli family. The family has an interest in supporting rural dementia research in the province, and we are pleased to offer student poster prizes in their name to student trainees working in the field.

Summit 2022 Bilokreli Student poster prizes were awarded to:

Meghan Flath



Erin Leeder



Melissa Brausse



COLLEGE OF MEDICINE RESEARCH AWARDS 2022-2023

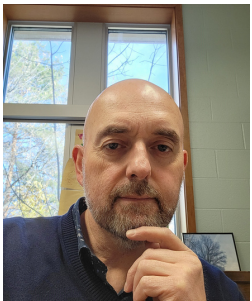
The Office of the Vice-Dean Research (OVDR) in the College of Medicine is excited to announce the 2022 College of Medicine Research Awards (CoMRAD). The CoMRAD provides seed funding (up to \$30,000) for novel pilot and/or feasibility studies that will facilitate future applications to provincial, national, and global funding opportunities.



Dr. Brenna Bath, Community Health & Epidemiology. Feasibility and Acceptability of a Physical Therapist Led Education and Exercise Program for People Living with Osteoarthritis Awaiting Hip or Knee Total Joint Arthroplasty



Dr. Angelica Lang & Dr. Niels Koehncke, Department of Medicine, CCHSA. Shoulder function measurement for everyone: a validation study of wearable sensors for community-driven research.



Dr. George Katselis, Department of Medicine (CCHSA). Applications of Proteomics to Study Vibration-Related Micro-Concussions

<https://medicine.usask.ca/research/2022-awardees.pdf>

CCHSA SEMINAR SERIES

JOIN US!

The CCHSA seminar is a biweekly lecture delivered by invited speakers on Tuesdays from 2:30-3:30 during the academic term.

Topics include current issues in agricultural and rural health research and practice. Seminar speakers include those affiliated with CCHSA, with other departments at U of S, and visitors to the university such as those from other institutions or government. We encourage presentations from students, researchers, Centre staff, and practitioners. The 30 to 40-min presentation format emphasizes discussion of topics and encourages participant interaction with speakers.

We are using hybrid platform for these seminars. Contact us if you want to be one of the presenters.

Links to the Zoom seminar meeting and schedule are below

TENTATIVE SCHEDULE - 2022-2023

<https://cchsa-ccssma.usask.ca/events-and-seminars/2022-23/cchsa-seminar-schedule-22-23.pdf>

ZOOM link:

<https://usask-ca.zoom.us/j/95399081829?pwd=dUJlZmlnMkU4TXg4VVoxOWhvc2VLUT09t>

50th SASKATCHEWAN SAFETY SEMINAR

Date: February 7-9, 2023

@ The World Trade Centre at Prairieland Park, Saskatoon, SK.

The 2023 Saskatchewan Safety Seminar, an in-person event, is now OPEN for registration!

This seminar will be an excellent opportunity for new or experienced safety practitioners (or those who wish to learn from them) to attend professional development sessions with experts on a variety of current safety related topics.

Registration LINK https://www.sasksafety.org/safety_seminar_sessions.html

Saskatchewan Safety Seminar

February 7-9, 2023

World Trade Center at Prairieland Park, Saskatoon, SK



DELEGATE REGISTRATION



**CAMPUS
CONVERSATION
ON RESEARCH**

CAMPUS CONVERSATIONS

USask Vice-President Research Baljit Singh invites you to join him in Campus Conversations on Research, Scholarly, and Artistic Work at USask. These events will be held in-person in 2022-23, providing researchers, students and staff the opportunity to discuss research-related issues and ask questions of Baljit and his OVPR leadership team. The next meeting will take place from noon to 12:45 pm on December 8 at Convocation Hall.

**NEWS FROM OUR
PARTNERS**

IN THE KNOW

Mental Health Literacy WORKSHOP

When: January 27, 2023
Time: 9:30 am - 2:30 pm

IMPROVING KNOWLEDGE OF MENTAL HEALTH ■ REDUCING STIGMA IN RURAL COMMUNITIES

The workshop was developed for farmers by farmers in response to the first National Farmers Mental Health Survey. The results of the second national survey, 2021 Survey of Farmer Mental Health in Canada have been released and due to the COVID 19 pandemic, mental health in agriculture is declining and training like this workshop is essential.

The IN THE KNOW workshop was developed for farmers by farmers in response to the first National Farmers Mental Health Survey. The results of the second national survey, 2021 Survey of Farmer Mental Health in Canada have been released and due to the COVID 19 pandemic, mental health in agriculture is declining and training like this workshop is essential.

Register by email: shs954@mail.usask.ca

*Join us virtually: Using your computer, tablet, or phone /
By using your browser or by downloading the Team App*

This workshop is a 5-hour training interactive session with slides, discussion, handouts, visual aids, and the use of scenarios. The use of pre and post surveys for the training allows the program to stay current and address any barriers users may experience before, during, and after training.

Participants will be able to:

- Identify the signs and symptoms of those in distress
- Have the confidence to start a conversation about mental health
- Provide ways to support mental health specifically for those in the agriculture industry

Learn to support other farmers and yourself at this mental health literacy program for farmers and the agricultural community

In The Know workshop is delivered by a facilitator and cofacilitator both with agricultural background so participants do not need to explain their specific challenges before asking questions and sharing experiences.